



## Williamston Area Senior Center



"Add zest to your life . . . And pass the joy to others!"



# Sep - Oct '22

Activities & Events Guide

#### ABOUT THE WILLIAMSTON AREA SENIOR CENTER



#### The WASC Gives Back!

Many think of the WASC as a place that serves seniors—and it certainly does. But it is also a place where seniors have the opportunity to give back to the community. Several WASC participants met recently to prepare Christmas placements to be delivered with "Meals on Wheels" during the holiday season. Our "hats are off" to these dedicated seniors who continue to give back to the community. If you are looking for a place to meet active seniors who are engaged in serving the community, check out the WASC.

You will find a warm welcome awaits you!

#### **Lunch Program**

The WASC is open Tuesday-Thursday for lunch provided by the Tri County Office on Aging with a suggested donation of \$3.50 per meal. The center is now open on Mondays for lunch catered by local area restaurants. Please call a day in advance to make reservations for lunch at 517-655-5173. For additional information please check out the WASC newsletter or website.

#### Where to find the WASC

If you are looking for current and future activities continue reading the newsletter or check out the Facebook page and website. If you have any questions please call or email for more information.

Website: www.williamstonseniorcenter.org

Facebook: Williamston Area Senior Center

Phone: 517-655-5173

Email: williamstonseniorctr@gmail.com

### **Hours of Operation**

Mondays — Thursdays 9:00 am — 2:30 pm

#### **WASC Location**

The WASC meets on the third floor of the Commons, 201 School Street in Williamston, Michigan 48895.

Handicap access and elevators are available.

#### **WASC Mission**

The WASC shall be a "go-to" resource where aging adults and their families find support, guidance, educational, and social programs assisting seniors 55 years of age and older for navigating life transitions, and continuing to be active, healthy, and engaged in the community.

Our mission is reflected in our motto:

Add zest to your life and pass the joy to others.

#### **WASC Purpose**

The WASC shall provide educational, enrichment, health awareness, and social programs; shall serve as a resource for individuals needing assistance with medical and social service networks; and shall collaborate with other community agencies, local government, and trained professionals to meet the needs of the senior population.



#### **DIRECTOR'S CORNER & PRESIDENT'S POST**



#### The Director's Corner

The Williamston Area Senior Center will celebrate its 30th birthday on October 7<sup>th</sup>! To mark this special occasion, a 30<sup>th</sup> Birthday Celebration Dinner & Silent Auction, along with entertainment and a presentation on the history of the senior center, is planned for October 6<sup>th</sup>. This fundraising event will help to continue quality programs and events at a low or no cost to seniors in the surrounding area. If you would like to be a sponsor or donate a silent auction item, please reach out to Beth at 517-655-5173 or wascdirector01@gmail.com. Please join us on October 6th at Spag's Restaurant in Williamston at 5:30 pm to help celebrate our special day. Tickets are \$25 and can be purchased at the Williamston Area Senior Center at 201 School Street in The Commons Building.

> Beth Schrader **Executive Director** wascdirector01@gmail.com



#### From the President

Happy September!

Such a delightful summer of activities, planned by Beth and the staff, were enjoyed by so many Williamston seniors. For me, the most memorable moment was having goat yoga at our August picnic at Simmons Memorial Park in Leroy Township. The miniature goats from Hilltop View Farms walking across our backs or eating Cheerios from our hands was priceless!

The Senior Center continues to create programs and opportunities that foster a sense of well-being, belonging, and purpose. I encourage each of us to invite someone new to experience the friendship, the learning, and the joy that we are all feeling here at the Williamston Area Senior Center. Share the joy!

