



# Friendship Flyer

JULY 2021

2785 Leisure Drive  
Melbourne, FL 32935  
(321) 255-4494

Hours: Mon-Fri: 8:30 am—2:30 pm  
Sat: Closed Until Further Notice  
Website: [www.bcwpsc.org](http://www.bcwpsc.org)



## President's Message



Diane Weinzierl

Who knew when we closed in March of 2020 that it would be almost 15 months before things would get even close to being back to normal again at the Center. I am so excited to see the Daily Schedule change from almost completely yellow (showing the closed programs) to almost completely white again (indicating the open programs). If you haven't looked at the new schedule, you'll find it available at the Front Desk and on our website.

As we all get ready to celebrate our nation's birth this 4th of July holiday, I hope you'll join us at the Center as we prepare to celebrate a number of post-COVID changes at the Center this month:

- **Effective July 1, 2021, WPSC will be open for everyone**, including members and non-members. Please remember that the non-member fee was increased from \$2.00 to \$3.00 in January earlier this year.
- **Effective Monday, July 19, WPSC will return to regular business hours:**
  - 8:30 am – 4:30 pm – Monday thru Friday
  - 8:30 am – 12:30 pm – Saturday
- **Join us for our Re-opening Celebration the week of July 19-23.**
  - Several of our sponsors will be providing **free doughnuts in the morning and free cookies in the afternoon every day** (while supplies last).
  - We'll also be offering several **drawings for free prizes and gift cards** that week, so make sure you come in to say hello and help us celebrate this long overdue re-opening. Check the bulletin board for a list of available prizes, as well as details of how to win, the week before the re-opening.

We continue to see our list of sponsors grow (*thank you for the hard work, Gary McGuire*). Please take the time to say hello and "thank-you" to them when you see them out front. I'd also like to thank Cigna and St. Francis Reflections for donating several prizes, including heavy-duty flashlights and portable chairs, which were raffled off at several of our bingo sessions this past month.

Lastly, I'd like to **thank our entire staff of volunteers** who give up their time and talents to help make the Center a safe and fun place to be. It truly does take a village and the Center would not be able to operate without their help and dedication. Please remember to thank them when you see them. Have a safe and fun 4th of July!

## Mission Statement

**Our Mission is to provide a congenial and happy environment for seniors to enjoy activities, meet new friends, and attend educational programs. Furthermore, to provide a resource for obtaining assistance and guidance in times of need.**

**"There are no strangers here, only friends you have yet to meet!"**

## Updated COVID-19 Safety Protocols for Wickham Park Senior Center

To help ensure the safety of our members and volunteers, we are implementing the following COVID-19 protocols. The WPSC Board will continue to monitor the recommended CDC Guidelines and update our protocols from time to time as necessary. Updates will be posted on our website as well as around the Senior Center building.

**Note: It is the Program Manager's responsibility to ensure that all members participating in their program adhere to these safety protocols.**

### Face Mask Requirements

- **Fully vaccinated people** (those who have received their final Covid-19 vaccination at least two weeks ago) **are no longer required to wear masks** at the Center.
- **Non-vaccinated people** are required to wear a mask. However, at your discretion, mask may be removed during exercise activities, while bingo numbers are being called or when you can safely social distance.
- All members are required to scan their membership card at the front desk upon entering the building. If you forget your membership card, a front desk volunteer will check you in.
- Non-members must sign the guest at the front desk upon entering the building.

## Front Desk Volunteers Needed!

Wickham Park Senior Center is operated with 100% volunteers. We'll open back to normal hours Monday July the 19th, Monday thru Friday 8:30am to 4:30am, Saturday 8:30 to 12:30. To support the center we require people at the Front Desk. Do you have 4 hours per week or maybe 4 hours a month? Every little bit helps. Normally there are two people at the front desk. So you will not be by yourself. The following is what skills are required:

- Greet people with a friendly happy face.
- Computer skills required.
- Answer the phones.



Training will be provided. You have to be a WPSC member to volunteer. If you're interested, please stop by the center and complete the volunteer form. Questions? Please contact us at 321-255-4494.

Wickham Park Senior Center is not equipped, nor intended to be a senior care facility. WPSC activities are geared toward independent adults who are able to manage their own care, decisioning making and safety. WPSC's insurance prohibits, and WPSC cannot be responsible for, the provision of physical assistance to individuals on the premises. If an adult companion is needed, the companion may participate in the activity if they desire, regardless of age, and must pay all fees associated with the activity. WPSC reserves the right to prevent persons from being on premises if the WPSC leadership believes that person would cause harm to themselves or others.

## WPSC Sunshine Committee

Do you know a WPSC member who is sick, experienced a family member loss, or needs some cheer or support? If so, please let our Sunshine Committee know by dropping off your request in the mailbox labeled “Sunshine Committee” (located near the Billiards Room behind the front desk).



