



Friendship Flyer

JUNE 2022

2785 Leisure Way
Melbourne, FL 32935
(321) 255-4494

Monday-Friday: 8:30 am—4:30 pm
Saturday & Sunday: CLOSED
www.bcwpssc.org



Diane Weinzierl

President's Message

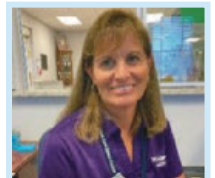
Have you noticed the new banner outside the Senior Center? Over the past few months, we found that many people who saw us at off-site events, and even many who just drove by our Center, didn't have any idea of what we did or how much fun we have inside. We're hoping this new banner will give them idea of all the programs we have to offer and encourage them to come in to see us. Thanks to **Nilda Rosario** for doing such a fantastic job designing this banner.



Do you order items from Amazon? If so, did you know that you can have a portion of your sales donated to Wickham Park Senior Center—all at no additional cost to you? WPSC is now registered as a charitable organization under the smile.amazon.com. If you register and designate WPSC as your charitable organization, the Smile Amazon Foundation will donate 0.5% of your purchases to WPSC – all at no cost to you. See the article on page 2 for directions how to sign up and start donating. Be sure to tell your friends and family to register too.



Congratulations to **Janice Oppelt**, our new Travel Coordinator for the Wickham Wanderers Travel Department at WPSC. Janice brings a wealth of business experience, having worked for more than 30 years at Sam's Club in their cash office and HR department. She has also been serving as our Assistant Treasurer for the past 3 months. Stop in and say hi to Janice and the rest of our Travel volunteers. They would love to tell you about the upcoming trips they have planned. You can also see more Travel details on page 13.



Lastly, don't forget to join us for the **World Elder Abuse Awareness Expo** here at the Center on **Wednesday, June 15**. The event is free and will be open to the public from 9 am to 12:00 pm. Exhibits will include local Law Enforcement & Public Safety Providers, Community Service Resources & Providers, Caregiver information, On-site memory screenings & Clinical Research Trials, Transportation options & solutions and other social and FUN activities. Refreshments provided.

Mission Statement

Our Mission is to provide a congenial and happy environment for seniors to enjoy activities, meet new friends, and attend educational programs. Furthermore, to provide a resource for obtaining assistance and guidance in times of need.

"There are no strangers here, only friends you have yet to meet!"

Do you order from Amazon? Register with Smile.Amazon.com and they will donate 0.5% of your Amazon purchase to Wickham Park Senior Center!

If you already order items from Amazon, you can now register to enable Wickham Park Senior Center to receive a donation for each order you place – **at no additional cost to you.**



The AmazonSmile Foundation makes donations to eligible charitable organizations selected by customers, and Wickham Park Senior Center is one of those charitable organizations. When you shop with AmazonSmile, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added benefit that AmazonSmile will donate 0.5% of your eligible purchases to Wickham Park Senior Center.

How can you register for this program?

1. Visit smile.amazon.com where you'll be prompted to select a charitable organization.
2. Please type in Wickham Park Senior Center. You should also notice the words "Supporting Wickham Park Senior Center Assoc Inc" just under the search bar and all of your regular Amazon account information will still be here for you to use.
3. When you order from amazon, please remember to start your order from smile.amazon.com in lieu of amazon.com.

Please feel free to **share this with all your family and friends.** Thanks for helping support Wickham Park Senior Center with your Amazon orders!

Looking for a Worthy Charitable Donation Organization?

Wickham Park Senior Center is a 501(c)3 charitable organization and as such is eligible to receive charitable donations. We would like to thank the following people for their generous donations to WPCS in FY2022.

- Kathleen Agee
- Peggy Brysobn
- Robert Cason, in honor of his wife's birthday (Genevieve Cason)
- Kathleen & Andrew Cole
- Sonia Echevarria
- Laura Aho Parsons
- Susan Salvetti



If you find you have extra funds in your charitable donations bucket anytime during the year, please consider donating to WPSC.



Need to Schedule an Appointment with SHINE?

