

St. Frances Cabrini Catholic Church

12001 69th Street East, Parrish, FL 34219

SECOND SUNDAY OF LENT

WWW.sfxcparrish.com

Home@sfxcparrish.com

941.776.9097

OFFICE HOURS

M,T, Th, F 9:00am-3:00pm

Closed Wednesday

**CONFESS SIN
QUICKLY. YOU
DON'T WANT
TO ALLOW
YOUR HEART
TO GET IN THE
HABIT OF
KEEPING SIN
A SECRET.
JACKIE HILL PERRY**



SCHEDULE OF MASSES

Daily Mass: T, W, TH, F - 8:30 AM

Saturday Vigil: 4:00 PM

Sunday: 8:00 AM & 10:15 AM

Music Director and Rel. Ed. Coordinator:
David Collins

PARISH STAFF

Pastor: Fr. Joseph Gates
Operations Manager: Richard Lind
Sacramental Coordinator: Chris Malone
Liturgy Coordinator: Lydia Herrera
Maintenance & IT: Ernie Nolder
Maintenance: Roger Rodriguez
Data Entry: Tom Moline

MARCH 13, 2022



Mass Intentions
MARCH 15
+THERESA WANGRYCHT
 Homebound Ministry
+MARIBETH RAFFA
 Husband, Thomas

Wednesday MARCH 16
+KEN DARFGA
 Gail, Mike, & Leane
+LAWRENCE MELLO
 Mello Family

Thursday MARCH 17
+JOHN PATRICK MALONE
 Loving Family
+JOSEPH & LILLIAN FINN
 Nanna & Pop

Friday MARCH 18
+LUIS RIVERA
 Family
+EUGENE CHRISTIE
 Peter Ghizari

Saturday MARCH 19
+GERALDINE VENHUIZEN
 Loving Family
+JOSEPH EVERMAN
 Wife, Janet

Sunday MARCH 20
+KRYSTYNS MAJEWSKA
 Niece
+RICHARD & ROBERT RIZZO
 Jim & Steph Kilcoyne
PARISHIONERS
+MAUREEN KARNER
 Edgar & Vivian Gascon
SACRAMENTS

Baptism: For registered and active parishioners: Please contact the Church Office. Baptism instruction is required for Parents. **Reconciliation** (Confessions Saturdays 2:00-3:00 PM in Adoration Chapel Or by Appointment
Weddings: For registered and active parishioners: must be arranged with the pastor at least 6 months before the date desired. Please contact the Church Office for more details. 941-776-9097

TODAY'S SCRIPTURE READINGS

First Reading: 27:Gn 15:5-12,17-18
 Psalms: Ps 27:1,7-9,13-14
 Second Reading: Phil 3:17-4:1
 Gospel Reading: Lk 9:28b-36



Annual Giving Statements

Contribution Statement

If you wish a statement of your 2021 Contributions to St. Frances Cabrini Church, Please fill out the form below. We will email or put your statement in the Narthex. If you want it mailed to your home we can do that also.

Name: _____

Address: _____

Envelope # _____

Email: _____

SECOND SUNDAY IN LENT

Readings for the Week

Monday

230: Dn 9:4b-10 Ps79:8-9,11,13 Lk 6:36-38

TUESDAY

231:Is1:10,16-20 Ps 50:8-9,16b-17,21,23 Mt 23:1-12

Wednesday

232:Jer 18:18-20 Ps 31:5-6,14-16 Mt20:17-28

Thursday St. Patrick

233:Jer 17:5-10 Ps 1:1-4,6 Lk16:19-31

Friday St. Cyril of Jerusalem

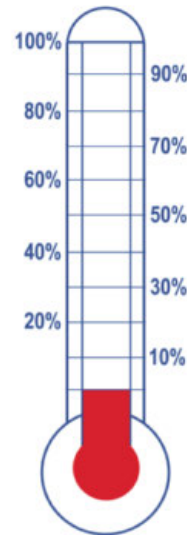
234:Gn37:3-4,12-13a,17b-28a Ps 105:16-21 Mt 21:33-43,45-46



Supporting Our Diocese

Every Diocese asks each Parish to give a certain amount to help fund the different Diocesan Offices, inter-missionary Parishes, Catholic Charities, and Vocations (just to name a few).

Should we not meet this goal, then the parish will have to take out a loan which would put us further in debt. Any monies we make over our goal, we get to keep.

