

# St. Frances Cabrini Catholic Church

12001 69th Street East, Parrish, FL 34219

**THE FOURTH SUNDAY OF LENT**

WWW.sfxcparrish.com

Home@sfxcparrish.com

941.776.9097

OFFICE HOURS

M,T, Th, F 9:00am-3:00pm

Closed Wednesday



## **SCHEDULE OF MASSES**

**Daily Mass: T, W, TH, F - 8:30 AM**

**Saturday Vigil: 4:00 PM**

**Sunday: 9:30 AM & 11:00 AM**

Music Director and Rel. Ed. Coordinator:  
David Collins

## **PARISH STAFF**

Administrator: Fr. Joseph Gates  
Operations Manager: Richard Lind  
Sacramental Coordinator: Chris Malone  
Liturgy Coordinator: Lydia Herrera  
Maintenance & IT: Ernie Nolder  
Maintenance: Roger Rodriguez  
Data Entry: Tom Moline

# MARCH 14, 2021



**Mass Intentions**

**Tuesday MARCH 16**  
 8:30am **+EUGENE CANAL**  
 Req. By: Pitcher Family  
 2nd Int. **+MARGARET & LAURENCE MELLO**  
 Req. By: Mello Family

**Wednesday MARCH 17**  
 8:30am **+JOHN PATRICK MALONE**  
 Req. By: Loving Family  
 2nd. Int. **+KEN DARGA**  
 Req. By: Gail, Mike & Leann

**Thursday MARCH 18**  
 8:30AM **+KIMBERLY STADTHER**  
 Req. By: Luz Reig

**Friday MARCH 19**  
 8:30 am **+KEVIN McGEOUGH**  
 Req. By: Susan & Frank Ward

**Saturday MARCH 20**  
 4:00pm **+GERALDINE VENHUIZEN**  
 Req. By: Loving Family

**Sunday MARCH 21**  
 9:30am **+BARBARA ROYSTAN**  
 Req. By: Helen Moran

**PARISHIONERS**

### RECEPTION OF THE SACRAMENTS

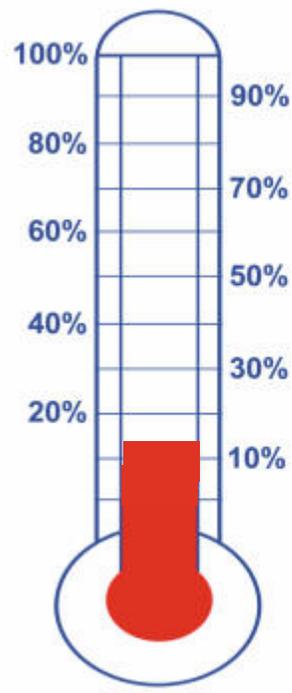
**Baptism:** For registered and active parishioners: Please contact the Church Office. Baptism instruction is required for Parents.

**Reconciliation (Confessions)**  
 Saturdays 2:00-3:00 PM in Adoration Chapel  
 Or by Appointment

**Weddings:** For registered and active parishioners: must be arranged with the pastor at least 6 months before the date desired. Please contact the Church Office for more details.

TODAY'S SCRIPTURE READINGS  
 First Reading: 32:14-16,19-23  
 Psalms 137:1-6  
 Second Reading Eph2:4-10  
 Gospel Jn 3:14-21

## Catholic Faith Appeal 2021



Our Goal  
**\$164,000**

# Thank You!

Raised so far:  
**\$16,136.00**

# FOURTH SUNDAY OF LENT

## Readings for the Week

### Monday

244: Is65:17-21 Ps30:2,4-6,11-12a,13b Jn 5:1-16

### Tuesday

245: Ez47:1-9,12 Ps 46:2-3,5-6,8-9 Mt18:21-35

### Wednesday ST. PATRICK

246: Is49:8-15 Ps145:8-9,13c-14,17-18 Jn5:17-30

### Thursday ST CYRIL OF JERUSALEM

247: Ex32:7-14 Ps 106:19-23 Jn5:31-47

### Friday ST. JOSEPH

Rom4:13,16-18,22 Mt1:16,18-21,24a



Every Friday in Lent.

\$10 a plate

5:00-7:00 PM

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K of C crew and  
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March 15 & 16

# THE FOURTH SUNDAY OF LENT

## St. Joseph's Day and the "Grittiness of Catholicism": Rich Leonardi

As an Italian-American kid during the '70s and '80s in the heavily Italian-American town of Rochester, New York, one of the highlights of late winter was St. Joseph's Day.

