

Mission Statement

We, the people of God of St. Francis of Assisi Catholic Parish, guided by the Holy Spirit are called to continue the mission of Jesus Christ.

We dedicate ourselves to the fulfillment of this mission by proclaiming the Good News of the kingdom of God, by living in love and fellowship, by seeking nourishment in God's Word and in worship and prayer, and by dedicating ourselves to the service of others.

Relying on the power of the Holy Spirit, we pledge ourselves to be living witnesses of God's presence to the world.

WELCOME!

Whether you come to us from across the street or from across the country, we are honored that you have chosen to spend part of your Sunday with us.

Saint Francis of Assisi Parish

Forum

Seventeenth Sunday in Ordinary Time

July 30, 2023

What does it mean to be married in the Church?

For the last few weekends, we have been inviting couples who were not married in the Church to consider having their marriages convalidated or blessed by the Church. The response has been both surprising and wonderful. Lots of inquiries and questions have arisen and so I thought I would take a few minutes to outline briefly the Church's requirements for the celebration of marriage where one or both parties are Catholic.

The basic rule is that all Roman Catholics must marry according to the rites of the Church before a Catholic priest or deacon. Where one party is not Roman Catholic and the couple seeks to be married in a non-Catholic church or place of worship, permission may be sought from the bishop for it to be recognized by the Catholic Church. Permission is rarely granted for a wedding to take place at any secular venue, such as a courthouse or park as this would deny the spiritual aspect of marriage.

Where a Catholic party marries civilly or outside the Church without that permission that marriage is NOT recognized by the Church and accordingly they should refrain from receiving the sacraments especially Holy Communion, until it has been convalidated and recognized by the Church.

As pastor, I know that there are some in our community whose marriages are not recognized by the Church- some are divorced and remarried and have not yet obtained an annulment for their first marriage, others simply opted to be married in another denomination or at the local courthouse.

So, our current outreach is to these folks! We want to help to restore your relationship

with the Church and your access to the sacraments. As with all things, the Church provides a process to bring this about. We can help those couples with previously un-annulled marriages to apply for an annulment and so, hopefully, clear the way to have their current marriage convalidated and recognized *or* if it is a case of a marriage not celebrated in the



Catholic Church we can provide the necessary preparation and plan for a simple convalidation ceremony here at St. Francis.

Of course, there are many situations where the circumstances are a little more complicated, but this should never prevent us from having an initial, exploratory conversation. If you are in a "questionable" situation in regard to your marriage or would simply like to clarify your status, then let us help you. Call me at the Parish Office (734-821-2100) and we can set up a time to meet and chat.

Fr. James Conlon Pastor

St. Francis of Assisi Directory

WORSHIP SCHEDULE

The following masses are livestreamed at this time: 7:00 pm on Saturday, 10:30am on Sunday, and 9:15 on Thursday.

The Church is open for public prayer from 10am to 8pm on Saturdays and 8:30am to 2pm on Sundays 8am to 7pm on Weekdays

Weekend Mass:

Saturday 5:00pm and 7:00pm. <u>en español;</u> Sundays 8:30am, 10:30am, 12:30pm, 5pm

Weekday Masses:

In Church on Monday-Friday at 9:15am.

Holy Hour:

Live streamed Thursdays after 9:15am Mass.

Daily Rosary:

M—W, F at 8:45am Thursday as part of Holy Hour

Sacrament of Reconciliation:

Saturdays from 3:30pm to 4:30pm

<u>Baptism</u>: A pre-baptism class is required before the baptism. For details and to register, contact Fr. Seamus at 821-2100 or see the *Baptism* link at our website.

Marriage Preparation: Please call the Pastor to begin marriage preparation at least nine months before the proposed wedding date.

<u>Spiritual Direction</u>: Would you like to speak with a Spiritual Director? We have several commissioned in our parish. To contact one, please call Janene Ternes at 734-436-1351.