Please be sure to include the person’s full name and any information you might have so we can find them in our database, as well as why you think they qualify. Also, please be sure to include your name and telephone number so we can reach you if we have any questions.

## WPSC is a Worthy Charitable Donation Organization

Wickham Park Senior Center is a 501(c)3 charitable organization and as such is eligible to receive charitable donations. As you know, it’s been a tough year financially for the Center, so if you find you have any extra funds in your charitable donations bucket, please consider donating to the Center. Checks can be made out to Wickham Park Senior Center.

## Are You Receiving the WPSC Monthly Newsletter via Email?

A link to this newsletter is emailed to all members by the first of every month. If you are not receiving these emails, please stop by the Front Desk and verify that we have your correct email address.

## Mark Your Calendar to Join Us for the

# WPSC Re-Opening Celebration

## the Week of July 19-23

Free Doughnuts  
& Cookies Every Day

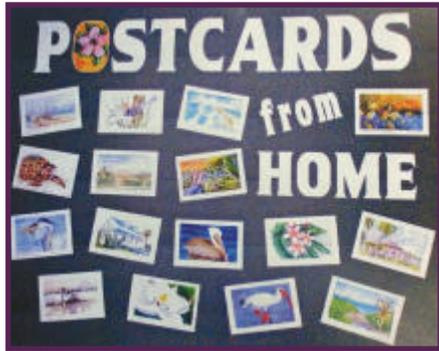
Register to win Free Prizes  
& Gift Certificates

Hours: 8:30 am—4:30 pm  
(Monday through Friday)



## Postcards From Home

Have you ever noticed the large “Postcards from Home” panels hanging in the hallways at the Center and wondered about them?



“Postcards from Home” is a collection of 230 original postcard-size watercolor paintings by members of the Brevard Watercolor Society (BWS). Lolly Walton, a professional artist and President of BWS conceived the idea of “Postcards from Home”. She envisioned this artistic endeavor as a collaborative project for local watercolorist to depict what the area has to offer residents as well as visitors. She invited BWS members to submit one or two postcard-size paintings of local scenery highlighting what makes this a great place to call home. Soon a collection of 4” x 6” postcard paintings totaled 230 depicting local flora and fauna, landmarks, attractions, historic buildings, beach scenes, rockets on launch pads, and all things relating to the space coast lifestyle. The body of work was assembled into six framed panels showing Brevard County from Titusville to Sebastian.

The collection premiered at the Brevard Watercolor Society’s (BWS) annual SPLASH 2008 Art Show at the Eau Gallie Civic Center and was displayed at several public venues throughout Florida after that. In November 2010, BWS donated the panels to Wickham Park Senior Center for permanent display at the Center. With their donation, BWS cited “It is so appropriate that these panels have a new home at the Wickham Park Senior Center. It is the geographic center of Brevard County, and also utilized by a membership that has taken part in growing and building this county.”

We are so proud to display this artwork at the Center. If you want to learn more which artist did a specific postcard, additional information can be found in the WPSC president’s office.

## Maintain Independence with Individualized Care

**Health First Private Duty is care you can trust.**

Stay safe and be well in the comfort of your home. Let Health First Private Duty help you or a loved one gain independence to remain in your own environment. Enjoy flexibility and peace of mind with our tailored support services for you or your loved ones.

Health First Private Duty offers everything from meal prep and planning, personal care, house-keeping, scheduled transportation, companionship and so much more. Our dedicated team consisting of registered nurses, home health aides, companions and homemakers work tirelessly to provide you with the highest quality service available. With Health First Private Duty, patients can plan their individual visits and requirements without the need of a physician order, without being homebound or any other restrictions.

Health First Private Duty provides you with a free initial in-home consultation to help determine the right type of care and staff for your individual needs. During our in-home meeting, we assess your specific needs to select the perfect staff and service for your situation and personal requests. We can also help determine if the services are covered through your long-term care policy or if private pay is necessary.

Call 321-459-1804 to schedule an in-home consultation to see how you can initiate care today. You can also email us at [PrivateDuty@HF.org](mailto:PrivateDuty@HF.org).



### Want to Lend a Helping Hand?

Get involved with Health First Private Duty by working as a Companion/Homemaker. Your compassion and companionship will be fully embraced in a vibrant, collaborative and welcoming setting alongside friends and neighbors in the community. Please contact Corrin Callahan at 321-459-1804 for more information.

The WPSC Travel Office is OPEN Monday thru Friday 10:00 am—2:00 pm

## The Isle of Capri Casino

Date: September 15, 2021  
 Cost: \$45 per person

## Ybor City, Columbia Restaurant & Riverwalk

Date: October 27, 2021  
 Cost: \$179.00 per person

## Miami Key West

Date: November 9-12, 2021  
 Cost: \$495.00 per person

## Holiday Luncheon & Tour of Flagler Museum & Chesterfield Hotel

Date: December 6, 2021  
 Cost: \$139.00 per person

## Wicked Winter Wonderland & Sanibel Historical Museum & Village

Date: December 12 & 13, 2021  
 Cost: \$409 per Double / \$469.00 per Single

Courtesy of Travel Expressions & Diamond Tours.