The WPSC SHINE Group is available Tuesdays, Thursdays and Fridays from 9:00 am to Noon in Room 104. Anyone interested can call 407-514-1800 to schedule an appointment. No fee required!

Are You Receiving the WPSC Monthly Newsletter via Email?

A link to this newsletter is emailed to all members by the first of every month. If you are not receiving these emails, please stop by the Front Desk and verify that we have your correct email address.

Are You Looking to Right Size Your Home?

Here are some tips to help you get started.



1. Start with the easy stuff-eliminate anything that is broken, damaged, or no longer wanted.
2. Ask yourself "If this disappeared tomorrow, would I run out and replace it?" If you wouldn't miss it or need to replace it, it's probably not worth keeping.
3. Don't be a storage unit for others. If friends or relatives have left you things to store, it's time to ask them to pick them up.
4. Decide what's important. Go through your things and decide what items you would need to bring with you if you were moving overseas and the shipping costs a fortune. These are the things that matter most to you.
5. Is this something from a lifestyle I no longer have or want? If you have multiple cabinets full of plastic containers but you now only cook for one or two people, you can probably lose a few sets.
6. Schedule a regular time each week to work on rightsizing. Rightsizing is a life changing marathon, not a sprint.
7. Value what you keep. The fewer things you keep, the more you will treasure and enjoy what you have.
8. Prevent new collections from forming.
9. Use age to your advantage. Now is a great time to "gift" items you "eventually" want family members to have.
10. Ask for help. Although you can do much of this on your own, a family member or a good friend can help make the job more manageable.

Working with a Senior Real Estate Specialist (SRES) such as Jeanne and Mike can really help you to get you home under control. We have a team that can assist you throughout the right sizing process.

Please contact us at 321-720-2282 or visit our website at www.sellingonthespacecoast.com.

Where is Tom?

Follow **Tom Winkelspecht** as he rides his bicycle more than 2,000 miles this Summer from Melbourne, Florida to Bangor, Maine to support and raise money for the Wickham Park Shuffleboard Club.

Giving Levels:

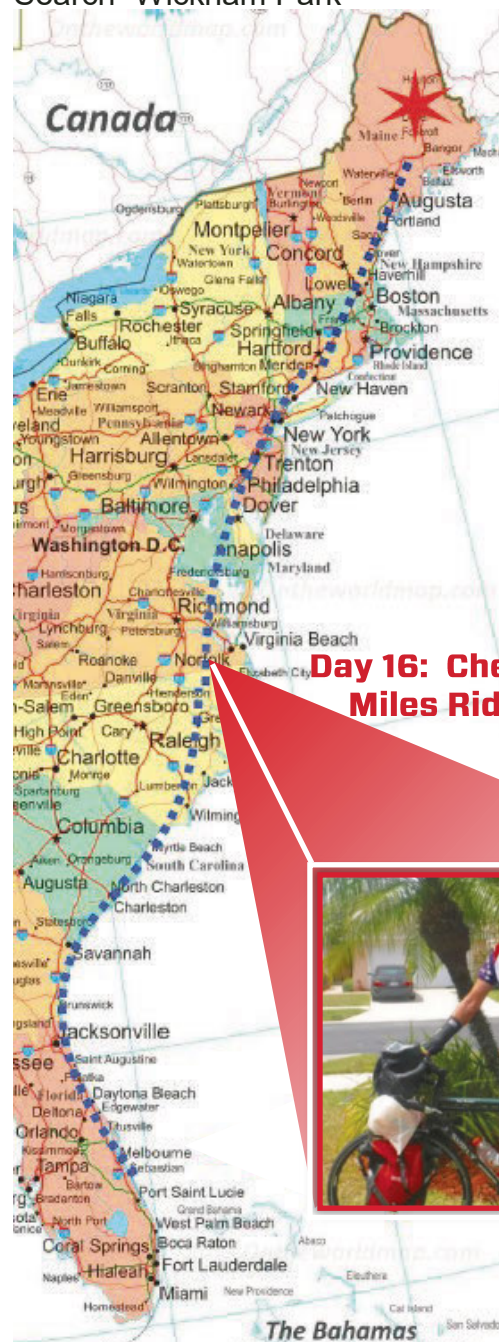
\$20 - A penny per mile

\$25 - I'm a shuffler

\$50 - I like Tom

\$100 - I'm a couch potato

For more information: www.GoFundMe.com/
Search "Wickham Park"



WEAR PURPLE TO
SHOW YOUR SUPPORT!