Letters of Good Standing: To receive a letter of good standing from the parish to be a Baptism Godparent, Confirmation sponsor, or marriage preparation mentor/sponsor you must be registered, participating, and contributing to St. Francis Parish for at least 6 months prior to the request. Requests must be made online at stfrancisa2.com/letters.

Are You Experiencing a Life-Changing Event & Need Temporary Assistance? Call the Parish Office if experiencing difficult situations like serious illness, new baby, miscarriage, hospital recovery, etc. For help in the form of a compassionate ear, prayers, meals, laundry help, transportation, etc.

2150 Frieze Ave, Ann Arbor, MI 48104

Phone: 734-821-2100 or Fax: 734-821-2102

Office Hours

Monday—Friday 8:30am-5:00pm, or by appointment.

Please call the office for appointments.

Parish Registration

Register online on the parish website www.stfrancisa2.com/im-new

Parish Team	Phone	Name	Email Address						
Council, Commission & Ministry Chairpersons									
Pastor	821-2100	Fr. James Conlon	frjames@stfrancisa2.org						
Pastoral Council, Mary Jane Tramontinmjtram46@gmail.com Knights of Columbus, Gerald Wrubel734-846-1785 Educational Trust Fund, Jeff Higginsjchiggins27@gmail									
Parochial Vicar Deacon Deacon	821-2100	Dcn Rich Badics	frseamus@stfrancisa2.org rbadics@stfrancisa2.org gleger@stfrancisa2.org						
Parish Office Admin. Assist. Parish Office Admin. Assist. Parish Business Manager	821-2100	Mark Kempton	parishoffice@stfrancisa2.org parishoffice@stfrancisa2.org rkehn@stfrancisa2.org						
Finance Council: John Dunlap Assisi Center Construction: Dcn Tom Arehart tarehart@stfrancisa2.org									
Bookkeeper (church) Bookkeeper (school)			lmarshall@stfrancisa2.org jpearson@stfrancisa2.org						
Outreach, Service & Justice	821-2121	Scott Wright	swright@stfrancisa2.org						
St. Vincent Service Ministry, Thomas Mussio Life, Peace & Justice Ministry, Kelly Gauthier & Dick Brown Senior Citizen Committee, Sharon Wright									
Music & Liturgy Ministry	821-2124	Jonathan Hasey	jhasey@stfrancisa2.org						
Worship Coordinator	821-2123	Susan Wawrzaszek	liturgy@stfrancisa2.org						
Adult Faith Groups & Adult RCIA Ministry	821-2122	Kelly Hernandezkh	nernandez@stfrancisa2.org						
Religious Ed. Office	821-2130		stfreled@stfrancisa2.org						
Rel. Ed. Secretary 821-2130Helena Bichakjian (habla español)stfreled@stfrancisa2.org									
Religious Ed Director	821-2132	Ellen Ward	ward@stfrancisa2.org						
School Principal Pre-K/ESP Director			jpritzel@stfrancisaa.org cbusse@stfrancisaa.org						
School Secretary School Secretary School Improveme ESP Committee,	821-2200 ent, Merrit Gilli	Lou-Ann Morrill Iilland	school@stfrancisaa.org school@stfrancisaa.org						
Maintenance Supervisor	821-2152	Reynaldo Romero	rromero@stfrancisa2.org						

La Misa y Confesiones

La Misa en español se celebra todos los sábados a las 7pm. Las confesiones están disponibles a solicitud antes de la Misa y la seguiremos transmitiendo en vivo: stfrancisa2.com/misa. Te gustaría pedir intenciones para algún ser querido durante la Misa, favor de traerla a la oficina parroquial. De lunes a viernes de 8:30 a 5pm.