For questions, please call Wickham Park Travel at 321-425-5530.

*Reflecting life, love and compassion*

St. Francis  
**REFLECTIONS**<sup>SM</sup>  
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- Hospice
- Palliative Care
- Grief Support

321-269-4240  
[ReflectionsLSC.org](http://ReflectionsLSC.org)

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# CALENDAR OF EVENTS

WICKHAM PARK SENIOR CENTER  
2785 Leisure Way  
Melbourne, FL 32935

Phone: 321-255-4494  
Web: [www.bcwpsc.org](http://www.bcwpsc.org)

## JULY 2021

ACTIVITY	NOT RESUMING IN JULY	SCHEDULE FOR JULY
Ballroom Dancing		Mondays @ 6:30P & 7:30P
Bingo		Tuesdays & Fridays @ 11:00A—2:00P
Bone Makers Plus	<input checked="" type="checkbox"/>	
Blood Pressure Checks	<input checked="" type="checkbox"/>	
Bridge: Duplicate	MEETS VIRTUALLY	Monday—Friday @ 12:30P (thru July 19) Thurs. @ 12:15P & Sat. @ 7:00P
Duplicate	FACE-TO-FACE RESUMING JULY 19	Mondays & Wednesdays @ 12:30P Saturday @ 12:30P
Chat	<input checked="" type="checkbox"/>	
Rogue	RESUMED JUNE 15	Tuesdays @ 1:00—3:00P Saturdays 12:30—3:30P starting July 24
Rubber		Thursdays @ 1:00—4:00P
Bunco	JULY 1 & JULY 15	1st & 3rd Thursdays @ 12:30—4:00P
Chair Yoga	RESUMES JULY 20	Tuesdays @ 3:00—4:00P
Chefs for Seniors	JULY 8 & JULY 22	Must Pre-Register 11:00A—Noon
China Painting	RESUMED JUNE 14	Mondays @ 9:30—11:30A
Euchre	RESUMES JULY 21	1st & 3rd Wednesdays @ 6:00—9:00P
Financial Lunch-n-Learn	<input checked="" type="checkbox"/>	
Games: Hand & Foot		Mondays & Fridays @ 9:00A—Noon
Games Galore	RESUMED JUNE 23	Wednesday @ 2:00—4:00P
Greeting Cards	<input checked="" type="checkbox"/>	
Jazzercise Lo		Mon., Wed. & Fri. @ 8:30—9:30A
Line Dancing:		Tuesdays @ 4:15—5:30P
Mahjong: American		Mondays @ Noon—3:30P Thursdays @ 9:00A—Noon
Chinese		Wednesdays @ 1:00—4:00P
Mexican Train Dominoes		Wednesdays @ 1:00—4:00P
Pinochle		Fridays @ 12:30—4:00P
Poker: Dealers Choice		Tuesdays & Fridays @ 1:00—4:00P
Friendly		Mondays & Wednesdays @ 1:00—4:00P
Pool (Billiards)		Monday thru Friday @ 8:30A—4:30P Saturdays @ 8:30A—12:30P starting July 24
Senior Law	<input checked="" type="checkbox"/>	
Shuffleboard: Open Play		Mondays & Thursdays @ 6:00—8:30P Saturdays @ 9:00A—Noon
QiGong-TaiChi		Wed. & Fridays @ 8:30—9:30A
Silver Sneakers		Thursdays @ 11:00A—Noon
Social Scrabble		Tuesdays @ 9:15A—Noon
Strength / Flexibility		Thursdays @ 9:30—10:30A
Watercolor Instruction	RESUMING AUGUST 18	Wednesdays @ 9:30A—12:15P
Zumba Gold		Tuesdays @ 8:30—9:15A

Program details and times are subject to change. Please check the daily schedule at the Front Desk for the latest information.

NEW UPDATES

## Ballroom Dancing

**Mondays @ 6:30 pm Anything Goes, Work on What you Want;**

**7:30 pm All Levels, Same Dance All Month;**

**8:30—9:30 Practice Dance FREE with Class**

**Cost: \$8.00 per Class for Members**

**\$10.00 per Class for Non-Members**

**\$5.00 Practice Without Class**

Please join us! Drop in to practice after the classes. Spread the word! Any questions? Please contact Chris Marcelle, 321-258-5916.