FREE TO THE PUBLIC



WORLD ELDER ABUSE AWARENESS DAY

Building Strong Support for Elders



WEDNESDAY, JUNE 15, 2022
9:00AM - 12:00PM

Wickham Park Senior Center, Melbourne, FL
WorldElderAbuseAwareness.com

COMMUNITY INFO EXPO

Stop by vendor tables
for resources
showcasing senior
community services.
Refreshments provided.
Fill out the event card
to be entered in a door
prize drawing.

WALK DOWN MEMORY LANE

Take a stroll to view
scenes from the 40s,
50s, 60s, and 70s.
Win a 65" TV in our
"Memory" challenge.

EDUCATIONAL SEMINARS

Dr. Visa (9:30am) will
present on the benefits
of early detection and
Detective Hamilton
(11:00am) on elder
abuse scams.

For more information, please contact
Brevard Alzheimer's Foundation at 321-253-4430 or
visit worldelderabuseawareness.com

Attention: VETERANS

Space Coast Honor Flight takes World War II, Korean War, and Vietnam Veterans to Washington DC for a day of Honor to visit their War Memorials. This is a unique opportunity to show our gratitude to the Heroes



who made possible the freedoms we

enjoy today. This trip is **FREE** for Veterans. Each Veteran is accompanied by a Guardian Escort. Since 2010 SCHF has taken 1,656 Veterans and we invite you to join us for the trip of a lifetime. Please pick up a Veteran application at the Senior Center. Learn more on our website: www.spacecoasthonorflight.org or on Facebook. All events are held at the Wickham Park Senior Center.



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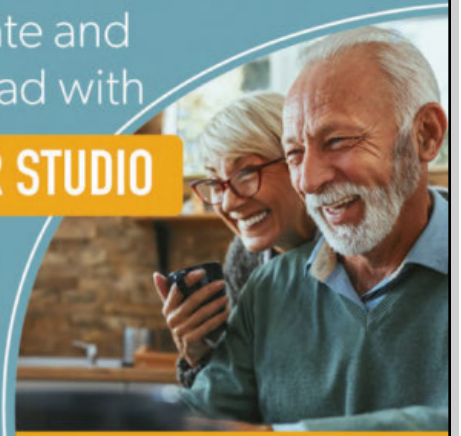
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CALENDAR OF EVENTS