Clase para Preparación para Bautizo

Si deseas bautizar a tu hijo, la clase de preparación para bautizo es necesaria. Por favor, contacte a Fr. John Vinton: frjohn@stfrancisa2.org

Sacramentos para Adultos (Rito de Iniciación Cristiana para Adultos)

Esta preparación es para adultos que les falten los sacramentos como: Bautizo, Primera Comunión y Confirmación. Mayores informes, contacta a Kelly Hernandez:

khernandez@stfrancisa2.org (español) ó 734-821-212 (español)

Acerca del Matrimonio

Quieres prepararte para poder casarte por la Iglesia y ya estás casado por lo civil, pero quieres que esta unión sea bendecida en la Iglesia, contacte a: parishoffice@stfrancisa2.org

Quinceañera

Las fechas disponibles para las ceremonias de Quinceañera son el segundo sábado de cada mes a la 1pm. Se necesita preparación con anticipación asistiendo a clase o taller. Para más información, contacte a Sue Wawrzaszek:

liturgy@stfrancisa2.org (español o inglés) o 734-821-2123 (inglés)

Preescolar y Escuela St. Francis

Dales a tus hijos la oportunidad de estudiar en nuestra escuela católica. Más información: www.stfrancisa2.com/school Tenemos ayuda financiera para los que cumplan ciertos requisitos.

Clases de la Fe o Catecismo para Niños de distintas edades (preK-8)

Tenemos clases para niños en grados PreK-8 de la Fe católica y sacramentos como Primera Comunión (Eucaristía) y Confirmación. Este año estamos ofreciendo clases bilingües (Español e Inglés) los días Sábado de 5:30 a 6:45 pm con Misa en Español a las 7:00pm.

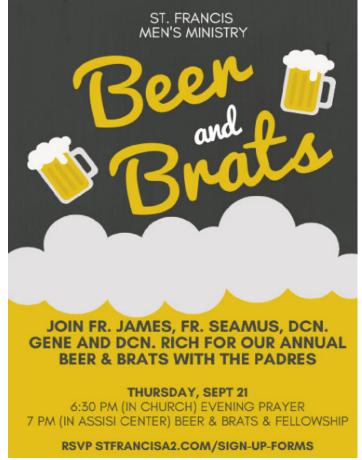
También tenemos clases disponibles los domingos para grados 1-8 de 9am a 10 am a la vez que para los grados de Preschool y Kindergarten de 10:30 a 11:45am mientras los padres asisten a misa. Otra opción de clases de Educación Religiosa, es los días miércoles de 6:30 a 7:30 pm. La forma de registro está aquí y en línea, la puedes encontrar en: stfrancisa2.wufoo.com/forms/20212022prek8th-religious-education/

Es muy importante atender la misa regularmente. La misa se celebra todos los sábados a las 7pm en Español y en Inglés los sábados a las 5pm y domingos a las 8:30am, 10:30am, 12:30pm y 5pm.

Buscamos maestros para compartir la fe: si puedes enseñar, por favor contacte Ellen Ward a ward@stfrancisa2.org (inglés o español). Para más información, contáctenos (Helena o Ellen a stfreled@stfrancisa2.org o 734-821-2130 (lunes a viernes 10am-4pm en español)

En esta sección nos enfocamos en eventos de interés para personas que hablan español. Sin embargo, nuestra parroquia cuenta con varias actividades para incrementar nuestra fe. ¡Participa en la vida de nuestra parroquia!

¡Jesús te llama!





WEDNESDAY, OCT. 4TH

7 PM (IN CHURCH)
MASS ON THE SOLEMNITY OF ST. FRANCIS OF ASSISI

8PM (IN THE ASSISI CENTER)
HORS D'OEUVRE AND TALK BY BILL COOK
Bill will speak on the life of St. Francis and Francis' message for our modern world.