### Rivaling the Irish

Coming two days after the more widely — and raucously — celebrated St. Patrick's Day, Italian families would honor the patron saint of workers and the protector of the family by laying out "tables" of sweets, breads and greens. On a nearby credenza always stood a statue of St. Joseph, the child Jesus in one hand and a lily in the other.

The lily detail has a fascinating history. In the *Protevangelium*, an apocryphal gospel attributed to St. James, an angel reportedly requested that all the walking sticks of eligible widowers in greater Jerusalem be collected and brought to the Temple. Joseph's staff burst into flowers, just as Aaron's did in the Old Testament, signaling that he was to be Mary's groom. Statues of St. Joseph have included lilies ever since.



St. Joseph's Day itself was like an open house, with family and friends dropping by my grandmother Nani's, Aunt Mary's or mother's house, grabbing a bite to eat and coming and going as they pleased. Ideally, the parish priest would kick things off with a prayer to bless the table.

All this saintly celebrating so close to St. Patrick's Day didn't always sit well with my Irish friends. It was as though the Italians were encroaching on their calendared turf. In reality, though, St. Joseph's Day has been celebrated in the US for decades by families with roots in the old country, especially Sicily.

### A Generous Feast!

Tradition has it that during the Middle Ages Sicilians prayed to St. Joseph to end a drought-induced famine, and when their prayers were answered through a rain storm, the people showed their thanks by sharing their precious food with the poor. And precious it was, since for centuries Sicily has been one of the most impoverished regions in Italy. The feast day almost always falls during Lent, so it's customary to exclude meat. As a result, sausages, meatballs and roasts — culinary highlights in most Italian celebrations — are conspicuously absent. Instead the emphasis is on sweets, with honeyed cakes, rolls, and breads piled high on the table. No table would be complete without a large platter full of *sfinge* (pronounced SF-EEN-GEE), essentially a cross between a donut and a cream puff drenched in honey.

### Gritty Family Joy

George Weigel has a wonderful chapter about the "grittiness" of Catholicism in his book *Letters to a Young Catholic*. He describes how ours is a religion of "stuff": physical things through which God feeds our sacramental imaginations. St. Joseph's Day reflects that perfectly. We come together as an extended family to share the food we've made from His creation, and then we "hand on" (the literal meaning of the word "tradition") that custom to future generations.

This year it's my turn. After first moving to the Italian-deprived region of greater Cincinnati for school, I got far too accustomed to March 19 rolling around without any notice of the good St. Joseph. So my family is going to revive the tradition with a modest table. We've invited our parish priest to drop in for a blessing, and, since I'm a bit of a novice at this, my sister and her young family are driving in from New York — three-foot statue of St. Joseph in tow — to ensure that nothing is overlooked.

## Bind On the Breastplate of St. Patrick: Sean Fitzpatrick

Go, Patrick," a voice echoed through his sleep, "thy ship is prepared! Arise and go!" Patrick arose and went with a prayer on his lips. He slipped unseen from his master's house and fled down the western shore where he saw a ship disembarking. "Thy ship departs, Patrick," the voice cried again in his ears. Patrick plunged into the sea and caught a rope tossed to him by one of the sailors. After being kidnapped from his coastal home in Scotland to serve as a slave of a Druid priest in Ireland for six years, Patrick, the son of a Roman deacon, was free again. It was not the first time that Patrick would spurn pagan tyranny in his life. In years to come, he would end their oppression not by fleeing, but by bringing them freedom, arising armed and protected by a great, bright Breastplate bound to his soul.

After escaping from Ireland, the young Saint Patrick traveled to a monastery in France where he met with his uncle, St. Martin of Tours. He began studying for the priesthood and was ordained under the patronage of St. Germain. After years of missionary work, Patrick was chosen to defend the Faith against the Pelagian heresy in Britain. It was then that Patrick had another life-changing dream. "Patrick," voices called out in Gaelic, "walk once more with us." On the recommendation of Germain, Pope St. Celestine charged Patrick to sail back to the land of his captors as a bishop and gather the Irish into the fold of God's Church—a task abandoned by many missionaries for fear of fierce chieftains and eerie Druids. (Catholicexchange.com)

# MARCH 14, 2021



Setting foot once again on Irish soil, Patrick and his companions were met by armed guards. But the bishop had arms of his own to guard him. He boldly announced in their native tongue that he, a runaway slave, had returned to pay ransom to his master and offer him the freedom of the Truth. While news of the stranger spread, Patrick learned of the great spring gathering of the Druid priests near the castle of the High King Laoghire in Tara. On the night of March 26—the night before Easter Sunday, 433—all the fires in the kingdom were to be put out until the Druids lit the New Year Fire. This year's burning was regarded with special importance since the oracles had foretold that an enemy would land in Erin.