**OPEN TO THE PUBLIC:** Tuesdays & Fridays  
11:15 am—2:00 pm; Doors Open @ 10:00 am

**Early Bird Starts at 11:15 am**

**Packages start at \$6.00. Bingo payouts will be adjusted based on attendance.**

**Kitchen open from 10:00 am to 11:30 am.**

- Six-foot tables are set up to accommodate two (2) people per table (one on each side at opposite ends). Players wishing to sit more players per table may do so at their own discretion.
- Attendance may be limited due table space available. Once all available seats are filled, it may be necessary to turn people away.
- All tables will be sanitized prior to each session.

For more information, contact **Brenda Clarson** at 321-258-8837.

## Bridge (Duplicate)

**Online Mon. thru Fri. @ 12:30 pm thru July 19;**

**Face-to-Face on Sat. @ 12:30 & Beginning**

**July 19 Mon. & Wed. at 12:30 pm**

**Cost: \$5.00 Currently / \$6.00 Starting July 19**

We have good news! Most of Brevard County's seniors have been vaccinated and the COVID positivity rate is hovering at 1.8%. Additionally, the CDC has issued new guidelines for vaccinated people that include the resuming of activities without wearing masks or physically

distancing. That means face-to-face bridge is BACK! Our Saturday 12:30 p.m. face-to-face game started on June 5th. On Monday, July 19th our Monday and Wednesday games will resume their traditional face-to-face format. WPSC will be hosting 3 face-to-face games per week.

Game prices will remain at \$5.00 through July 18th. Beginning July 19th the price will increase to our pre-pandemic \$6.00 fee.

We will continue to offer our online games on Monday thru Friday at 12:30 pm through July 19. At that time all online games will remain except for the Monday and Wednesday online games which will no longer be available. Additionally, we will continue to offer our Saturday Evening game at 7:00 pm. Thursday is a mentor game starting at 12:15 pm. 0-350 game on Friday at 12:20 pm (Must be an ACBL member for Limited Game). The games are approximately two hours long except for Tuesday where up to 20- 22 boards are played. Great fun!

If you would like to play in our game, please contact **Pam Page** at 321-537-0907, **Bob Ezell** at 1-321-474-2293, or **Tom Allen** at 321-327-3378. They can help you with tutorials for playing on BBO, or help find a partner.

If you have not played at Wickham Park in the last year, they will need to add you to a database in order for you to play. We welcome more players!

Chat Bridge: Fridays 9:30-11:00 am. Contact **Dave Seares** at 321-259-0798

Mentor Game Thursdays 12:15 pm. Contact **Linda James** at 321-848-5228

Limited Game Friday's 12:20 pm. Contact **Tom Allan** at 321-327-3378

Competitive Bidding Class Mondays started 5/31/2021. This is the second class in the beginner series For details, please see the [Competitive Bidding Flyer](#).

Limited Game (0-350) Fridays started 12/4/2020 at 12:20 pm. Must be an ACBL member. Come join the fun. For details, please see the [LTD Game Flyer Feb](#).

## Bridge (Rogue)

Tuesdays @ 1:00—3:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact **Patricia Rosenthal** at 321-626-5419.

## Bridge (Rubber)

Thursdays @ 1:00—4:00 pm

Saturdays @ 12:30—3:30 pm **Resumes July 24**

Cost: \$1.00 Members / \$3.00 Non-Members

Come on out for an afternoon of enjoyment at the bridge table. Any questions? Please contact **Janet Walker** at 321-242-3173 for Thursday classes or **John Dalheim** at 321-848-1794 for Saturday classes.

## Bunco

1st & 3rd Thursdays @ 12:30—4:00 pm

Cost: \$6.00 Members / \$8.00 Non-Members

Bunco is back! **Jan Glugla** and **Lisa Coyle** are the new Bunco Program co-chairs. July dates are July 1st and July 15th.

We play four rounds. After two rounds, we have a break for refreshments. We

supply coffee and water. Players may bring lunch items, snacks or desserts to share.

Please contact **Jan** at 321-253-3387 to reserve your Bunco space.

## Chair Yoga—Resumes July 20!

Tuesdays @ 3:00—4:00 pm/Sign-in @ 2:45 pm

Cost: \$1.00 Members / \$3.00 Non-Members

This class is designed to help with overall well-being for the body and mind. Stretches and movements that will help increase mobility, flexibility, strength and balance. A focus on posture and breathing helps calm the mind, helps reduce stress and increase oxygen flow. Contact **Shelly Anderson** at 321-626-1969.



## China Painting

Mondays @ 9:30—11:30 am

Cost: \$5.00 Members /  
\$7.00 Non-Members

Classes started on June 14 in Room 117. Contact **Frankie Lybarger** at 321-254-0254, if you have any questions.



## Euchre—Resumes July 21!

1st & 3rd Wednesdays @ 6:00—9:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members

Set up time starts at 5:30 pm and games start promptly at 6:00 pm. Contact **Jay Koeller** at 321-794-6400.