THURSDAY, OCT. 5TH 9:15 AM (IN CHURCH) MASS AND HOLY HOUR, FOLLOWED BY A PILGRIMAGE TO SOLANUS CASEY CENTER WITH SPECIAL GUEST, BILL COOK
As part of the pilgrimage, Bill will speak on Franscican sacred art. **RSVP** required

FRIDAY, OCT. 6TH 9:15 AM (IN CHURCH)

MASS FOLLOWED BY POTLUCK AND TALK BY BILL COOK
Bill will speak about his Foundation and its Franciscan roots. Learn
more about his foundation below.

This Week at St. Francis

Monday July 31:

8:45 AM Rosary

9:15 AM Mass: +Richard Keefe—Mitchell and

Ellen Garner

7:00 PM Boy Scouts—Gym

7:00 PM Divorced/Separated—S. Library, Zoom

7:00 PM Christian Meditation—Zoom

Tuesday August 1: St. Alphonsus Liquori

8:45 AM Rosary

9:15 AM Mass: +Herman and Julia Bertl—

Ruthann Distler

Wednesday August 2:

8:45 AM Rosary

9:15 AM Mass: +Leonardo Briones—Donna

Publico

10:00 AM Gospel Group—Church Library

Thursday August 3:

8:00 AM Women's Faith Sharing—Youth Room

9:15 AM Mass: Int. of Anthony Zick—Susan Zick

8:30 PM Men's Basketball—Gym Friday August 4: St. John Vianney

8:45 AM Rosary

9:15 AM Mass: +Vincent Kempton—Mark

Kempton

Saturday August 5:

7:00 AM That Man is You—PAC

3:30 PM Confessions

5:00 PM Mass: +Gus Borowczyk—Chris

Weatherford

7:00 PM Misa en español: Int. of Carlos Lopez—

Rocio Lopez

Sunday August 6: 18th Sunday of Ordinary Time

8:30 AM Mass: +Kay Wawrzaszek—

Wawrzaszek Family

10:30 AM Mass: +Eduardo Nicart—Anita Merritt
12:30 PM Mass: +Lima Rose—Jude Joseph
5:00 PM Mass: St. Francis of Assisi Parish Family

For Daily Readings, see the United States Conference of Catholic Bishops (USCCB) website at:

<u>usccb.org/bible/readings</u>

Need Help? There's HOPE...

Do you or someone you know need help? The Hope Clinic offers free food and basic needs, medical care, dental care, and behavioral health care.

Go to thehopeclinic.org or call 734-484-2989 for info.

Allergies & Communion

Are you gluten intolerant and therefore cannot receive Communion? If so, we have a special low gluten host that you can receive at Communion time. For more information, please call Sue Wawrzaszek: 734-821-2123.

Pray for the Sick

Please remember in your prayers:

Victoria Wozny, Noel D'Cruz, Nathan DeJohn, Juan Rodriguez, Bonnie Floreske, Debbie Kimble, Alan Bastian, Lindy Campbell, Phyllis Conlon, Alex Bobowski, Larry Yonovitz, Joe Leger, John Summers, Ralph Almer, Julie



Kanitz, Judy Stingo, Jennifer Bachman, Carolyn Kusch, Kenneth Bruneau, Jackie Beaulieu, Marc Yeiter, Kyle Ignatoski, Antonia Cordina, Rose Marie Winslow, James Soltau, Warren Bonham, Paul Pilon, Nunu Lysloff, Annie Cleary, Jeffrey Himlin, Harris Dufek Holland, Rebecca Bolton, Dwight Gilbert, Barbara Kramer, Ralph Zircher, Elizabeth Walkowiak, Roger Schneggenburger, Megan Hogan, Rob locca, Francisco Javier Iturbe Velázquez, Tina Bellestri, Raul Cainghug, Nancy Schenk, Shaqe Kalaj, Michael Griffin, Theresa Roth, Dale Buckland. Leonard Sanchez, Stella Wiktorski, Fr. Terry Dumas, Kim Pavicich, Chan Han, Mary Himlin, Nancy Rolph, Fr Chan, David Hasey, Bob Toth, Ken Echternach, Marian Bessy, Kristie Harbaugh, Andrea Jackman, Cristina Pereira, Lois Russell, Michelle Smith, George Leckrone, Lima Rose, Don Emerson, Ellsworth Stout, Arthur O'Neil, Ernest Toth, Jim Conlon, Don Mierzwa, Rita Vorek, Tina Kuehnle, Guadalupe Moralez, Sarah Huige Uytingco, Geraldo Uytingco, Edgar Celestino, Mark Nakashima, Michael Fleszar, Helen Rysse, Kathy Miller, Carol Lemke, Kathy King, Ines Morales, Bob Ruelle, Mary Stoddard, Patricia Broecker, Jesenia Salazar-Godinez, Rosalie Ventimiglia, Shari McArthur, Gerald Montry, Helen Ybarra, Autumn Osborn