Ann Lemmen

#### STAFF, BOARD, & THANKS

#### **Staff**

**Director:** Beth Schrader

Assistant Director: Julie Rudd

Kitchen Coordinator: Mickie Manley Administrative Assistant: Dawn Harris

Connie Foster EG Quality Services, Inc. Jan Burns

Marlowe Hart Ron & Dawn Harris Beth Schrader

Tina Maurer

Mickie Manley

Marilyn Thompson

Butch & Dianna Frank

Tom Martin Jan Peckens

Beth Zetterholm

Brenda Arnoczky **Bob Klausing** 

Jan Bowman

Mary Erbele

C.I. Lutz Barb Upleger Susie Cockerill Marie Braun Pat Cookingham

Janet Card

Iolene Gustafson Senior Benefit Fund

Karen Spak

The Willows of Okemos

Williamston Library

Harvest House

Ministries

Frank Fortier

& All Our Numerous

Volunteers

## **Board of Directors**

President: Ann Lemmen (2023)

Vice President: Karleen Dimick (2025) Secretary: Marilyn Thompson (2023) *Treasurer:* Ray Lemmen (ex-officio)

#### **Trustees**

Karen Bollman (2024) Andrew Danowski (2024) Steve Ferrara (2023) Mark Steinberg (2025) Beth Zetterholm (2025)

#### **Community Representatives:**

John Allen, Wheatfield Township Tammy Gilroy, City of Williamston Wilma Whitehead, Leroy Township



#### SPOTLIGHT ON VOLUNTEERS!



#### Marilyn the Motorcycle Maven

If you see a woman on a Harley Davidson in the area, it might be the secretary of our Board, Marilyn Thompson. She and her husband have also been taking longer motorcycle trips since their youngest child graduated in 2002. She is a woman of many mysteries, surprises, and talents, to say the least – and she puts soooo many of these gifts in place for the Williamston Area Senior Center.

Last year she said she would like to do something more for Veteran's Day, as she has a lot of veterans in her family, and veterans, in general, are dear to her. So, rather than our usual lunch, she went all out and planned a full dinner for close to 200 veterans and their families. She is quite an organizer, so this year she plans a whole week of veterans-related activities....Go, Marilyn.

Did I mention that Marilyn is quite the organizer? She has recently been responsible for our purse and jewelry sale during Jubilee, our puzzle sale, and our upcoming 30th Birthday Celebration Dinner and Silent Auction. This is in addition to her "regular" volunteer activities of working one

day a week in the kitchen, serving as secretary for the board, and decorating the senior center for special events.

While Marilyn is originally from Farmington Hills, after starting a family, she and her husband, Bob, were in the mid-Michigan area and looking for a good community with good schools to raise their children. Luckily for us, they chose Williamston and have been here for 37 years.

You guessed it, she began volunteering at the kids' schools and spent 21 years as the Williamston

sed Puzzle Sal Williamston Area Senior Center Located in The Commons Building 201 School Street Williamston, MI 48895

Stock up for the fall & winter!

High School Principal's secretary. So, you know she had to be good at organizing to do that job – and now we get those benefits!

Now, in addition to volunteering, Marilyn spends her time "grandma stalking" at her nine grandchildren's sports events, riding Harleys with her husband, and vacationing in the Bradenton/Sarasota area of Florida (where they rent Harleys to ride!)

