



Blessed Trinity

Weekend Magazine

Over 60 YEARS COURAGEOUSLY *Living the Gospel*
August 21, 2022 ▪ The Twenty-first Sunday in Ordinary Time

10 Amazing facts about the power of the Eucharist

Sr. Theresa Aletheia Noble

It is "a work and gift of the whole Trinity"

The Eucharist comes to us as a work and gift of the whole Trinity. – Raniero Cantalamessa, OFM

A friend recently told me that her father used to help her mother in the kitchen with the most tedious of tasks. One thing he liked to do was peel walnuts and sort them into buckets. Then, he would give bags of the nuts to friends and family. My friend's father recently passed away and a few months later she reached into her freezer to get some of the walnuts to make banana bread. As she looked at the bag of walnuts she realized that even though her father was gone, he had left her nourishment for her journey.

At that moment, my friend suddenly had a deeper understanding of the Eucharist. Jesus knew he was going to ascend into heaven, but he left his followers with something to nourish them, and not just earthly food but his own Body and Blood.

We are looked after. We are cared for.

We have a heavenly Father who knows our every need and goes to great lengths to give us what we require. Our daily bread is not a symbol or mere earthly sustenance; it is true spiritual food, the real flesh and blood of our Savior the God-man. The Eucharist is nourishment that transcends ceremony and finds its power and its essence in the very workings of the Trinity itself.

Here are some of the amazing effects of the Eucharist:

1) *Union with Christ:* Reception of Jesus in the Eucharist fuses our being with that of Christ. St. Cyril of Alexandria describes it as similar to "when melted wax is fused with other wax." The Christian journey is a journey to become like Christ, to "abide in him" and he in us. The Eucharist is the means for this to happen.

2) *Destruction of venial sin:* The Eucharist destroys venial sin. Destroys! Through sin, the fervor of our charity can be dampened by venial sin. But when we receive the Eucharist we are united with Charity himself, which burns away the vestiges of our venial sins and leaves us cleansed and ready to begin again.

3) *Preservation from mortal sin:* While we should refrain from receiving the Eucharist when we are aware of being in a state of mortal sin, we should receive the Eucharist as much as possible when we are able because it *preserves* us from grave sin. It is as if the Eucharist's power washes away the venial sin in our souls and then covers us with a protective coat which helps us to stay away from serious sin.

4) *Personal relationship with Jesus:* Many Christians speak of the importance of a personal relationship with Jesus, which is very true. But it is primarily through the Eucharist that we



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Rev. Wayne C. Genereux

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Deacon Lionel Roberts,
Deacon Emeritus

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Fr. Jack McDowell, OFM
Fr. Anthony Fortunato, OdeM
Fr. Victor Bartolotta

MASS SCHEDULE

Weekday Masses

Monday - Saturday 8:00 AM

Weekend Masses

Saturday Vigil at 4:00 PM
Sunday

8:00 AM, 9:30 AM & 11:30 AM

Follow the Sunday Mass on our
website, btsp.org.

Confessions will be held
Saturdays 2:45-3:45

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can truly have an intimate encounter with the Person of Jesus. Benedict XVI once pointed out this connection:

“Today, there is a need to rediscover that Jesus Christ is not just a private conviction or an abstract idea, but a real person, whose becoming part of human history is capable of renewing the life of every man and woman. Hence, the Eucharist, as the source and summit of the Church’s life and mission, must be translated into spirituality, into a life lived ‘according to the Spirit’” *Sacramentum Caritatis*.

5) Gives life: According to the Catechism, the Eucharist “preserves, increases, and renews the life of grace received at Baptism” (CCC 1392). In other words, reception of the Eucharist increases the life of grace already present within us. Sounds even better than a trip to a spa!

6) Unity with the Body of Christ: Since we are united more closely to Christ through the Eucharist, we are therefore united more closely to all the other people who receive the Eucharist! In other words, the Eucharist is like the glue that keeps us united with Jesus and all our brothers and sisters in the Church.

7) Commits us to the poor: The words of St. John Chrysostom shame those of us who leave the Eucharistic table without caring for Christ in the poor:

“You have tasted the Blood of the Lord, yet you do not recognize your brother, . . . You dishonor this table when you do not judge worthy of sharing your food someone judged worthy to take part in this meal. . . . God freed you from all your sins and invited you here, but you have not become more merciful.”