Please call the parish office to add a name to our prayer list. Help us to keep our list current by letting us know when we may remove a name.

Married in Christ:

Pablo Salazar and Paulina Barajas Hermosillo

Died in Christ:

Juan Velazquez

Fr. Ken McDonald, Senior Priest of the Diocese of Lansing

Prayer Lamp (7/29-8/4):

+Barbara Ciesinski—Kathy Ciesinski

Saint Joseph Candle

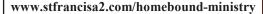
7/28-7/30: +Dr. Joselito Almendras—The Almendras

Family

8/4-8/6: +Vincent Kempton—Mark Kempton

BRING JESUS!

Homebound Eucharistic Ministry Team Building Events for all ministers in the Ann Arbor area. Learn more here:



Questions? Scott Wright 734-821-2121



Saint Francis Tax Seminar

Charitable Giving Tax Seminar offered twice: Wednesday, August 9th and 16th. at 7pm-9pm, in the PAC. This two-hour presentation is a possible launch of an on-going series.

The cost for each attendee to attend this seminar the "Ticket to the ballgame" – will be a donation of any amount to St. Francis Parish for any of these needs: New Hall Construction, General Fund or Educational Trust Fund so those who itemize can get a tax deduction! Everyone who pays taxes in the United States is invited to attend, so NO donation will be deemed too small for admittance.

As we learn from St. Paul: Duties of justice include reciprocity, paying one's fair share, and avoiding free -ridership.

RSVP: Sign up on the **Parish Website** to register. https://stfrancisa2.wufoo.com/forms/taxseminar and let us know you plan to be in attend-

Questions? Contact: Phil Zepeda, MS, MST, EA <gpzepeda115@gmail.com> (734-662-5599)

Seniors' "Out to Lunch Bunch"

Join your fellow senior parishioners from St. Thomas and St. Francis for lunch on the 3rd Thursdays...so: AUG 17th, SEPT

Arrive at 11:30am at NEW MEETING LOCATION! at Metzger's Restaurant (305 N. Zeeb Rd., Ann Arbor). (Pay-on-your-own.) Help us plan enough food & seats reserved, please sign-up online to RSVP one week ahead no later than the Sunday before at:



https://tinyurl.com/StThomasOutToLunch contact Scott Wright (734-821-2121) <swright@stfrancisa2.org>

contact Ken Norman (734-769-2581) < kendnorman@gmail.com>

See: www.signupgenius.com/go/Out-to-Eat

Grandparents Raising Grandchildren Program

Resources to grandparents and other family members aged 55+ who care for related children. Support groups and educational information is offered and other resources like clothing, school supplies, etc. can be accessed. These support groups are popular as caregivers discuss their joys, struggles, and helpful ideas with each other, knowing they are not alone.

Contact Jeannette Matthews 734-971-9781 x 511

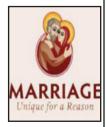
Welcome Father Seamus Kettner!

Join us on Friday, August 4th, 2023 - the Memorial of Saint John Vianney - for Mass at 9:15 AM and to a reception afterwards. All are invited to "Welcome Father Seamus Kettner." At 10:00AM we will gather outside near the front of St. Francis Parish Activities Center PAC.