-submitted by Karen Spak



#### SEPTEMBER ACTIVITIES

- Thursday, September 1st Euchre 9am-Noon, Birthday Bash, and Bingo 12:30pm
- Monday, September 5<sup>th</sup> Closed for Labor Dav
- Tuesday, September 6<sup>th</sup> Euchre 9am-Noon, Chair Exercise 12:30pm, Knitter Group 1pm-3pm, and Culver's Fundraiser 5pm-9pm at 5140 Times Square Drive in Okemos!
- Wednesday, September 7th Euchre 9am-Noon, Used Puzzle Sale 9am-2pm, Cooking for One with MI State Ext. at 12:30pm (Sign-up is required), Movie & Popcorn watching "Forever Darling" at 12:30pm, and Needle Work Group 1pm-3pm
- Thursday, September 8<sup>th</sup> Euchre 9am-Noon, Start of Matter of Balance Workshop 9:30am-11:30am (Sign-up is required), and Mindfulness Coping Skills presentation by Healing Conversations Counseling at 12:30pm
- Friday, September 9<sup>th</sup> Euchre Tournament Fundraiser 5:30pm (Sign-up is required)
- Monday, September 12th Euchre 9am-Noon, Grandparents Day Party with Ingham County Medical Care 12:30pm, and Garden Club 5pm-8pm
- Tuesday, September 13th Senior Picnic at noon at Williamstown Township and National Peanut Day! (Senior Center will be closed)
- Wednesday, September 14th Euchre 9am-Noon, Lunch & Plinko with Independence Village of East Lansing at Noon, National Cream Filled Donut Day, and Needle Work Group 1pm-3pm
- Thursday, September 15th Euchre 9am-Noon, Matter of Balance 9:30am-11:30am, and Travel Show to Hawaii at 12:30pm
- Monday, September 19th Euchre 9am-Noon, Lunch with the Willows, and In the Kitchen with Susie-Let's make smoothies...Susie will share samples and recipes for a healthy breakfast, snack, or dessert!
- Tuesday, September 20th Euchre 9am-Noon, National Pepperoni Pizza & Punch Day! Pizza & Punch for lunch at noon, Williamston Area Senior Center Board Meeting 1pm, and Knitter Group 1pm-3pm
- Wednesday, September 21st Euchre 9am-Noon, Presentation by Mitch Lutzke about the history of the Williamston Historical Museum at 12:30pm, and Needle Work Group 1pm-3pm
- Thursday, September 22<sup>nd</sup> Euchre 9am-Noon, Matter of Balance 9:30am-11:30am, and Fall Fling with Karen 12:30pm
- Sunday, September 25<sup>th</sup> The Great Trains and Grand Canyons Travel Excursion Starts
- Monday, September 26<sup>th</sup> Euchre 9am-Noon, Lunch with Red Cedar Lodge at Noon, Presentation by Pam Smith on Enhanced Fitness at 12:30pm, and Johnny Appleseed Day!
- Tuesday, September 27th Euchre 9am-Noon, Crush a Can Day, Mind Games with the Library at 12:30pm, and Knitter Group 1pm-3pm
- Wednesday, September 28<sup>th</sup> Euchre 9am-Noon, Chair Exercise 12:30pm, and Needle Work Group 1pm-3pm
- Thursday, September 29th Euchre 9am-Noon, Matter of Balance 9:30am-11:30am, and lunch at noon with Brookdale of Meridian, and Author visit with Susan Frazier of "Picking Up Pieces" 12:30pm

<sup>\*</sup>Programs subject to change

<sup>\*\*</sup>If sign-up is required, please call 517-655-5173 to register

#### **OCTOBER ACTIVITIES**

- Monday, October 3<sup>rd</sup> Euchre 9am-Noon, and Oktoberfest Party at Noon
- Tuesday, October 4th Euchre 9am-Noon, National Golf Day, and Chair Exercise at 12:30pm
- Wednesday, October 5th Euchre 9am-Noon, Estate Planning Assistance Presentation at 12:30pm by Elder Law
- Thursday, October 6<sup>th</sup> Euchre 9am-Noon, Matter of Balance 9:30am-11:30am, Birthday Bash with DJ Clarinet at Noon, and The Senior Center 30<sup>th</sup> Birthday Celebration Dinner at 5:30pm at Spag's located at 1268 E. Grand River in Williamston
- Friday, October 7<sup>th</sup> Color Cruise & Luncheon Aboard the Michigan Princess at 11am (Sold Out)
- Monday, October 10th Euchre 9am-Noon, Angel Food Cake Day, How We Grieve Death in America: Yesterday and Tomorrow by Grace Hospice, and Garden Club 5pm-8:30pm
- Tuesday, October 11th Euchre 9am-Noon, Lunch with a Board Member at Noon, Puzzle Race at 12:30pm, and Knitter Group 1pm-3pm
- Wednesday, October 12th Euchre 9am-Noon, Free Lunch and Plinko with Independence Village of East Lansing, and Needle Work Group 1pm-3pm
- Thursday, October 13th Euchre 9am-Noon, Matter of Balance 9:30am-11:30am, and Travel Show on Maine at 12:30pm
- Saturday, October 15<sup>th</sup> The Magnolia Trail & The Heart of Texas Trip Begins
- Monday, October 17th Euchre 9am-Noon, National Pasta Day, Wear Something Gaudy Day, and Chronic Pain Presentation by MSU Ext. at 12:30pm
- Tuesday, October 18th -Euchre 9am-Noon, Chair Exercise at 12:30pm, and Knitter Group 1pm-3pm
- Wednesday, October 19<sup>th</sup> Euchre 9am-Noon, Annual Meeting for Senior Benefit Fund at 1pm. Make a Halloween Magnet at 2pm, and Needle Work Group 1pm-3pm
- Thursday, October 20th Euchre 9am-Noon, Matter of Balance 9:30am-11:30am, Christmas Card Making at 12:30pm with Susan Schoenborn
- Monday, October 21st Euchre 9am-Noon, Pumpkin Carving & Apples to Apples at 12:30pm, and MRPA Grand Experience Mackinac Island trip leaves (Sold Out)
- Tuesday, October 22<sup>nd</sup> Euchre 9am-11am, Andy & Jody-New England Folk Concert at 11am sponsored by the Williamston Library, and Knitter Group 1pm-3pm
- Wednesday, October 23<sup>rd</sup> Euchre 9am-Noon, Movie & Popcorn- "Yours, Mine and Ours" at 12:30pm, and Needle Work Group 1pm-3pm
- Thursday, October 24th Euchre 9am-Noon, Matter of Balance 9:30am-11:30am, National Tell a Story Day with an Author visit with Mike Shaft "Shaftsburg a Hidden Gem" at 12:30pm
- Monday, October 31st Euchre 9am-Noon, Halloween Party at Noon and Magic Show with John Russell at 12:30pm