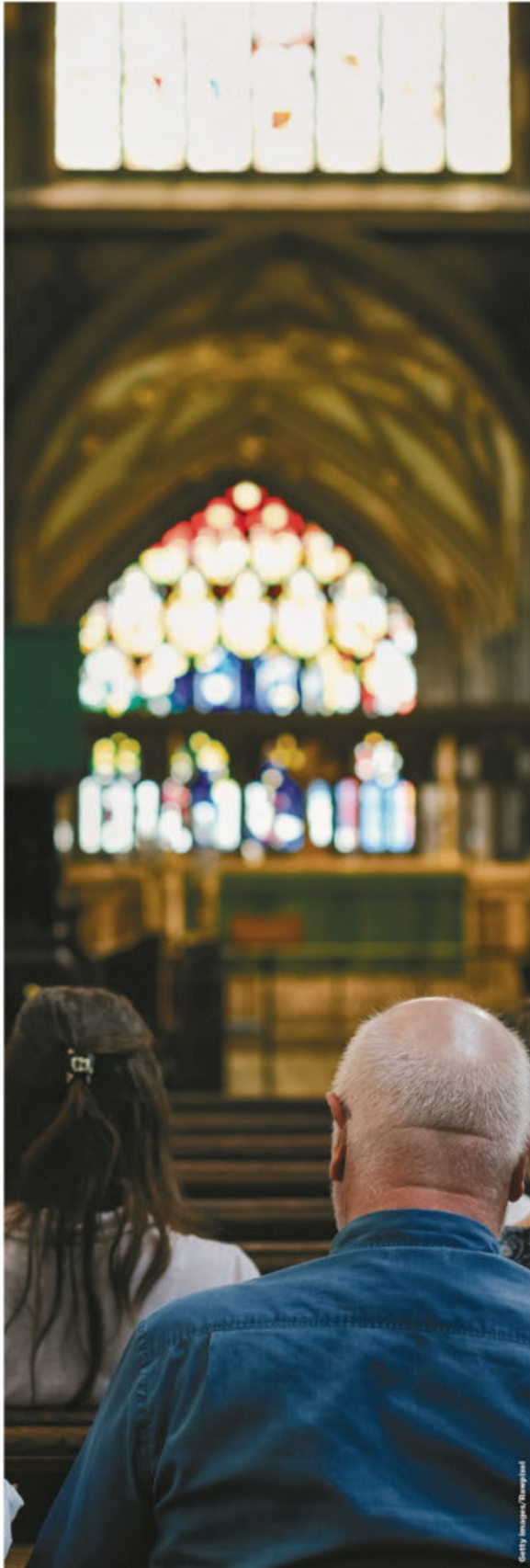
8) Spiritual consolation: Holy Communion is a foretaste of the joys of heaven so it can produce joy in us as we experience real unity with God. If we are feeling beaten down by the difficulties of life, we can come to the Eucharist, our font of joy, and ask the Lord to fill us with his consolation and peace.

9) Peacemaking: In the Synod on the Eucharist in 2005, the bishops discussed how the reception of the Eucharist in war-torn areas transformed the people of God and gave them the impetus to seek peace:

“Thanks to eucharistic celebrations, peoples engaged in conflict have been able to gather around the word of God, hear his prophetic message of reconciliation through forgiveness, and receive the grace of conversion which allows them to share in the same bread and cup.”

10) Provides a focal point for our lives: If we really understood the profound nature of the Eucharist, we would begin to center our lives around Holy Communion. There is nothing more important that can happen in our lives. Not football games, or get-togethers or picnics. There is nothing more important than our weekly appointment to receive the medicine of the Doctor of souls, Jesus.