## Games Galore

Wednesdays @ 2:00—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Mexican Train Dominoes, and special card games, such as UNO, SKIP-BO, 5 CROWNS, QUIDDLER, PHASE 10, MAHJONG card game (not tiles) and special CANASTA cards. The group decides each week what they would like to play depending on the number of people in attendance. We are a social group and will teach you any of the aforementioned games. Contact **Mary Ann Kacanda** at 321-752-9536.

## Hand & Foot Card Game

Mondays & Fridays 9:00 am—Noon

Cost: \$1.00 Members / \$3.00 Non-Members

Join this group of friendly and competitive players for a time well spent. Players are designated to a table by drawings seat assignments, if you do not have a partner. Contact **Nancy Berckhemer** at 321-254-5170 for more information.

## Jazzercise Lo

Mon., Wed., & Fridays @ 8:30—9:30 am

Cost: \$40.00 per Month or \$10.00 per Day

Join us for a fun and energized Jazzercise Lo class. Start off your mornings dancing away those extra calories using Low Impact moves that yield MAXIMUM results! You use muscles, not momentum, to get a total body workout without the impact on your joints. Contact **Ginny Parker** at 321-698-0445.

## Line Dancing

**Tuesdays @ 4:15—5:30 pm**

**Cost: \$6.00 Members / \$8.00 Non-Members**



Welcome to Line Dance for Fun and Exercise. Please join us for this fun, healthy way to exercise while meeting new friends! Call **Sue Duncan** at 321-505-0846 for more information.

## Mahjong

**American: Mondays @ Noon—3:00 pm & Thursdays @ 9:00 am—Noon**

**Chinese: Wednesdays @ 1:00—4:00 pm**

**Cost: \$1.00 Members / \$3.00 Non-Members**

Mahjong is an activity that fosters friendly comradery and stirs the brain. Come join the fun!

Contact **Patricia**

**Rosenthal** at 321-626-5419

(American) or

**Michael** at

321-537-7094

(Chinese), if you have any questions.



## Mexican Train Dominoes

**Wednesdays @ 1:00—4:00 pm**

**Cost: \$1.00 Members / \$3.00 Non-Members**

Come join us for Mexican Train Dominoes on Wednesday afternoon starting at 1PM in Room 117. It is a simple, easy to learn dominoes game. We enjoy playing and we would love to have you come play with us too. Questions? Contact **Cora DiCecilia** at 321-254-5014.

## Pinochle

**Fridays @ 12:30—4:00 pm**

**Cost: \$1.00 Members / \$3.00 Non-Members**

Contact **Cathy Decker** at 321-254-9517.

## Poker (Dealers Choice)

**Tuesdays & Fridays @ 1:00—4:00 pm**

**Cost: \$1.00 Members / \$3.00 Non-Members**

Contact **Kit LaLonde** at 954-260-0687.

## Poker (Friendly)

**Mondays & Wednesdays @ 1:00—4:00 pm**

**Cost: \$1.00 Members / \$3.00 Non-Members**

Attention: Players

Needed! Pennies Only.

Call ahead to attend.

Contact **Vinnie**

**Germann** at

321-253-6155.



## Pool (Billiards)

**Monday thru Friday @ 8:30 am—4:30 pm**

**Tournaments: 2nd Wednesday of Every Month**

**Cost: \$1.00 Members / \$3.00 Non-Members Plus \$.50 per Day or \$2.00 per Week**

In addition to the \$1.00 per day that is paid to WPSC, effective May 17 the pool room cost to play pool has been raised from 25 cents per day, or (\$1 per week), to 50 cents per day, or (\$2 per week) until further notice. The extra funds paid to the pool room will be used for supplies and



needed repairs, including replacing the felt on the pool tables when necessary. We will reevaluate this additional cost in 6 months to determine if we can lower the cost to play at that time.

### YE OL Pool Room 8 Ball Tournament

#### Results of 6/9/21:

1st Place:	Jorge Fernandez
2nd Place:	Barry Beddow
3rd Place:	Wally Topinko
4th Place:	Bill Belg

Next tournament is July 14. Questions? Please contact **Wally Topinko** at 321-622-4977.

## QiGong-TaiChi

Wednesdays & Fridays @ 8:30—9:30A

Cost: \$5.00 Members / \$7.00 Non-Members

For over 50 years, scientists at the Institute for Aging Research, an affiliate of Harvard Medical School, have been studying what causes falls among the elderly, and how to prevent them. According to researchers, one of the most promising interventions is TaiChi. It offers senior practitioners inner peace and improves balance, flexibility and mental agility. It also reduces death due to falls and injury among older adults. We focus more on the Healing Art of QiGong of TaiChi. Contact **Laura Parsons**, Certified Instructor at 321-474-5374.