<sup>\*</sup>Programs subject to change

#### **UPCOMING EVENTS**

#### Visit Culver's of Times Square Dr.

TUESDAY, SEPTEMBER 6TH FROM 5-9 PM

and we will donate up to 20% of sales to the

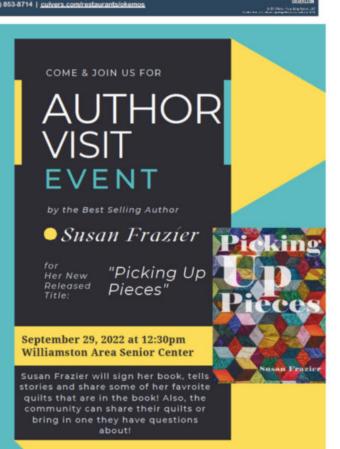
#### WILLIAMSTON ÅREA SENIOR CENTER



Enjoy a delicious meal, benefit a great cause and feel good all over. Thank you for your support!

Online Ordering, Drive-Thru or Dine-In (no flyer or code needed) Go to Culvers com to order online.









#### **DONATIONS & BIRTHDAYS**

Thanks to the following individuals and groups for their donations to the WASC in June & July.

#### Memorials for Steve Arends:

Barb Upleger

Mickie Manley

Ron & Dawn Harris

Janet Card

Jackie LaForge

Beverly Zetterholm

John & Lois Bishop

Susan Eve LeClair

Baird Cotter & Bishop, P.C.