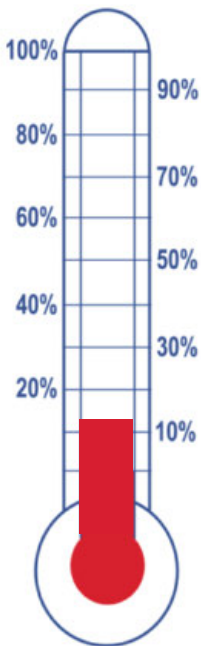


Our Goal

\$164,000.00

Thank You!

Raised so far:
15,778.24



Our Goal

\$526,460.888

Thank You!

Raised so far:
\$94,945.00



Parish Focused Giving

Helping to relieve our Parish of St. Frances Cabrini!
Debt Free by 2023

If you would be so kind as to keep your tithing and Debt Reduction checks separate, it would help us tremendously in the office! If each family of the Parish is able to give \$1,000 we will be debt free by 2023!

Thank you for your generosity!

SECOND SUNDAY OF LENT



The Department of Education with the Diocese of Venice in Florida has partnered with the Franciscan University to offer online classes in scripture, prayer, ethics, sacraments and youth ministry, plus many more courses on Catholicism are available. Each parish in the Diocese of Venice sponsors an annual subscription of these great courses. Many chose to complete a certificate in catechesis or take courses to learn more about the Catholic Faith. Courses are

offered online in English or Spanish. To set up an account, go to the Franciscan at Home website and find the Diocese of Venice as a partnering Diocese. Sign up and begin learning the Catholic Faith for no cost!! Please contact for more information, Anne Chrzan, Diocesan Director of Religious Education, at (941) 484-9543 or email: Chrzan@dioceseofvenice.org

HOMEBOUND AND NURSING HOMES MINISTRY

St. Frances Cabrini Church has an active Homebound and Nursing Home Ministry. Extraordinary Ministers visit our Parish Members who are unable to attend Mass due to illness or physical incapacities bringing them the Eucharist on a weekly basis. If you know of a parishioner who would like to have a Eucharistic Minister visit them please call the Church Office at (941



Stillpoint Mission Migrant and Needy Children Easter Shoe Campaign

Stillpoint Mission is hosting it's Easter Shoe Campaign for those in need. \$25 gives a young child the opportunity to select a new pair of shoes with the size and style they wish. Please make checks payable to "Stillpoint Mission, Inc." with "FOR SHOES" in the lower left corner of the Check.



To mail your donation, the address is Stillpoint Mission, P.O. Box619 Bradenton, Florida 34206. If you would prefer to donate via a Credit Card please visit www.stillpointmission.org.

Thank you for your generosity.



Every Friday in Lent.

5:00-7:00 PM
Starting March 4

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MARCH 13, 2022



March 17

Thursday



At 5:30PM

in the Parish Hall

Please call the parish office at 776.9097 to RSVP with the number of people who will be attending and the entrée, side dish, or dessert you would like to bring.

Baby Tea Fundraiser

April 23, 2022

St. Frances Cabrini Parish Hall

All women are invited to come to the Baby Shower Tea.



There is no charge for this event. We ask you to please bring baby articles to this event.

More information to come!

“How can there be too many children? That is like saying there are too many flowers.”
St. Teresa of Calcutta

SECOND SUNDAY OF LENT

Saint Robert Bellarmine on the Fruits of Fasting

The necessity of fasting is twofold, derived from divine law and human law. Of the divine, the prophet Joel speaks: "Be converted to me with your whole heart, in fasting, and in weeping, and in mourning." The same language is used by the prophet Jonah, who testifies that the Ninevites, in order to appease the anger of God, proclaimed a fast in sackcloth. And yet, there was not any positive law on fasting then. The same may be learned from the words of our Lord in St. Matthew's Gospel: "But thou, when thou fastest, anoint thy head and wash thy face, that thou appear not to men to fast, but to thy Father, who is in secret; and thy Father, who seeth in secret, will repay thee."

St. Augustine thus speaks in his letter to Casulanus: "In the Gospels and epistles, and in the whole of the New Testament, I see fasting is a precept. But on certain days we are not commanded to fast; and the particular days on which we must [fast] are not defined by our Lord or the apostles." - *St. Augustine, Letter 36, ch. 11.*

St. Leo also says in his sermon on fasting: "Those which were figures of future things have passed away, what they signified being accomplished. But the utility of fasting is not done away with in the New Testament; but it is piously observed that fasting is always profitable both to the soul and body. And because the words 'Thou shalt adore the Lord thy God, and serve Him alone' . . . were given for the knowledge of Christians, so in the same Scripture, the precept concerning fasting cannot be interpreted away." - *St. Leo the Great, Fourth Sermon on the December Fast, ch. 2.*

St. Leo does not mean to say here that Christians must fast at the same times the Jews were accustomed to fast. But the precept of fasting given to the Jews is to be observed by Christians according to the determination of the pastors of the Church, as to time and manner.

