

THE HOLY COMMUNION

Eucharistic preface of the Temptation of the Lord

Sanctus AND Benedictus

Mysterium fidei

Doxology AND Great amen

The Lord's Prayer

Agnus Dei

Communion proper Graduale Romanum, Mode III

Scapulis suis

He will overshadow you with His pinions, and you will find refuge under His wings.
His faithfulness will encompass you with a shield.

(Psalm 91:4)

+ Instruction on the worthy reception of Holy Communion +

Our reception of Holy Communion is a profound act of surrender of self. When we receive, we are asking the Lord to transform us into Him; we are confessing, "He must increase, and I must decrease." We should not receive just out of rote habit, but with living faith and a true desire for conversion and salvation, both for my own soul and for the whole world. Therefore, it is vital that we receive the Sacrament worthily, as the Church instructs us.

To worthily receive the Sacrament of Holy Communion one must be a Baptized Catholic in good-standing, in a state of Sanctifying Grace (meaning without unconfessed mortal sins), and have kept the one-hour fast from all food and drink (medicines or water do not break the fast). Christians who are not baptized in the Catholic Church, Catholics who are married outside of the Church, and Catholics who have been long-away from the practice of the faith and have not been to reconciled through the Sacrament of Confession should refrain from receiving Holy Communion.

All who are not receiving Holy Communion are encouraged to express in their hearts a prayerful desire for unity with the Lord Jesus.

Hymn

He who would valiant be

MONK'S GATE



1 He who would val - iant be 'gainst all dis - as - ter, ___
2 Who so be - set him round with dis - mal sto - ries, ___
3 Since, Lord, thou dost de - fend us with thy Spi - rit, ___



let him in con - stan - cy fol - low the Mas - ter. ___
do but them-selves con - found, his strength the more is. ___
we know we at the end shall life in - her - it. ___



There's no dis - cour - age - ment shall make him once re - lent
No foes shall stay his might, though he with gi - ants fight;
Then fan - cies flee a - way; I'll fear not what men say,



his first a - vowed in - tent to be a pil - grim.
he will make good his right to be a pil - grim.
I'll la - bor night and day to be a pil - grim.

Text: Percy Dreamer, (1868-1936); after John Bunyan (1628-1688)

Music: MONK'S GATE, 11.11.12.11. Sussex folk melody, arranged by Ralph Vaughan-Williams, (1872-1958)

Prayer after Communion

Renewed now with heavenly bread, by which faith is nourished, hope increased,
And charity strengthened, we pray, O Lord, that we may learn to hunger for Christ,
The true and living Bread, and strive to live by every word
Which proceeds from Your mouth. Through Christ our Lord.

Amen.

Prayer over the people

May bountiful blessing, O Lord, we pray, come down upon Your people,
That hope may grow in tribulation, virtue be strengthened in temptation,
And eternal redemption be assured. Through Christ our Lord.

Amen.

Benediction AND Dismissal

Recessional voluntary Jean François-Hyacinthe Langlais (1907-1991)

Prélude modal from Vingt-quatre pièces pour orgue (Op. 6)

ST. ANDREW ROMAN CATHOLIC CHURCH

Myrtle Beach, South Carolina

THE FIRST SUNDAY OF LENT

Saturday, 8 March 2025, 4:30pm and 6:00pm Masses

Sunday, 9 March 2025, 9:00am Mass

Prelude voluntary *Trivium* Arvo Pärt (b. 1935)

The people shall stand at the tolling of the processional bell.

Introit proper Graduale Romanum, Mode VIII

Invocabit me

When he calls to Me, I will answer him: I will rescue him and honour him:
With long life will I satisfy him.

(Psalm 91:15-16a)

Hymn *Lord, who throughout these forty days* ST. FLAVIAN

1. Lord, who throughout these forty days, for us didst fast and pray,
Teach us with Thee to mourn our sins, and close by Thee to stay.

2. As Thou with satan didst contend, and didst the vict'ry win,
O give us strength in Thee to fight, in Thee to conquer sin.

3. As Thou didst hunger, bear and thirst, so teach us, gracious Lord,
To die to self, and ever live by Thy most holy word.

4. And through these days of penitence, and through Thy Passion-tide,
Forevermore, in life and death, O Lord, with us abide.

5. Abide with us that when this life of suffering is past,
An Easter of unending joy we may attain at last!

Text: Claudia Frances Hernaman, 1873 (1838-1898), alt.

Music: ST. FLAVIAN, C.M., *Day's Psalter*, London, 1562. Public domain.

Kyrie eleison

The Gloria in excelsis is omitted during the penitential season of Lent.

Collect prayer

Grant, almighty God, through the yearly observances of holy Lent,
That we may grow in understanding of the riches hidden in Christ
And by worthy conduct pursue their effects.

Through our Lord, Jesus Christ, Your Son, who lives and reigns with You
In the unity of the Holy Spirit, God, for ever and ever.