Help! www.signupgenius.com/go/fr-seamus or call Scott (734-821-2121).

Each year Bishop Boyea invites married couples from across the diocese, celebrating milestone anniversaries, to join him for a Mass of

Thanksgiving for the gift of Marriage. This year the celebration will be held on Saturday, September 16, 2023 at 4:30pm at St. Thomas Aguinas, East Lansing. If you are celebrating an anniversary and would like to join the Bishop then contact Fr. James at the Parish Office- 734 821 2100.



Support for Divorced & Separated

Meets Mondays 7-9 p.m. in the School Library (Zoom option also available)



Are you divorced or separated? Would you like support? We invite you to join us each Monday evening at 7pm. Find comfort, counsel and healing with others on Divorced & Separated the same journey. Whether vou got divorced ten days

ago or ten years ago, this group offers valuable insights for everyone. For questions, contact Jeff at 734-678-0995.

Give the Gift of Life!

Many of us have made a donation at a local blood drive. All year, donated blood helps people injured in accidents, undergoing cancer treatments, and battling blood diseases. In the summer, the need is critical. Please go to www.redcross.org to find a blood drive near you!

On a different note, there are more than 2,000 people in Michigan on a waiting list for a kidney transplant and waiting for a deceased donor kidney can take several years. Many of us did not realize that we can donate one of our two kidneys! While this type of donation requires a different level of commitment, it is not uncommon for some people to become Living Kidney Donors for a friend, relative, or to someone they don't know. For more information go to www.ExploreTransplant.org.



MEETS THE FIRST WEDNESDAY OF EACH MONTH 6:30 PM IN THE PARISH LIBRARY

Whether you are grieving the loss of spouse, loss of child (including pregnancy loss or early infant death), loss of parent and/or other losses for family members or friends, join us for a time of fellowship and sharing with people who are experiencing similar issues and challenges. Whether your loss was several years ago or several weeks ago and you feel you need support, you are encouraged to attend.

Contact Anna Richards for more information: annalpc@hushmail.com

The Order of Christian Initiation for Adults (OCIA) is for anyone (7+) seeking to be baptized and enter into the Catholic Church as well as adult Catholics seeking completion of the Sacraments of Initiation (e.g., Con-

firmation or First Communion). At each OCIA session, we'll look at one aspect of the faith, sharing the key teachings and beliefs with you. It is also a time to ask any questions you may have regarding the Catholic faith. We will begin meeting for these sessions towards the end of summer/early Fall.



To learn more, contact Kelly Hernandez: khernandez@stfrancisa2.org or (734) 821-2122. Consider joining us or inviting someone who might be interested.

Jesus is in JAIL! Will you pray with Him?

"Be Not Afraid!" Jesus was incarcerated during his life and he can still be found in the jail. Come and see for yourself. Join a ministry team! Volunteer ministers have a cha-

risma for Christ and an ability to share their faith in Jesus. Consider assisting with Catholic Services at the jail for both

women & men. Learn

more: www.signupgenius.com/go/catholic-jail-schedule



Find new life in **vour relationship** with God

We are continually being called into closer relationship with God, but often we are too distracted or too busy to notice. When we do notice and

respond to God's invitation, our lives have more purpose, more joy, and more peace. Monthly spiritual direction is one way to realize God's presence in our lives and to receive these gifts.

Call Janene Ternes at 734-436-1351 for more information or to arrange an exploratory, confidential visit, in person or virtually, with one of our experienced Spiritual Directors.



St. Francis Parish - Phone Calling Ministry

The phone calling ministry at St. Francis Parish has grown over the years into a flexible, exciting outreach opportunity for parishioners to get-to-know each other, pray with each other, connect, share faith and celebrate the lives and relationships in our faith community. We personally call to ask how parishioners are doing, if they would like to pray and/or if they have any special needs, plus, by calling on their birthday, we wish them a happy birthday.

