

# St. Frances Cabrini Catholic Church

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**CORPUS CHRISTI**

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OFFICE HOURS

M,T, Th, F 9:00am-3:00pm

Closed Wednesday

I put before you the one great thing to  
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There you will find romance, glory, honour,  
fidelity, and the true way of all your loves on earth.

- J.R.R. Tolkien -



## **SCHEDULE OF MASSES**

**Daily Mass: T, W, TH, F - 8:30 AM**

**Saturday Vigil: 4:00 PM**

**Sunday: 9:30 AM & 11:00 AM**

Music Director and Rel. Ed. Coordinator:  
David Collins

## **PARISH STAFF**

Pastor: Fr. Joseph Gates  
Operations Manager: Richard Lind  
Sacramental Coordinator: Chris Malone  
Liturgy Coordinator: Lydia Herrera  
Maintenance & IT: Ernie Nolder  
Maintenance: Roger Rodriguez  
Data Entry: Tom Moline

# JUNE 6, 2021



**Mass Intentions**

**Tuesday**  
8:30am  
Wednesday  
8:30am  
Req. By:  
**Thursday**  
8:30am  
Req. By:  
**Friday**  
8:30am  
Req. By:  
**Saturday**  
4:00 PM

**Req. By:**  
**Sunday**  
930am  
Req. By:  
11:00am

**JUNE 8**  
**POOR SOULS IN PURGATORY**

**JUNE 9**  
**+SEAN PALMER**  
Mom & Dad

**JUNE 10**  
**+CARL B. VALVO**  
Richard & Carol Valvo

**JUNE 11**  
**+ROBERT GONZALES**  
Lydia

**JUNE 12**  
**+DECEASED MEMBERS OF THE DeLUCA FAMILY**  
Loving Family

**JUNE 13**  
**+WARD FAMILY**  
Cheryl Wylor  
**PARISHIONERS**

## TODAY'S SCRIPTURE READINGS

First Reading: 168 Ex24:3-8

Psalms 116:12-13,15-18

Second Reading Heb 9:11-15

Gospel Mk 14:12-16,22-26

## Catholic

## Faith Appeal

## 2021



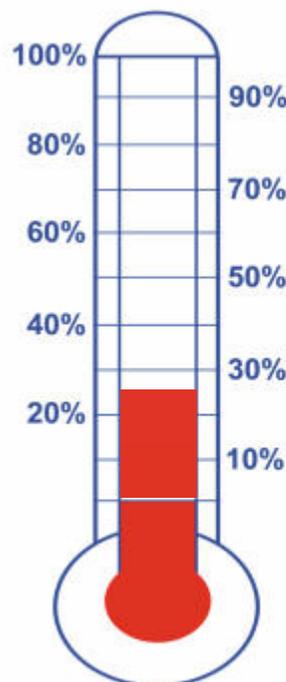
### RECEPTION OF THE SACRAMENTS

**Baptism:** For registered and active parishioners: Please contact the Church Office. Baptism instruction is required for Parents.

#### **Reconciliation (Confessions)**

Saturdays 2:00-3:00 PM in Adoration Chapel  
Or by Appointment

**Weddings:** For registered and active parishioners: must be arranged with the pastor at least 6 months before the date desired. Please contact the Church Office for more details. **941-776-9097**



Our Goal

**\$164,000.00**

## Thank You!

Raised so far:

**\$43,108.95**

# CORPUS CHRISTI

## READINGS FOR THE WEEK

### MONDAY

359: 2Cor.1:1-7 Ps 34:2-9 Mt 5:1-12

### TUESDAY

360: 2Cor 1:18-22 Ps 119:129-133,135 Mt 5:13-16

### WEDNESDAY ST. EPHREM

361: 2Cor 3:4-11 Ps 99:5-9 Mk 5:17-19

### THURSDAY

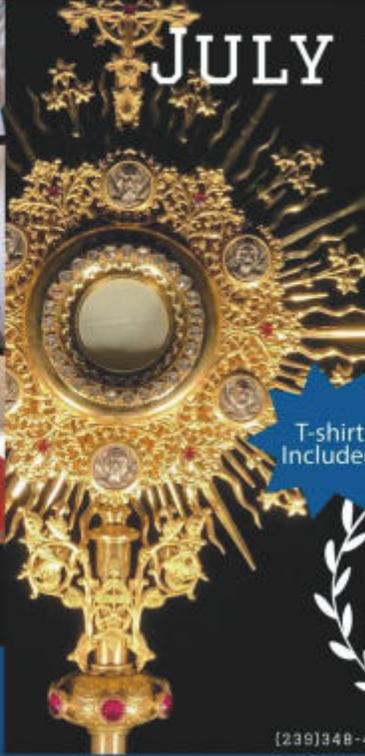
362: 2Cor 3:15—4:1,3-6 Ps 85:9ab,10-14 Mt 5:20-26