Amen.

THE LITURGY OF THE WORD

Old-testament reading

Deuteronomy 26:4-10

Profession of faith of the Chosen People

Moses spoke to the people, saying: “The priest shall receive the basket from you and shall set it in front of the altar of the LORD, your God. Then you shall declare before the Lord, your God, ‘My father was a wandering Aramean who went down to Egypt with a small household and lived there as an alien. But there he became a nation great, strong, and numerous. When the Egyptians maltreated and oppressed us, imposing hard labor upon us, we cried to the LORD, the God of our fathers, and he heard our cry and saw our affliction, our toil, and our oppression. He brought us out of Egypt with his strong hand and outstretched arm, with terrifying power, with signs and wonders; and bringing us into this country, he gave us this land flowing with milk and honey. Therefore, I have now brought you the firstfruits of the products of the soil which you, O LORD, have given me.’ And having set them before the LORD, your God, you shall bow down in his presence.”

Psalmody

Qui habitat

Psalm 91:1-2, 10-15

℟. Be with me, Lord, when I am in trouble.

You who dwell in the shelter of the Most High, who abide in the shadow of the Almighty,
Say to the LORD, “My refuge and fortress, my God in whom I trust.”

No evil shall befall you, nor shall affliction come near your tent,
For to His angels He has given command about you, that they guard you in all your ways.

Upon their hands they shall bear you up, lest you dash your foot against a stone.
You shall tread upon the asp and the viper;
You shall trample down the lion and the dragon.

Because he clings to Me, I will deliver him;
I will set him on high because he acknowledges My name.
He shall call upon Me, and I will answer him;
I will be with him in distress; I will deliver him and glorify him.

Epistle reading

The message of faith proclaimed

Romans 10:8-13

Brothers and sisters: What does Scripture say?

The word is near you, in your mouth and in your heart.

That is, the word of faith that we preach. For, if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. For the Scripture says,

No one who believes in him will be put to shame.

For there is no distinction between Jew and Greek; the same Lord is Lord of all, enriching all who call upon him. For “everyone who calls on the name of the Lord will be saved.”

Gospel acclamation

Matthew 4:4b

℟. Glory and praise to You, Lord Jesus Christ!

One does not live on bread alone,
But on every word that comes forth from the mouth of God.

Music: Plainchant, Mode V

Gospel reading

The temptation of Christ in the desert

Luke 4:1-13

Filled with the Holy Spirit, Jesus returned from the Jordan and was led by the Spirit into the desert for forty days, to be tempted by the devil. He ate nothing during those days, and when they were over he was hungry. The devil said to him, “If you are the Son of God, command this stone to become bread.” Jesus answered him, “It is written, *One does not live on bread alone.*” Then he took him up and showed him all the kingdoms of the world in a single instant. The devil said to him, “I shall give to you all this power and glory; for it has been handed over to me, and I may give it to whomever I wish. All this will be yours, if you worship me.” Jesus said to him in reply, “It is written *You shall worship the Lord, your God, and him alone shall you serve.*” Then he led him to Jerusalem, made him stand on the parapet of the temple, and said to him, “If you are the Son of God, throw yourself down from here, for it is written: *He will command his angels concerning you, to guard you, and: With their hands they will support you, lest you dash your foot against a stone.*” Jesus said to him in reply, “It also says, *You shall not put the Lord, your God, to the test.*” When the devil had finished every temptation, he departed from him for a time.

The sermon

Profession of faith

Prayer of the faithful

Parish notices

THE LITURGY OF THE EUCHARIST

Hymn

Jesu, lover of my soul

ABERYSTWYTH

1. Je - su, lo - ver of my soul, let me to thy bo - som fly,
2. O - ther re - fuge have I none; hangs my help - less soul on thee;
3. Plen-teous grace with thee is found, grace to cleanse from ev - 'ry sin;

while the gath -'ring wa - ters roll, while the tem-pest still is high:
leave, ah, leave me not a - lone, still sup - port and com-fort me.
let the heal - ing streams a - bound; make and keep me pure with - in:

hide me, O my Sa - viour, hide, till the storm of life is past;
All my trust on thee is stayed, all my help from thee I bring;
thou of life the foun-tain art; free-ly let me take of thee;

safe in - to the ha - ven guide, O re - ceive my soul at last.
co - ver my de - fence-less head with the sha - dow of thy wing.
spring thou up with - in my heart, rise to all e - ter - ni - ty.

Text: Charles Wesley, 1740 (1707-1788)

Music: ABERYSTWYTH, 7.7.7.D. Joseph Parry, 1879 (1841-1903). Public Domain.

Prayer over the offerings

Give us the right dispositions, O Lord, we pray, to make these offerings,
For with them we celebrate the beginning of this venerable and sacred time.
Through Christ our Lord.

Amen.