"I have received two calls so far. It is nice to have the human contact during this time." Donna Johnston

"Everyone so far has been so pleased that St Francis is doing this. I'm proud of my church." Jane Dorr

Interested? Contact: Scott Wright (734-821-2121) swright@stfrancisa2.org

MARK YOUR CALENDARS!

On Wednesday, Oct 11, our parish will host a relic of St. Jude, the Apostle on loan to us from the Vatican. We will celebrate the day as a great apostolic solemnity. On Thursday, Oct 12 we will celebrate the feast of Blessed Carlo Acutis who died at the age of 15 and is noted for his great devotion to the Eucharist. His relic, which Fr. James received from Carlo's mom on a recent pilgrimage to Italy, will be available for veneration and blessing.

Parish Stewardship Report								
Month		PSG		cash/check		Grand Total		
July	\$	62,082	\$	70,954	\$	133,036		
August					\$	-		
September					\$	-		
October					\$	-		
November					\$	-		
December					\$	-		
January					\$	-		
February					\$	-		
March					\$	-		
April					\$	-		
May					\$	-		
June					\$	-		
Total	\$	62,082	\$	70,954	\$	133,036		
		47%		53%	84%			
		% PSG	% c	ash/check	% of budget			



Having Trouble
Becoming a
Homeowner in this
Housing Market?

Are you or a loved one having trouble buying a home in this housing market? Take a closer look at Habitat. Income levels stay the same

while the housing market skyrockets.

Habitat for Humanity may be the answer. Many people may not realize they qualify for a Habitat home.

Learn more at www.h4h.org/home-ownership-program











Join Ann Arbor 40 Days for Life 365's prayer vigil outside Planned Parenthood. Consider making a once a month commitment. Offering Prayer, Outreach, Help and Hope at:

3100 Professional Dr, Ann Arbor Monday - Friday, 8 AM - 2 PM Extended hours on Thursday until 4 PM

To take a committed one hour time slot, go to **40daysforlife.com/annarbor** on the 365 calendar. Drop-ins are always welcome anytime!

For more info or any scheduling help, contact Sandie at 734-657-1936 or plan2pray@gmail.com.

Caring for Our Common Home

"That which we call a rose, by any other name would smell as sweet."

(William Shakespeare – Romeo and Juliet)

First article of a Series

Whether we refer to our home as "God's Creation" or as "the Earth" or as "the Little Blue Marble", it is where "everyone you love, everyone you know, everyone you have ever heard of, every human being who ever was, lived out their lives" (Dr. Carl Sagan).

When the astronaut, Mike Collins, viewed the Earth during the Apollo 11 mission, his comment "That little thing is so fragile out there" should serve as a warning that,

as stewards of our earthly home, we should consider seriously if we are truly concerned for the welfare of those generations who are yet to come.

In the coming months, via a series of articles, we hope to explore aspects of our earthly home that are



so essential to not only we humans but also all living creatures on our planet. Among the topics will be: clean air to breathe; safe, pure water to drink; tropical rain forests with their diverse animal and plant life as well as their effect on regional climate; coral reefs that are so essential to marine populations; glacial and continental ice sheets that are so important to drinking water sources as well as to sea levels; severe storm events that can destroy whole communities; and heat waves that can adversely impact human health.

"We are called to be instruments of God, our Father, so that our planet might be what He desired when He created it and correspond with His plan for peace, beauty, and fullness." (Pope Francis)

St. Francis of Assisi Parish Peace and Justice Committee

Stephen Ministers Listen Well and Trust in God!

What is Stephen Ministry? Do you feel a calling to care for others who are hurting? Do you desire the personal joy that comes from sharing Christ's love with people?

- Our Stephen Ministry shares the love of Jesus Christ by providing one-to-one, distinctively Christian care to individuals who are experiencing life's challenges.
- Our Stephen Ministry exists to serve God by bringing Christ's healing love to hurting people.
- The mission of our Stephen Ministry is to equip, send, and support God's people to live out the Good News of new life in Jesus through their care for those in need.