### FRIDAY THE MOST SACRED HEART of JESUS

171:Hos11:1,3-4,8c-9 Ps 1s12:2-6 Eph3:8-12,14-19 Jn19:31-37



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# CORPUS CHRISTI

means  
BODY OF CHRIST



THE FEAST OF THE BLESSED SACRAMENT



## ATTENTION

Eucharistic Ministers are now able to visit the sick in Hospitals, Nursing Homes and Private Homes. If you or someone you know would like to receive Holy Communion and are not able to come to Church, please call the Church Office. You will receive a call back to set up an appointment with a Eucharistic Minister. **941-776-9097**

# CORPUS CHRISTI

## The Eucharist, Our Food for the Journey: JP Nunez

**Why do we receive the Eucharist?** To some, that may seem like a silly question. It's the body and blood of Jesus, so why wouldn't we receive it? However, I don't think the issue is quite so simple. Yes, it's great to have God physically present among us, but why would we want to eat and drink that presence? What exactly does consuming Jesus' body and blood do for us? That's a much tougher question to answer, and in this article, I want to look at how the Bible answers it. Specifically, I want to look at what Jesus said about the importance of the Eucharist in our spiritual lives.

### ***For the Life of the World***

Many Catholics are familiar with the sixth chapter of John's Gospel. In it, Jesus gives a sermon that scholars call the Bread of Life Discourse, and this sermon (particularly verses 51-58) is often used in apologetics to show that the Eucharist really is Jesus' body and blood. He repeatedly tells his followers that they must eat his flesh and drink his blood, clearly confirming the Catholic belief that the Eucharist is not just a symbol. However, this sermon teaches us more than just the bare fact of Jesus' real presence; it also tells us a bit about the role the Eucharist is supposed to play in our spiritual lives. In particular, one thing Jesus says in it is packed to the brim with meaning:

"I am the living bread which came down from heaven; if any one eats of this bread, he will live forever; and the bread which I shall give for the life of the world is my flesh." (John 6:51)

When we read Jesus' words about his flesh being given "for the life of the world," most of us understand him to be referring to his sacrificial death. On the cross, Jesus gave his life, his flesh, to redeem the entire world (1 John 2:1-2), and he gives us that very same flesh in the Eucharist. However, I would suggest that there is more here than meets the eye. Yes, Jesus is referring to his death, but his words have a second meaning as well, one that tells us a lot more about the role the Eucharist should play in our spiritual lives.

### ***The New Manna***

If we go back and read this verse in context, we can see that the Bread of Life Discourse was prompted by a short dialogue that Jesus had with his audience. In this dialogue, the people ask him what sign he would perform so they could know for sure that he came from God, and they cite the manna, the miraculous bread from heaven that sustained the Israelites as they traveled to the Promised Land after their exodus from Egypt (the story is recounted in Exodus 16:1-36), as an example of the kind of sign they're looking for (John 6:30-31). In response, Jesus tells them that the manna foreshadowed the "true bread from heaven" that God would later give his people (John 6:32), and then he begins his Bread of Life Discourse, where he explains that he himself (and ultimately his body and blood in the Eucharist) is the "bread which came down from heaven" (John 6:41, 51).

With that background, we can see that when Jesus says that his flesh is given "for the life of the world" in the Eucharist, he means that his flesh is the new manna, the "true bread from heaven" that is intended to sustain all of us on our journey to our heavenly homeland just as the manna in the Old Testament fed the Israelites on their journey to the Promised Land. However, this raises a question for us. How exactly does the Eucharist sustain us spiritually? What does it really mean to say that the Eucharist is our food for our journey to heaven?

In the rest of the Bread of Life Discourse, Jesus gives us a few clues to help us answer those questions. First, he tells us:

"Truly, truly, I say to you, unless you eat the flesh of the Son of man and drink his blood, you have no life in you; he who eats my flesh and drinks my blood has eternal life, and I will raise him up at the last day." (John 6:53-54)

In this passage, Jesus teaches us that the Eucharist quite literally sustains our spiritual lives. Without it, as he says, we "have no [spiritual] life" in us. In other words, it helps to sustain the life of grace within us, the grace that we receive at baptism and that we believe will flower into the life of heaven once we die, just as earthly food sustains our physical lives. More specifically, as the *Catechism of the Catholic Church* explains, the Eucharist "preserves, increases, and renews the life of grace," "separates us from sin," and "preserves us from future mortal sins" (CCC 1392-1393, 1395).



If angels could be jealous of men, they would  
be so for one reason: Holy Communion.