As they were making preparation, Saint Patrick mounted the Hill of Slaine, across the valley from Tara, and sent up a Paschal bonfire, bringing in the pagan new year in the Light of Christ. The Druids stood in horror at this profanity and implored that King Laoghire attack, lest the fire blaze forever in their land and conquer them all. The king commanded soldiers to swarm the Hill of Slaine and extinguish Patrick's defiant fire. Troops labored up the hill, laden with vessels of water and earth to douse the Christian flame; but no effort on their part could quench the fire. They could not smother the flames nor slay the man who knelt in their roaring glow. A Divine power shielded both the Holy Fire and the holy man who kindled it. The pagans slunk into the darkness, defeated and dumbfounded.

When Easter morning dawned, Patrick processed with his companions towards Tara. The valley below the castle was filled with an army of Druids who uttered terrible incantations to arrest the approach of Patrick and preserve the people from his sway. As they murmured and screamed their spells, the sun was suddenly obscured and a darkness struck the bravest among them with dread. Patrick challenged the Druids to dispel the shadow and, when they failed by the power of all the gods, he called on the One God and sunlight flooded the valley. Again, the pagans retreated and Patrick marched on Tara.

Report was brought to King Laoghire, who, in wonder of such power and courage, sent word that he would speak with Patrick and learn of the God he served. The Druids were enraged at this and set an ambush for the missionaries, determined to murder this invader before he reached the king. As Patrick approached the fortress with his company, the Druids set upon them with blade and club. Then, as legend has it, Patrick and his men became a tripping herd of deer, who leapt with speed and strength through the throng of attackers chanting a mighty song of protection called the *Lorica*, or the *Deer Cry*, but now most commonly known as St. Patrick's Breastplate:

Arriving at court before Laoghire, his queen, and his chieftains on that Easter day, Patrick was met with silence. The king had ordered his warriors to show no sign of respect to the strangers as they surrounded Patrick with their shields. But so noble was the bishop's bearing, that despite the king's orders, the royal poets stood in awe. "Your magicians only bring darkness," Patrick spoke. "They cannot bring you the light." Then and there, St. Patrick professed the Trinity, holding on high a shamrock plucked from the grass and disclosing that the secret of heaven lay in the sun beneath their feet. Moved by the eloquence of this giant, the queen and her daughters stepped forward begging for baptism, and the king granted Patrick permission to preach the Resurrection to the peoples of Ireland.

At that moment, Saint Patrick bound his beautiful Breastplate upon the soul of Ireland, facing all manner of defiance and danger as he preached, fasted, prayed, raised churches and monasteries, baptized, confirmed, and ordained. Patrick encased Ireland with the armor of a new faith and, though a Roman, became one with and one of the Irish people. The course that Patrick set Christianized the whole of Ireland within two hundred years of his ministry, making Ireland the only country in Europe to kneel before the Cross peacefully, bringing an end to slavery, human sacrifice, and tribal warfare. Saint Patrick's Breastplate shone brightly on the breast of Ireland for centuries, granting the protection and praise of the Three in One and the One in Three.