But remember that your disposition when receiving the Eucharist can determine how open you are to the powerful effects. So, be reverent, focused and beg God to give you, through the power of the Eucharist, all the graces that you need in your life right now. Reprinted from Aletheia.org



August 21, 2022

Twenty-first Sunday in Ordinary Time

Written by
THE
FAITHFUL
DISCIPLE

Is 66:18-21 | Heb 12:5-7, 11-13 | Lk 13:22-30

GROW AS A DISCIPLE | PRAY, STUDY, ENGAGE, SERVE

We all have things that come easily to us and things that seem hard. I can bake a delicious pie, but I cannot flip a fried egg. I can resurrect your dead iPhone, but I can't keep a houseplant alive. The list goes on for each of us. Fortunately, neither our natural talents nor foibles will get us into or keep us out of heaven. "Strive to enter through the narrow gate," Jesus tells us. When I first read that passage, I said to myself, "What's the narrow gate?" But I think the key word here might be *strive*, a verb meaning "to devote serious effort or energy." Getting to heaven, then, requires more than knowing who Jesus is or even going to Mass each week. It takes energy, effort, and persistence. It means establishing a relationship with Jesus – through prayer and following his commandment to love one another – such that he will "know where [we] are from" when we knock on the door. In doing so, we can hope to be among the people who recline at the table of the Lord in the kingdom of God.

GO EVANGELIZE

PRAYER, INVITATION, WITNESS, ACCOMPANIMENT

When Jesus was asked how many people will be saved and spoke of the narrow gate, he went on to say, "Many, I tell you, will attempt to enter but will not be strong enough." Where do we find the strength we will need to pass through this gate that will lead to eternal life? By following Christ with all our being and not taking the easier, mainstream path when it conflicts with our Christian values. By recognizing that our salvation is a gift from our Savior, who willingly took on our human form and died for us. By understanding that Christ's sacrifice on the cross requires a response from us. God invites; we must respond. *Jesus* is our strength, and he is the only way to get through that narrow gate. Let us *strive* to do so, and in turn help the others whom God has put in our lives, accompanying them on this journey.

PRAY Make a list of the people in your life who have helped you grow closer to Jesus. Say a prayer of thanksgiving for each of them.



Are You Hoping to Receive One of the Seven Sacraments With Us?

Matrimony

Congratulations on your engagement! Every Diocese in Florida requires at least six months preparation before marriage. Please call our Pastor, Fr. Wayne Genereux, at the Parish Office for an appointment before setting a date.

Baptism

We are honored that you would like to choose Blessed Trinity Catholic Church for the baptism of your child! We ask that you please call our Pastor, Fr. Wayne Genereux, at the Parish Office for information regarding the pre-baptism class before scheduling a baptism.

Office Hours

Monday—Friday 9-12 and 1-4
Closed for Lunch Noon to 1 pm



Faith Formation Classes

Registration has begun for our fall Faith Formation classes.

Please complete and return registration forms to the parish office no later than August 31.

Mass Intentions

Saturday, August 20, Memorial of Saint Bernard, Abbot and Doctor of the Church

4:00 p.m. Lyliane Corvington (Dec)

Sunday, August 21, The Twenty-first Sunday in Ordinary Time

8:00 a.m. Patricia Lewis (Dec)

9:30 a.m. Mass for Parishioners

11:30 a.m. Nick Calandra (Dec)

Monday, August 22, Memorial of the Queenship of the Blessed Virgin Mary

8:00 a.m. Gertrude B (Trudy) Murray (Dec)

Tuesday, August 23, Memorial of Saint Rose of Lima, Virgin

8:00 a.m. Joseph Ciminera (Dec)

Wednesday, August 24, Feast of Saint Bartholomew, Apostle

8:00 a.m. Mass for Vocations

Thursday, August 25, Memorial of Saint Louis of France

8:00 a.m. Chuck King (Dec)

Friday, August 26, Weekday in Ordinary Time

8:00 a.m. Marlene Romani (Dec)

Saturday, August 27, Memorial of Saint Monica

8:00 a.m. Nance Young (Dec)

4:00 p.m. Romane Farrell (Dec)

Sunday, August 28, The Twenty-second Sunday in Ordinary Time

8:00 a.m. Donna & Kazimierz Kosyk (Liv)

9:30 a.m. Mass for Parishioners

11:30 a.m. Marlene Romani (Dec)

Prayer for Priests & Future Priests

Eternal Father, We lift up to you these and all the priests of the world. Sanctify them, heal and guide them. Mold them into the likeness and holiness of your Son Jesus, the Eternal High Priest. May their lives be pleasing to you. In Jesus name, we pray. Amen.