-St. Maximilian Kolbe -



# JUNE 6 2021

## ***Abiding in Christ***

Secondly, Jesus tells us that "He who eats my flesh and drinks my blood abides in me, and I in him" (John 6:56). Now, this verse is interesting because it's the reverse of what we would expect him to say. We would expect Jesus to first say that the Eucharist allows him to abide in us (after all, we receive him in this sacrament, not the other way around) and only secondly to say that it allows us to abide in him, but that's not what he does. No, he reverses the order, implying that our presence within him is more important than his presence within us.

But what does that mean? How can we abide in Jesus? He doesn't answer this question in the Bread of Life Discourse, but he picks up this loose thread later in John's Gospel and subtly explains what he means:

"I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing. If you do not remain in me, you are like a branch that is thrown away and withers; such branches are picked up, thrown into the fire and burned." (John 15:5-6)

Now, the connection between these two passages is obscured a bit in many English translations. In the Bread of Life Discourse, Jesus says that the Eucharist allows us to "abide" in him, and here he's saying that we must "remain" in him. Those are two different verbs, but in Greek they're actually the same word. Consequently, for John's original readers, the connection would have been crystal clear.

And what precisely is that connection? The Eucharist allows us to "abide" or "remain" in Jesus just as branches abide in their vine. Just as a vine gives life to its branches and allows them to grow and flourish, so too does the Eucharist connect us to the source of our spiritual life, Jesus, allowing us to grow and flourish spiritually. It allows us to bear fruit for God, obeying his laws and following his will for our lives, and without it, we can't fulfill our vocations or live faithful Catholic lives. In a nutshell, this sacrament connects us to the source of all grace and holiness, and the more we receive it, the stronger that connection becomes.

## ***Food for the Journey***

So the next time you go to Mass and receive Communion, remember that you're not just performing some archaic religious ritual that Jesus instituted a couple thousand years ago. No, when we receive the Eucharist, we nourish our souls with the new manna, the new bread from heaven that sustains our spiritual lives just like the manna in the Old Testament sustained the Israelites' physical lives. It strengthens us to live as faithful Christians in a hostile world, making sure that we remain connected to the source of all holiness and spiritual strength, Jesus Christ. Simply put, the Eucharist is food for our journey home, food that helps us to survive the hostile desert of this world and arrive safely at our heavenly homeland. (Catholicexchange.com)

"Christ held Himself in His hands when He gave His Body to His disciples saying: 'This is My Body.' No one partakes of this Flesh before he has adored it."

- *St. Augustine*

"Recognize in this bread what hung on the cross, and in this chalice what flowed from His side... whatever was in many and varied ways announced beforehand in the sacrifices of the Old Testament pertains to this one sacrifice which is revealed in the New Testament."

- *from the writings of St. Augustine, Sermon 3, 2; circa A.D. 410 {original translation}*

"O Lord, we cannot go to the pool of Siloe to which you sent the blind man. But we have the chalice of Your Precious Blood, filled with life and light. The purer we are, the more we receive."

- *St. Ephraem*

"When the bee has gathered the dew of heaven and the earth's sweetest nectar from the flowers, it turns it into honey, then hastens to its hive. In the same way, the priest, having taken from the altar the Son of God (who is as the dew from heaven, and true son of Mary, flower of our humanity), gives him to you as delicious food."

- *St. Francis de Sales*

"When you have received Him, stir up your heart to do Him homage; speak to Him about your spiritual life, gazing upon Him in your soul where He is present for your happiness; welcome Him as warmly as possible, and behave outwardly in such a way that your actions may give proof to all of His Presence."

"What wonderful majesty! What stupendous condescension! O sublime humility! That the Lord of the whole universe, God and the Son of God, should humble Himself like this under the form of a little bread, for our salvation"

"...In this world I cannot see the Most High Son of God with my own eyes, except for His Most Holy Body and Blood."

- *St. Francis of Assisi*

JUINE 6, 2021



# St. Frances Cabrini Logo Contest



Winner gets a free pew for either a Christmas or Easter Service!  
Deadline is July 1st! Send to [Jgates@sfxcparrish.com](mailto:Jgates@sfxcparrish.com)

Designs need to be done in a Digital, Vector Format, as a .jpeg or .png  
Minimum file size: 680 pixels wide x 490 pixels high,



## CORPUS CHRISTI



Come Join Us!

Thursday, July 1st at  
6:00PM

In the Mother Cabrini  
Center

Please call the parish office at 776-9097 to RSVP with the number of people who will be attending and the entrée, side dish, or dessert you would like to bring.

**“There's no diet list I'll follow that would rule out cherry pie.”**

**— Edgar A. Guest**





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