## Shuffleboard

Mondays & Thursdays @ 6:00—8:30 pm & Saturdays @ 9:00 am—Noon

Cost: \$1.00 Members / \$3.00 Non-Members

For more information on learning how to play or participating in shuffleboard tournaments, please call **Greg Jones** at 606-219-3994 or email: [greg.sonesta@gmail.com](mailto:greg.sonesta@gmail.com).



**Wickham Park Shuffleboard Club  
Summer League Champions!**

(Back Row) Curtis Casto, Joan Wivchar, Jane Plumpton, Kerry Siler;  
(Front Row) Betty Snow, Belinda Jones, Regina Chow, Karen Siler

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## Silver Sneakers

Thursdays @ 11:00 am—Noon  
 Cost: \$6.00 Members /  
 \$8.00 Non-Members



Silver Sneakers is a low impact cardio and stretching class that's done 60% in a chair and the other 40% standing. It is a great workout for ALL levels of fitness! The cost is just **\$6.00 per class**, but for some of you, your health insurance may cover the cost of the class and you can come and work out FOR FREE! All you need to do is contact your health insurance company and ask them if your policy includes Silver Sneakers. Contact **Kim Billins** at 469-662-4176.

## Social Scrabble

Tuesdays @ 9:15 am—Noon  
 Cost: \$1.00 Members / \$3.00 Non-Members

Hello fellow Scrabble players! Friendly Scrabble has returned as of April 20, 2021. Questions? Please contact **Anne O'Brien** at 303-453-7301.

## Strength/Flexibility

Thursdays @ 9:30—10:30 am  
 Cost: \$4.00 Members / \$6.00 Non-Members

Fitness Unlimited by Design presents a class you won't want to miss! For more information, contact **Susie Salvetti** at 321-626-0282.

## Watercolor Instruction

Wednesdays @ 9:30 am—12:15 pm  
 Cost: \$6.00 Members / \$7.00 Non-Members

**Resuming August 18!**

Classes held in the computer room. Please check with WPSC COVID mandates as they follow the County and CDC Guidelines. Bring your own supplies, smiles and good attitudes! Relax, enjoy the process and camaraderie. All levels welcome! Contact **Judy Champion** at 321-312-9155 or email at [judy.champion325@gmail.com](mailto:judy.champion325@gmail.com).



## Zumba Gold

Tuesdays @ 8:30—9:15 am  
 Cost: \$5.00 Members /  
 \$7.00 Non-Members

For more information, contact **Cristina Aguerrevere** at 321-914-9401.



## Participating in Activities You Enjoy – More Than Just Fun and Games Tips from the National Institute on Aging

Engaging in social and productive activities you enjoy, like taking an art class or becoming a volunteer in your community or at your place of worship, may help to maintain your well-being. Research tells us that older people with an active lifestyle:

- **Are less likely to develop certain diseases.** Participating in hobbies and other social and leisure pursuits may lower risk for developing some health problems, including dementia.
- **Have a longer lifespan.** One study showed that older adults who reported taking part in social activities (such as playing games, belonging to social groups, or traveling) or meaningful, productive activities (such as having a paid or unpaid job, or gardening) lived longer than people who did not. Researchers are further exploring this connection.
- **Are better prepared to cope with loss.** Studies suggest that volunteering can help with stress and depression from the death of a spouse or other loved one. Among people who experienced a loss, those who took part in volunteer activities felt more positive about their own abilities (reported greater self-efficacy).

# OUR SPONSORS

## Our “STARS” Sponsors

The Officers and Membership of Wickham Park Senior Center appreciate the continued support of our many Sponsors. As an all volunteer run organization, their continued financial support allows us to offer Activities and Social events for our members.

### Diamond Level

Beltone Hearing ♦ Courtney Springs Village ♦ CarePlus Health Plans  
Edward Jones Investments ♦ Health First Health Plans ♦ Health First Home Care  
Home Instead Senior Care ♦ Slonim & Lemieux Law Offices ♦ St. Francis Reflections  
United Healthcare ♦ VITAS Healthcare

### Gold Level

Victoria Landing

### Silver Level

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### Meet & Greet Sponsors

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United Healthcare • VIP America Home Health Care

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TO OUR SPONSORS

## Come Meet Our Sponsors!

Our monthly Meet & Greets with our sponsors have started back up on Tuesday and Friday mornings from 9—11:00 am. Each sponsor will have a table set up just outside the front door or inside the lobby to provide you with information, fun giveaways, and someone knowledgeable to answer your specific questions. Please mark your calendars and come up to meet them.