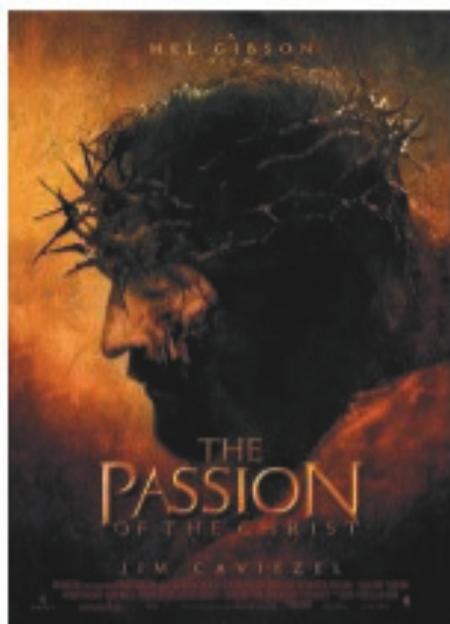
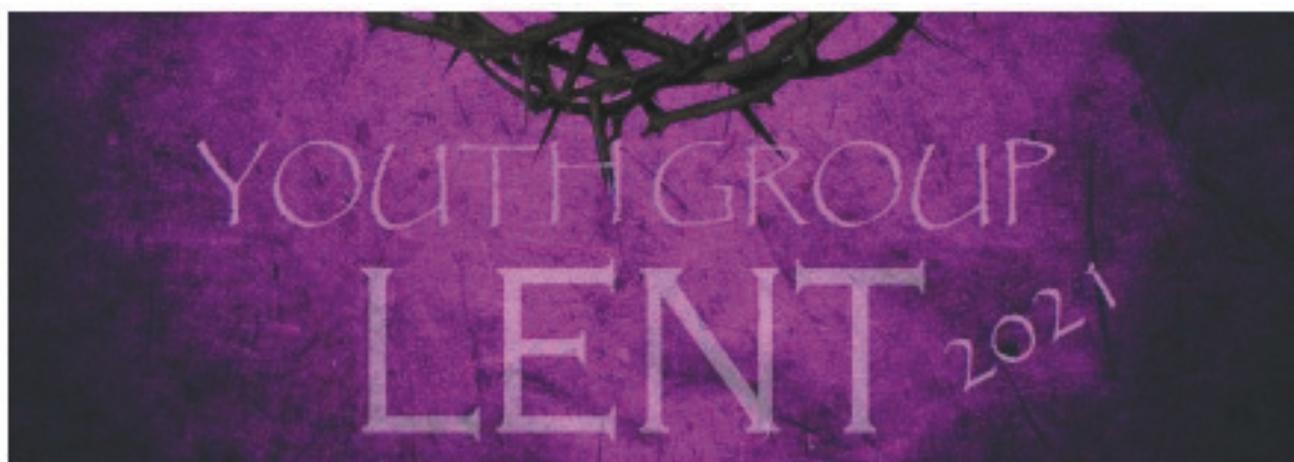


## St. Patrick's Breastplate



<p>I bind unto myself today The strong Name of the Trinity, By invocation of the same, The Three in One and One in Three.</p> <p>I bind this day to me for ever. By power of faith, Christ's incarnation; His baptism in the Jordan river; His death on Cross for my salvation; His bursting from the spiced tomb; His riding up the heavenly way; His coming at the day of doom;* I bind unto myself today.</p> <p>I bind unto myself the power Of the great love of the cherubim; The sweet 'well done' in judgment hour, The service of the seraphim, Confessors' faith, Apostles' word, The Patriarchs' prayers, the Prophets' scrolls, All good deeds done unto the Lord, And purity of virgin souls.</p> <p>I bind unto myself today The virtues of the starlit heaven, The glorious sun's life-giving ray, The whiteness of the moon at even, The flashing of the lightning free, The whirling wind's tempestuous shocks, The stable earth, the deep salt sea, Around the old eternal rocks.</p> <p>I bind unto myself today The power of God to hold and lead, His eye to watch, His might to stay, His ear to hearken to my need. The wisdom of my God to teach, His hand to guide, His shield to ward, The word of God to give me speech, His heavenly host to be my guard.</p>	<p>Against the demon snares of sin, The vice that gives temptation force, The natural lusts that war within, The hostile men that mar my course; Or few or many, far or nigh, In every place and in all hours, Against their fierce hostility, I bind to me these holy powers.</p> <p>Against all Satan's spells and wiles, Against false words of heresy, Against the knowledge that defiles, Against the heart's idolatry, Against the wizard's evil craft, Against the death wound and the burning, The choking wave and the poisoned shaft, Protect me, Christ, till Thy returning.</p> <p>Christ be with me, Christ within me, Christ behind me, Christ before me, Christ beside me, Christ to win me, Christ to comfort and restore me, Christ beneath me, Christ above me, Christ in quiet, Christ in danger, Christ in hearts of all that love me, Christ in mouth of friend and stranger.</p> <p>I bind unto myself the Name, The strong Name of the Trinity; By invocation of the same. The Three in One, and One in Three, Of Whom all nature hath creation, Eternal Father, Spirit, Word: Praise to the Lord of my salvation, Salvation is of Christ the Lord.</p> 
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**MARCH 14, 2021**