Casey Wright

Rick & Beth Schrader

Ann & Ray Lemmen

Mark & Cindy Zemanski

Marilyn Thompson

Jan Peckens

Russ & Susan Cockerill

Thomas & Prudence Nelson

Tom & Debbie Roy

Scott & Linda McClain

Julie Rudd

Jennifer Jones

Earl & Kathy Jones

Brett & Valerie Pearcy

Bob & Barb Hoblet

Mario & Emily Dionise

Denise Cook

David & Connie Murphy

Anonymous

#### Memorial for Roy Horstman by Violet Lentz

#### General Donations:

Williamston Red Cedar Garden Club Steve & Brenda Arnoczky

### **Celebrating Birthdays**



.Jill Westmoreland-

**Ayers** 

Ruth Black

Norma Ward

Jan Rogers

Lewis Fillwock

Barb Upleger

Hazel Watson

Sharon Basil



October

Ron Harris

Sharon Shaft

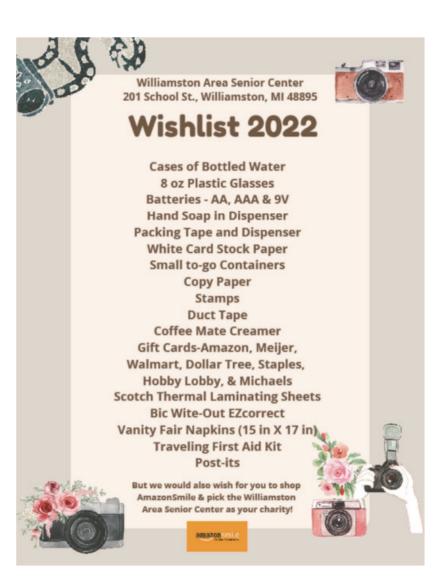
Glenna Lebeda

Margaret "Beth" Zetter-

holm

Sharon Acker

**Butch Frank** 



## crosaires

An "Aging in Community" Residence

5829 North Zimmer Road, Williamston **517-898-1715** | Todd Walter/Owner

www.crosaires.com



#### WOODS A SENIOR COMMUNITY BE FREE TO ENJOY LIFE! 2001 W Mt Hope Ave Lansing, MI 48910 517-484-1044 www.colonialwoodslansing.com

COLONIAL

#### **ADT-Monitored Home Security**

**Get 24-Hour Protection** From a Name You Can Trust

- Burglary
- Flood Detection
- **Fire Safety**
- Carbon Monoxide



Haven

Haven / Haven of Rest Adult Foster Care

2447 North Williamston Rd. Williamston, MI 48895

(517) 655-8953 | www.SeniorCareLansing.com

Haven of Rest, a place to call home



SafeStreets

833-287-3502





Amanda Hart, PharmD

- Fast Friendly Service
- Vaccinations
- Free Medication Packaging Bring in this ad for \$5 off
- COVID-19 Testing
- Free Delivery Mon-Fri
- New Gift Shop, Holiday **Items & Greeting Cards**
- any gift item over \$20



(517) 992-5101

129 S Putnam St. • Williamston, MI 48895

www.centralpharmacymi.com

## FREE AD DESIGN

WITH PURCHASE OF THIS SPACE

🕑 CALL 800.477.4574



### **GROW YOUR BUSINESS**

BY PLACING AN AD HERE!



Contact Terry Sweeney to place an ad today! tsweeney@lpicommunities.com or (800) 477-4574 x6407



TO ADVERTISE HERE CALL 800.477.4574 or visit www.lpicommunities.com/advertising

THIS SPACE IS AVAILABLE

# Place Your Ad Here and Support our Community!

Instantly create and purchase an ad with

**AD CREATOR STUDIO** 





Ipicommunities.com/adcreator

## SUPPORT OUR ADVERTISERS!



# NEVER MISS A NEWSLETTER!

Sign up to have our newsletter emailed to you at www.mycommunityonline.com





U.S. POSTAGE **PAID** 

**NON-PROFIT** 

Permit #6

#### Williamston Area Senior Center

Director: Beth Schrader 201 School Street, PO Box 343 Williamston, MI 48895 www.williamstonseniorcenter.com

#### **Inside This Issue**

WASC Mission, Purpose	Pg #2
Director's Corner	Pg #3
President's Post	Pg #3
WASC Staff, Board	Pg #4
Thanks	Pg #4
Spotlight on Volunteers	Pg #5
September Activities	Pg #6
October Activities	Pg #7
Upcoming Events	Pg #8
Donations & Birthdays	Pg #9
Membershin	Ρα #12

### WASC Information: Phone: 517.655.5173



#### WILLIAMSTON AREA SENIOR CENTER MEMBERSHIP DUES 2022

BIRTHDATE (only if you want to participate in the birthday celebrations): \_\_\_\_\_

ARE YOU A VETERAN YES\_\_\_\_\_



with your payment. PRINT CLEARLY NAME: ZIP: \_\_\_\_\_TOWNSHIP: \_\_\_\_ CELL PHONE: HOME PHONE: EMAIL ADDRESS: EMERGENCY CONTACT NAME: EMERGENCY CONTACT PHONE#: \_\_\_ ARE YOU A NEW MEMBER \_\_\_\_\_\_RENEWING MEMBER \_\_\_\_\_OR DONATION

Cost is \$12/year per person. Please complete the information below and return to WASC along

Please complete form and return with your payment to:

I GIVE THE WASC MY PERMISSION TO USE ANY PHOTOS/VIDEOS TAKEN OF ME: YES \_\_\_\_\_\_ NO \_\_\_\_\_

NO.

Williamston Area Senior Center 201 School Street, P.O. Box 343 Williamston, MI 48895