To learn more about Stephen Ministry, contact Scott Wright: 734-821-2121 or swright@stfrancisa2.org

You Have Grown Far from Me

written by Bill Razgunas.

How would you know if God were speaking to you saying "You have grown far from me?" One way is to look at the "Treachery of the Comfortable." How can something which is comfortable become treacherous?

It is actually the easiest thing in the world to enter into the treachery that flows from all that is comfortable! We say that there is nothing wrong with routine. The mass can seem to be loaded with routine. You have said the Creed fifty two times in the last year. Given that you have been actively participating at mass for the last 35 years, you have said the Creed more than 1,800 times. Is it any wonder that the mass has lost some of its meaningfulness? Psychologists refer to this as the "zone of comfort." We try to park in the same place so that it is easier to find our car after church. We try to sit in the same pew because that is where we have always sat. By sitting in the same pew, we also have the comfort level of having the same people sitting around us from week to week. Our responses to father's call to worship can also become routine When he says "The Lord be with You!" we say "And with your spirit!" Psychologists refer to this repetition of our routine as the "Comfort Zone"

Trying harder to pay more attention isn't the only solution. It turns out that anything you do to step outside your comfort zone will breathe new life into your whole faith experience. How do we break the paralysis of routine? Here are some suggestions:

- a. Make up your mind to remember ONE thing from mass. For example: Make up your mind to remember one thing that father says in his homily. For most of us this will be harder than you think. When I first started trying to remember something meaningful from the mass, I checked what I could remember from mass after the walk to my car. Try it and see how you do! Its harder than you think!
- b. Do Something Different! Change where you park your car OR Say "Hello" to a stranger as you walk into church OR Deliberately choose a different pew to sit in.
- c. Increase the volume of your "Amen" when replying to the Eucharistic Minister. "Amen" means "It is true!" Say "Amen" like you want everyone to know.
- d. If it helps your memory of something at mass, jot a note in your smart phone. Don't worry about what
- e. other people are thinking! Just do it!
- f. If you travel home with others after mass, take time to remind each other what was meaningful for you at mass

Routine is comfortable, however, it can also be treacherous. I use the word treacherous because those peaceful relaxed feelings betray us. This is because the Zone of Comfort hides a secret: The more you choose to stay comfortable in this zone, the less comfort that this "space" gives you. A little bit of discomfort can go a long way to helping us all find our way into heaven. We need to embrace some discomfort to keep our faith experience from **shrinking**. The Zone of **Discomfort** forces our mental boundaries to get bigger when we change something. It only takes repeating these unfamiliar things three of more times. Do you see the treacherous side of our Zone of Comfort?

Our reluctance to go outside our Zone of Comfort will eventually attract our Lord's disapproval. He might already be saying to us, with sadness in his heart, "You have grown far from me." How can anyone who is regularly receiving the Eucharist grow far from God? This is a topic to investigate another time!

The **Volunteer Respite Caregiver Program seeks volunteers** aged 21+ to provide much-needed breaks for caregivers in Washtenaw County. Volunteers are carefully matched with caregiver/recipient. Visits can last about two hours per week and consist of reminiscing, sharing stories, playing games, even watching movies with care recipients. No medical or direct care (bathing, toileting, etc.) is provided by volunteers. Meaningful relationships are often established. Volunteers are trained and background checked.

We invite any caregivers over age 60, or who are caring for someone over 60, to participate. Caregivers benefit by having time for self-care or tasks. There is no charge to them for the respite volunteer visits. Each home is assessed for safety. **Contact Jeannette Matthews 734-971-9781 x 511.**

Volunteer Caregiver Respite (VCR) - Catholic Social Services (csswashtenaw.org)

https://csswashtenaw.org/seniors/volunteer-caregiver-respite/



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