08/21 • For All Seminarists

08/22 • Rev. Robert H. Young

08/23 • Rev. Craig R. Morley

08/24 • For Vocations to Priesthood & Religious Life

08/25 • Rev. Laurence R. Ulman, TOR

08/26 • Rev. Timothy Sherwood

08/27 • Rev. Kenneth Malley

These are the names of the active priests and seminarists in our Diocese. Remember our Bishop has designated Wednesdays as Diocesan Day of Prayer for Vocations. Please continue to pray that more young people will hear and answer God's call to the Priesthood and Religious Life.

SALESIAN SISTERS MISSION APPEAL



As part of the Diocesan Mission Cooperative Plan, a Salesian Sister of St. John Bosco will speak at our Parish on Sunday, September 24-25, 2022 on behalf of their foreign mission ministries.

The Salesian Sisters are a worldwide Community counting over 11,000 Sisters spreading the Gospel on the five Continents, in 97 countries. Many of their Sisters work strictly in mission areas affected by great poverty, diseases, political unrest, violence, war and other difficult conditions, such as, areas of natural disaster and refugee camps.

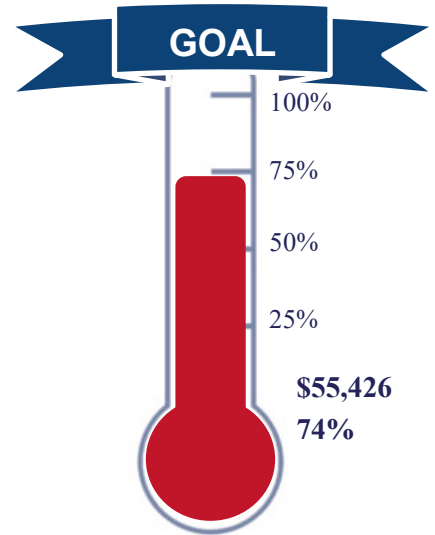
The Salesian Sisters were founded by St. John Bosco in 1872 and started their mission work in 1877 when they departed from Italy for the farthest tip of South America called Patagonia and Tierra del Fuego. Ever since, they have continued to provide missionaries for Africa, Asia, Latin America, the Pacific Islands and other places not yet evangelized or in need of re-evangelization.

Their Congregation was specifically founded for the service of poor youth; consequently, most of their ministries will have an educational thrust. They are grateful for the opportunity of sharing their mission work here at Blessed Trinity and of benefiting from your generosity.



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Thank you for your prayerful giving!

Please Join

Girl's Night to Give

for an event supporting Franciscan Helping Hands and their efforts to help the needy and homeless in St. Petersburg

**Thursday, August 25th
6-8pm**

**Marina Walk Apartment's Sky Lounge *
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*Event parking: Former Ace Hardware surface parking lot or visitor parking in garage (floors 1 or 5)

Come enjoy wine, light appetizers and beautiful sunset views!

\$40 suggested donation to Franciscan Helping Hands, payable at the door

Confirm attendance via megan.gntg@gmail.com or text 727.480.4560

Girl's Night to Give (GNTG) is an on-going event program designed to benefit Tampa Bay area charities. Since 2007, GNTG has hosted hundreds of events designed to be casual, accessible & affordable.



The flowers for the altar are given in thanksgiving on the occasion of Fr. Wayne's 25th Jubilee of Ordination.

EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

Chancing the Narrow Gate

From doctors to counselors, anthropologists to schoolteachers, it seems like everyone has their own parenting style to peddle, guaranteeing it will result in a happy and well-adjusted kid.

You've got "gentle parenting," predicated on respect for the child's feelings and needs. You've got "attachment parenting," based on the belief that kids need time to adjust to being outside of the womb. You've got "free-range parenting," where self-sufficiency reigns supreme.

But of all the parenting approaches I've come across, I've never encountered a philosophy that rejects discipline altogether. There are lots of conflicting opinions on how best to administer that discipline, but I've never heard any parent or parenting "expert" worth their salt say that a mother or father should completely ignore misbehavior that threatens the well-being of the child himself.