Fruits of Fasting: The fruits and advantages of fasting can easily be proved. First, fasting is most useful in preparing the soul for prayer, and the contemplation of divine things, as the angel Raphael says: "Prayer is good with fasting." Thus for forty days, Moses prepared his soul by fasting before he presumed to speak with God. I cannot forbear quoting the words of St. John Chrysostom: "Fasting is the support of our soul: it gives us wings to ascend on high, and to enjoy the highest contemplation."

Another advantage of fasting is that it tames the flesh; and such a fast must be particularly pleasing to God, because He is pleased when we crucify the flesh with its vices and concupiscences, as St. Paul teaches us in his letter to the Galatians; and for this reason, he himself says, "But I chastise my body, and bring it into subjection, lest perhaps, when I have preached to others, I myself should become a castaway." And of the advantages of fasting in this respect, the whole Church in the office sings, "Moderation in food and drink tames the pride of the flesh."

Fasting Honors God: Another advantage is that we honor God by our fasts when we fast for His sake. Thus the apostle Paul speaks in his letter to the Romans: "I beseech you therefore, brethren, by the mercy of God, that you present your bodies as a living sacrifice, holy, pleasing unto God, your reasonable service." In the Greek, "reasonable service" (*logiken latreian*) is "reasonable *worship*"; and St. Luke speaks of this worship when mentioning the prophet-ess Anna: "And she was a widow until fourscore and four years, who departed not from the temple, by fasting and prayers serving night and day."

The great Council of Nicaea calls the fast of Lent "a clean and solemn gift, offered by the Church to God." St. Leo, in his second sermon on fasting, says, "For the sure reception of all its fruits, the sacrifice of abstinence is most worthily offered to God, the giver of them all."

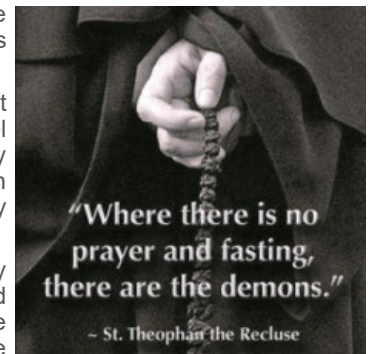
Fasting Satisfies God: A fourth advantage of fasting is that it is a satisfaction for sin. Many examples in Scripture prove this. The Ninevites appeased God by fasting, as Jonah testifies. The Jews did the same, for by fasting with Samuel, they appeased God and gained victory over their enemies. The wicked king Ahab, by fasting and sackcloth, partly satisfied God. In the times of Judith and Esther, the Hebrews obtained mercy from God by no other sacrifice than fasting, weeping, and mourning.

This is also the constant doctrine of the holy Fathers. Tertullian says, "As we refrain from the use of food, so our fasting satisfies God." St. Cyprian: "Let us appease the anger of an of-fended God by fasting and weeping, as He admonishes us." St. Ambrose also says, "Fasting is the death of sin, the destruction of our crimes, and the remedy of our salvation." St. Jerome remarks, "Fasting and sackcloth are the arms of penance, the help of sinners." St. Augustine likewise says, "No one fasts for human praise, but for the pardon of his sins."

How We Should Fast: Here, then, we have seen the necessity and the fruits of fast-ing. I will now briefly explain the *manner* in which we must fast, so that our fasting may be useful in enabling us to lead a good life and, by this means, to die a good death. Many fast on all the days appointed by the Church: on vigils, on Ember Days, and during Lent. And some fast of their own accord in Advent also, so that they may piously prepare themselves for the Nativity of our Lord; or on Fridays, in memory of our Lord's Passion; or on Saturdays, in honor of the Blessed Virgin Mother of God.

The chief end of fasting is the mortification of the flesh, so that the spirit may be strengthened more. For this purpose, we must use only spare and unsavory diet. And this our mother the Church points out since she commands us to take only one "full" meal in the day, and then not to eat meat. Now, this is certainly not observed by those who, on their fasting days, eat as much in one meal, as they do on other days at their dinner and supper together; and who, at that one meal, prepare so many dishes of different fishes and other things to please their palate, that it seems to be a dinner intended, not for weepers and fasters, but for a nuptial banquet that is to continue throughout most of the night! Those who fast thus certainly do not derive the least fruit from their fasting.