**Wednesday, March 24**

**6:30 to 9:00 PM**

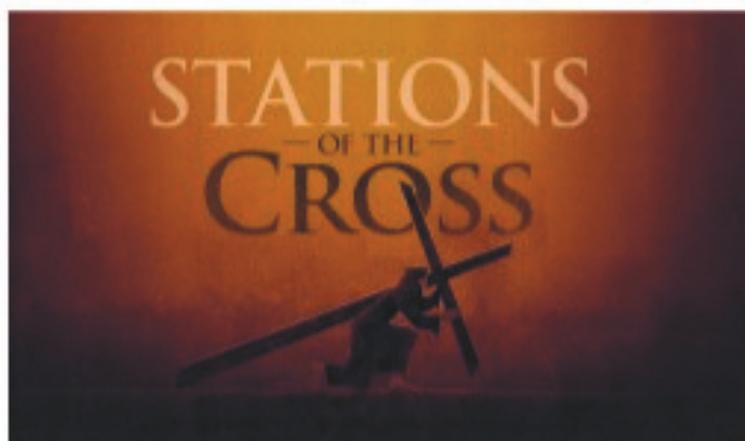
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**Holy Wednesday,  
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For more information contact

David ([faith.formation@sfxcparish.com](mailto:faith.formation@sfxcparish.com)) or Mickey ([youth.minister@sfxcparish.com](mailto:youth.minister@sfxcparish.com))

# THE FOURTH SUNDAY OF LENT



On this amazing 11 day pilgrimage to Fatima you will visit sites associated with not only Mary, our blessed mother, but the visionaries Lucia, Jacinta and Francisco, St. Anthony of Padua, Saint John of the Cross, and the apostle James, son of Zebedee. This pilgrimage will include a river cruise through the Douro River Valley, the heart of Portugal's Wine country, and will ultimately reach the magical medieval city of Salamanca, Spain.

There will even be an optional 2-day add-on trip to Compostela, Spain to pay homage to the relics of the apostle James, known in Spanish as Santiago. Participants who wish will even be able to walk the final 10 miles of the famous Camino! October 2021 will be the perfect time for such an adventure – the summer heat will have subsided but the brilliant blue skies of sun-drenched Portugal will brighten an adventure full of spiritual growth, Catholic heritage, and cultural richness.



Known on Catholic radio and TV as "Dr. Italy," Dr. D'Ambrosio is a NY Times best-selling author and a renowned commentator on Catholic issues appearing on Fox News' "Geraldo Rivera At Large" and Bill O'Reilly's radio show. A doctoral student of theologian Avery Cardinal Dulles, Marcellino is an expert on the history of the Church in Spain and Portugal and has a special familiarity with the shrines we will be visiting on this very special tour and the associated saints. Dr. Italy, who is fluent in Spanish, will be our principal guide, providing expert commentary on saints, sites, wines and shrines of Spain and Portugal.

Jeff Cavins is recognized both nationally and internationally as an exciting public speaker and bible teacher. He is the creator and founder of the popular Great Adventure Bible Study series published by Ascension Press. Jeff is the founding host of EWTN's weekly program "Life on the Rock" as well as Relevant Radio's daily show, "Morning Air." Jeff received an MA in Theology from Franciscan University of Steubenville. He is the Director Emeritus and teacher at the Catechetical Institute at the St. Paul Seminary in St. Paul, Minnesota.



[www.crossroadsinitiative.com/pilgrimages/2021-douro-river-cruise/](http://www.crossroadsinitiative.com/pilgrimages/2021-douro-river-cruise/)



Diocese of Venice  
Fr. Joseph Gates  
(St. Frances Cabrini)

Fr. Casey Jones  
(St. Elizabeth Seaton)



Diocese of Austin  
Fr. Tim Nolt



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Optional Extension to Compostela \$895

\$500 deposit due upon registration. Final payment due

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## DATES

Pilgrimage October 13 – 24, 2021

Compostela October 25 – 26, 2021

**NOTE:** Mass for our group will be celebrated daily by our pilgrimage chaplains in some of the most amazing sites in Spain and Portugal!



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- Google review by Dan Torony