### Monthly Schedule:

- 3rd Tuesday - Health First Health Plans & CaptionCall
- 1st Friday - VIP Health Care
- 2nd Friday - United Healthcare
- 3rd Friday - CarePlus Health Plans
- 4th Friday - Ally Senior Living & St. Francis Reflections



In FY2021, we have been fortunate to receive a number of donations to the Center. We would like to thank them for their generosity:

### Donations Earmarked for WPSC

- Jacqueline DeGaetano
- Sonia Echavaria
- Frank M. Page
- St. Francis Reflections

### Donations Earmarked in Honor of Mary Ellen Reeves

- Angela Brown
- Verna Layman
- The Germanns and The Atiyehs – Family Members of Vincent Germann
- Vincent & Rosalie Germann
- Daniel & Karen Hagan
- Doris Lynn
- H. T. Lyons, Inc.
- G. Ronald Reeves

*Wickham Park Senior Center is a 501(c)3 charitable organization and as such is eligible to receive charitable donations.*



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## In the Spotlight



### Ballroom Dancing's Larry Kaczmarek & Chris Marcelle

Formerly from Ohio, Larry began his dancing at the Arthur Murray Studio in Cleveland with Mitzi Harris, over 50 years ago. He went on to study with Bill and Bobby

Irvine, Jean Marc Geuaneax, Franc Moussenard, and David Hamilton, before coming to Florida in 2002. He has been teaching for 45 years. Larry was active in the Ohio USABDA (USA Dance) Chapter, started the Albuquerque, New Mexico Chapter of USA Dance, and was Dance Host Captain in the Royal Palm Chapter, before moving to the Space Coast three years ago. He has hosted for many years at the "Stardust Dance Weekends" in New York. Larry is a Professional Florist, who has owned and operated two flower and gift shops in Ohio. Today he works part time at Eau Gallie Florist in Melbourne, FL. He is proficient in both American and International Smooth & Standard and teaches both Smooth, Standard and Latin. Larry excels in Viennese Waltz, Quickstep, Waltz, Foxtrot, and (American & International) Tango.

Chris Marcelle has been dancing, DJ'ing, and teaching Ballroom and West Coast Swing for over 20 years. She is the former owner of Center of Dance, Melbourne, FL, Starlight Dance Hall in Greenacres, FL, and co-owner of Palm Beach Ballroom.

Chris has DJ'ed for both the Vero Beach and Space Coast Chapter of USA Dance and for Stardust Dance Cruises, Umbrella Singles Weekends in the Catskills, Pavilion in Boca, and the Goldcoast Ballroom, and until recently, was teaching and playing music at the Wickham Park Senior Center. She has an extensive collection of Ballroom, Latin and swing music and is available to DJ your next event. Chris is extremely passionate about dancing and teaching and loves to dance with everyone!

Chris and Larry met in Delray Beach Florida in 2002. Together they opened the Palm Beach Ballroom in Lake Worth, and in 2004 moved to Brevard County, (back to for Chris) and have been teaching group and private lessons ever since.

Chris and Larry continue to take lessons and dance all over the country. They have instructed on many Dance Cruises over the years and are available for your small group or affair and have affordable private lessons at various locations.

Chris and Larry are extremely passionate about teaching and dancing and love to share their knowledge of dance that they have acquired and continue to acquire. We like to teach lead and follow and **how not to get hurt on the dance floor**. Join them on Monday nights at the Wickham Park Senior Center for two classes: Anything Goes (Coaching) at 6:30 pm; and Group Classes for All Levels at 7:30 pm.



## Happy Birthday Ester!



June 5th was a special day for duplicate bridge players. It was our first face-to-face game since the shutdown due to the pandemic. We were able to meet again without masks due to the efficacy of the vaccine and the CDC allowing vaccinated adults to gather. What made the day even more special was the joy of helping **Esther Kamer** celebrate her 95th birthday. Bridge and birthday cake. What could be better?

## We Miss You Already, Yvonne!

Our Tuesday Line Dancing for Fun and Exercise Class received sad news. One of our best dancers, **Ms. Yvonne Schroder**, age 89 years young, will be moving back home to Indiana. Yvonne has been a faithful member of our beautiful Wickham Park Senior Center almost since we opened over 11 years ago. I have had the pleasure of Yvonne's presence in my Tuesday line dance class weekly. She very seldom misses. Yvonne has a passion for dance, but also a passion for love of her friends she has found here at our center. Yvonne called me every single week during COVID to check on me and make sure dancing would be starting up soon! She was the first student to return and the first student to get her vaccine when available. Yvonne loves to cook and always treasured our holiday celebration so that she could bring us surprises. Yvonne came to Brevard in 1985 and is returning home next week where she and her husband retired before moving here, to be with her beautiful daughter and sons and family.

Our line dance friends will miss the joy and spunk and leadership this beautiful lady has brought to our class for so many years. Travel safe sweet friend. Dance for the joy it brings to your life. I love you. It's been an honor to be your teacher.