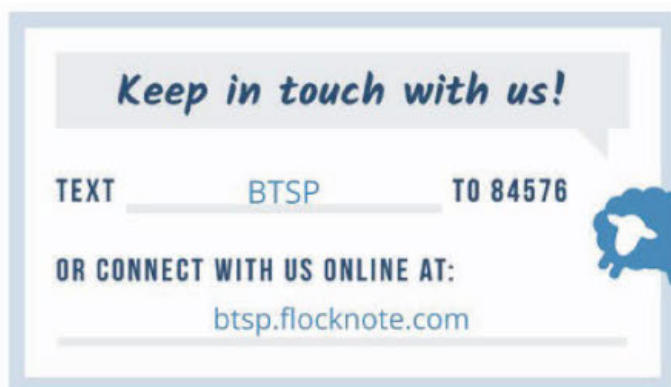
Discipline is in our human DNA. Consider for a moment what the world would look like if it came to be filled with people who had never been taught to reflect on their life challenges. People who bristled at the suggestion of personal growth.

And yet we become this way with God. Even the most "devout" among us shy away from occasions of divine constructive criticism. We avoid confession and forego daily examinations of conscience. We keep things superficial in our prayer life, avoiding depth of heart and real intimacy with God, afraid of what He will speak to us.

But when we do this, we rob ourselves of an opportunity to rely on God's fatherly strength, to rest in His mercy, to fill ourselves up with His goodness. We're putting up our hands, saying: "No thanks, Father, I'm good. You can keep your discipline. You can keep your grace."

When we do this, we are making a beeline for the "narrow gate," sure of our own strength and ability to pass through it. All I can say is this, proceed at your own peril. Are you so sure of yourself?

— Tracy Earl Welliver, MTS ©LPi



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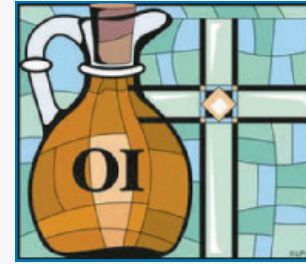
St. Anthony's Prayer for Peace of Mind

O holy Saint Anthony, your deep faith in Jesus Christ comforted your heart, especially during times of trial and distress. Help me grow in faith, so I may experience peace of mind and heart in my present needs (Here mention). Free me from undue anxiety, needless worry, and burdensome fears. Grant me sure confidence, unflinching trust in God's loving mercy and daily serenity. ~ Amen

Arnold, Barbara
Bestow, Shawn
Brown, Bob & Beverly
Catel, Martha
Christ, Kathryn
Comeau, Teresa
Congui, Mario
Curtis, Sherlyl
Daniels, Joshua
Deacon Lionel Roberts
DeZarn, Vickie
Doyle, Maureen
Feltes, Chuck & Lauren
Ferrara, Antoinette
Fitzgerald, Dan
Forbes, Monica & Tom
Fr. Jim Klima
Garcia, Jose M.
Genereux, Carol
Gregg, Joan
Griffin, Lynda Butler
Grimberg, Carol
Hawkins, Ashlyn
Hawkins, Barbara
Helbig, Len
Hoffmsn, Bette
Holley, Gerry
Huff, Walt & Carole
Irvin, John and Marsha

Lanigan, John
Lashley, Diana
Lawler, Matthew
LeVan, George
Lewis, Cynthia
Light Dolan, Kristen
Lynd, John
Maharne, Cecile
Maitland, Steve
Manley, Jan
Manley, Paul
Manning, James
McAfee, Riley
Membreno, Mary & Gus
Mesick, Phil & Nancy
Meyer, Patricia
Nicholson, Maria
Noguez, Armida
O'Farrell, Louise
Oliphant, Brian
Parmigiani, George
Parmigiani, Valerie
Phillips, James
Preeper, Helen
Privitera, Sandy
Privitera, Peter
Quinn, Timothy
Roberts, Deacon Lionel
Romani, Angelo

Shelby, Ron & Montez
Smith, Anita
Stankiewicz, Cy
Storey, Barbara
Theissen, Robert
Thompson, Susan E.
Thuline, James
Vishnisky, Wayne
Walsh, Thomas
Wanize, Tom
Youngman, Kyle
Youngman, Ruth



Anointing of the Sick

To request the Anointing of the Sick for yourself or a loved one, please contact the parish office, 727-867-3663.

If you or a close family member would like to be added or removed from our prayer list, please contact the parish office at 727-867-3663.



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