Nor do those derive any fruit who, although they may eat more moderately, yet on fasting days, do not abstain from games, parties, quarrels, dissensions, lascivious songs, and immoderate laughter; and what is still worse, commit the same crimes as they would on ordinary days. Those pious people who wish their fasting to be pleasing to God and useful to themselves should avoid these and other such sins. They may then hope to live well and die a holy death. (Catholicexchange.com)



MARCH 13, 2022

Fatima Is a Wake-Up Call (2019): Fr. Nicholas Sheehy, LC

The world plagued by sin needed a wake-up call. Over 100 years ago, the sun danced in Portugal. This miraculous event gave credibility to the whole Fatima event and served as proof that it was truly a divine intervention in a world already doubting the existence of God. Three shepherd-children: Lucia, Francisco y Jacinta would be changed by the events that led up to the miraculous occasion and would go on to make history by how they responded to Our Lady of Fatima. The world could never have known how this humble woman, joined by these simple children, would change the course of history.

Some people have wanted to limit the message of Fatima to the concrete political context of the day. Fatima seemed to be tied up with Russia, since Mary had asked for the consecration of Russia to Mary. It seemed necessary to re-affirm the value of the faith in the face of the rising Communist power of the Soviet Union. She surely had something to do with the downfall of Communism, but this is not her most important message.

Fatima is a call to the world to turn away from sin. Beyond any possible political or humanitarian message, it is a call to prayer and repentance. Mary came to advocate for her Son, that men and women all over the world could turn away from their sinful ways and turn back to God.

The apparitions at Fatima re-affirm the Catholic dogma of the Immaculate Conception and promote devotion to Mary specifically in the image of her Immaculate Heart. The doctrine of the Immaculate Conception is so important, because it sets Mary apart from all other women, even from all other creatures. The fact that she was conceived free from the effects of original sin prove that she was not merely any Jewish maiden God chose for the birth of the Messiah, but rather that she was truly a privileged creature worthy of our imitation and devotion.

In Fatima, Mary had a precursor. The year before the children saw the Blessed Virgin, the Angel of Peace appeared to them on three occasions. When they see the Angel of Peace, Francisco was not able to hear him. It was only after much prayer that he received the grace of hearing the angel with the two girls. This episode demonstrated that we can effectively pray poorly. Praying is a learned art we master in order to communicate with God.

Mary called us especially to prayer and repentance at Fatima. The shepherd children, probably goaded by Francisco, lazily recited the rosary each afternoon after lunch. They knew they had to obey their parents and pray the rosary but suffered through the many Our Fathers and Hail Marys. To accelerate the process, they merely said the names of the prayer, cutting down significantly the time invested each day. But it also destroyed the value of the prayer, for they were certainly not looking for God.

The sun danced to prove the truth of the children's testimony. They had exhorted the pilgrims to prayer and repentance, and the Blessed Virgin Mary backed up their story with the miracle of the sun. All the people who had come to the last apparition saw a miraculous movement of the sun. It changed in size and in position so that all could believe that there had indeed been divine intervention throughout the monthly apparitions of the Blessed Virgin.

The shepherd children show us we must pray for sinners, so that they may not suffer the flames of Hell. Mary shows us through these children that the spiritual life is not a joke. Rather, we must learn from her to be true followers of her son.

It is important to pray the rosary. The rosary is a traditional Catholic prayer that has helped Christians down through the centuries. Since the call of the Blessed Virgin is a call of repentance, the rosary serves as a great tool to achieve our own conversion and the conversion of poor sinners. The rosary helps for conversion because it is a great way to put God and His Will far above ourselves and our own wills. In the rosary, we contemplate the mysteries of redemption and spend time with Jesus and Mary. We pray the Our Father, the perfect prayer that Jesus taught us.

The modern world has tried to deny the existence of God and especially the existence of sin. Everything around us proclaims an anti-Gospel that you should do what you want and ignore the consequences. Fatima refutes the denial of sin because it is a celebration of her immaculate conception. The Blessed Virgin Mary only makes sense in relation to God the Father, and especially to God the Son, Jesus Christ. She is the first apostle against sin, because she wants her Son to triumph over sin and death. The miracle of the sun was a reminder of the miracle of her Son. (Catholicexchange.com)



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