Love, Sue





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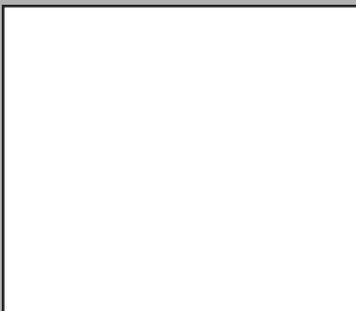
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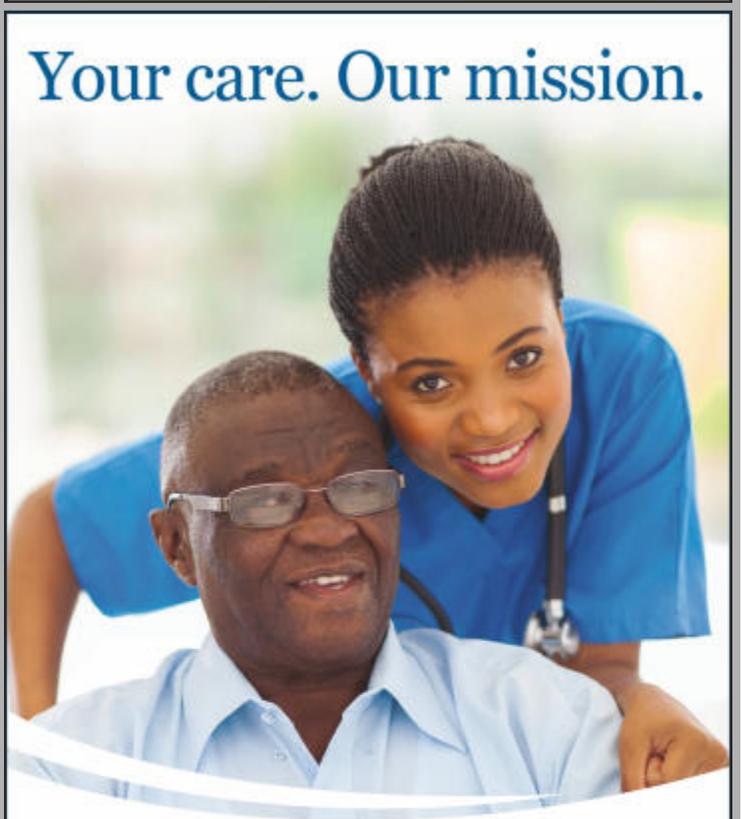
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# Welcome

## New Members in May

Anders, DeMaris	Matrow, Shirley
Besette, Cathy	McCullagh, Dorothy
Bevard, Linda (Lita)	McCurda, Joanne
Bevard, Robert (Bob), Jr.	McKenna, Diane
Boyd, Billie	McMillan, Ronald
Brown, Colleen	Mouyal, Susan
Cantley, Cheryl	Nandini, Mary
Carbon, Sandy	Opachick, Joan
Cooper, Stephen	Pinsonnault, A.J.
Cubeta-Piwinski, Annette	Preston, Lisa
Dobrynski, Peter	Reeves, Margaret Anne
Doidge, Harold	Restivo, Thomas
Dreitlein, Carol	Rosenberg, Mary
Fravel, John	Rosenberg, Ron
Hanel, Thelma	Sanders, Marie
Howe, Barbara	Schweiger, Annette
Huber, Karen	Simkins, Stanley
Janowsky, Blake	Szynaka, DonnaLee
Larsen, Debbie	Turney, Gary
Lillian, Ilene	Wells, Philip
Masten, Todd	

Deadline for copy submission to the newsletter is the **15th of each month**. Please email copy to:  
**WPSCnews@cfl.rr.com**

**Comments?** We value your opinion! There's a new SUGGESTION BOX in the lobby for your feedback or ideas on how we can enhance the experience at the WPSC!



## Wickham Park Senior Center Holiday Closures

The Center will be CLOSED on:

- **July 4th Holiday:** Monday, July 5
- **Labor Day Holiday:** Monday, September 6
- **Thanksgiving Holiday:**
  - Wednesday, November 24
  - Thursday, November 25 (Thanksgiving)
  - Friday, November 26 (Friday after Thanksgiving)
  - Saturday, November 27
- **Christmas Holiday:**
  - Thursday, December 23
  - Friday, December 24 (Christmas Eve)
  - Saturday, December 25 (Christmas Day)
- **New Year's Holiday:**
  - Friday, December 31, 2021 (New Year's Eve)
  - Saturday, January 1, 2022 (New Year's Day)

## Meet Our Staff

### Officers

President:	Diane Weinzierl
Vice President:	Gary McGuire
Secretary:	Lynn Higginbotham
Treasurer:	Michelle Goldstein

### Directors

Deana Booth	Pam Page
Vincent Germann	Ginny Parker
Peggy Miles	Linda Payne
Beverly Morgan	Jaqueline Williams
Rosalie Novak	

### Staff

Systems Admin:	John Efirid
IT Staff:	David Leacock
	John Turner
Sunshine:	JoAnn Efirid
Newsletter:	Nilda Rosario