WICKHAM PARK SENIOR CENTER
2785 Leisure Way
Melbourne, FL 32935

Phone: 321-255-4494
Web: www.bcwpssc.org

JUNE 2022

ACTIVITY	SCHEDULE FOR JUNE	NOTES
Ballroom Dancing	Mondays @ 6:30P for Advanced Ballroom Class; Mondays @ 7:30P for Beginner Class	CLASSES CANCELLED UNTIL JULY 11
Bingo	Tuesdays & Fridays @ 11:15A—2:00P	
Blood Pressure Checks		NOT SCHEDULED
Bones and Balance	Mondays @ 10:00—11:00A	
Bridge: Beginner Class	Virtual Classes on Mondays @ 10:00A—Noon On-Site Classes on Wed. & Sat. @ 11:00—Noon	MEETS VIRTUALLY & ON-SITE
Duplicate	Virtual Classes Mon. thru Fri. @ 12:30P & Sat. @ 7:00P (NO DUPLICATE BRIDGE ON WEDNESDAY, JUNE 15) On-Site Classes on Mon., Wed., & Sat. @ 12:30—4:00P	MEETS VIRTUALLY & ON-SITE
Chat	Fridays @ 9:30—11:00A	MEETS VIRTUALLY
Rogue	Tuesdays @ 12:15—4:00P	
Rubber	Thursdays @ 1:00-4:00P & Saturdays @ 12:30-3:30P	
Bunco	1st & 3rd Thursdays (June 2 & 16) @ 12:30—4:00P	
Chair Yoga	Tuesdays @ 3:00—4:00P	
Chefs for Seniors	Next Class is July 28 @ 11:00A—12:30P Sign-up Sheet at Front Desk	
Euchre	1st & 3rd Wednesdays (June 1 & 15) @ 6:00—9:00P	
Hand & Foot	Mondays & Fridays @ 9:00A—Noon	
Jazzercise Lo	Mon., Wed. & Fri. @ 8:30—9:30A	
Line Dancing	Tuesdays @ 4:15—5:30P	
Mahjong: American	Mondays @ Noon—3:30P Thursdays @ 9:00A—Noon	
Chinese	Wednesdays @ 1:00—4:00P	
Mexican Train Dominoes	Wednesdays @ 1:00—4:00P	
Oil Painting for Beginners	1st Thursday (June 2) @ 1:00—5:00P	
Pinochle	Mondays & Fridays @ 12:15—4:00P	
Poker: Dealers Choice	Tuesdays & Fridays @ 1:00—4:00P	
Friendly	Mondays @ 1:00—4:00P	
Pool (Billiards)	Monday thru Friday @ 8:30A—4:30P Saturdays @ 8:30A—12:30P	
Shuffleboard: Open Play	Saturdays @ 9:00A & Thursdays @ 6:00P	April 2 thru Sept. 30
QiGong-TaiChi	Mondays, Wednesdays & Fridays @ 8:30—9:30A	
Rummikub	Wednesdays @ 1:00-4:00P	
Senior Law	4th Friday of the Month (June 24) @ 2:00—4:00P	
SHINE	Tuesdays, Thursdays & Fridays @ 9:00A—Noon	
Social Scrabble	Tuesdays @ 9:30A—Noon	
Strength / Flexibility	Thursdays @ 9:30—10:30A	
Watercolor Instruction	Wednesdays @ 9:45A—12:30P ON SUMMER BREAK	RESUMES AUGUST 24

Program details and times are subject to change. Please check the daily schedule at the Front Desk for the latest information.

NEW UPDATES

Ballroom Dancing & Swing Lessons

CLASSES CANCELLED UNTIL JULY 11

Mondays @ 6:30 Advanced / @ 7:30 Beginner

Cost: \$8.00 per Class for Members

\$10.00 per Class for Non-Members

Classes change every month.

Welcome Singles and Couples! Any questions? Please contact **Chris Marcelle** at 321-258-5916.



TUESDAY & FRIDAY—Open to the Public!

11:15 am—2:00 pm; Doors Open @ 10:00 am

Early Bird @ 11:15 am

Join us and play 29 games including Early-Bird, 50/50, Winner-Take-All and Progressive games. Minimum package starts at \$6. Bingo payouts adjusted based on attendance. Kitchen open from 10:00 am to 11:30 am. For more information, contact **Brenda Clarson** at 321-258-8837.

Bones & Balance

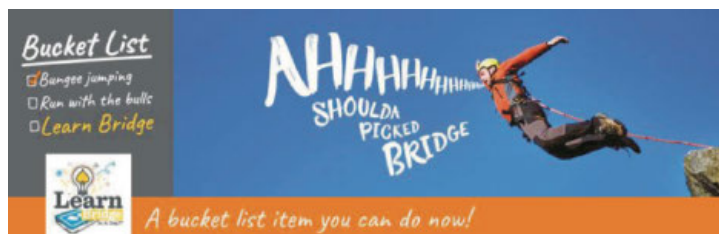
Mondays @ 10:00 am—11:00 am

Cost: \$5.00 Members / \$7.00 Non-Members

Start your week with healthy aging exercise. Chairs, weights and exercise bands will be used to improve your core



strength, posture and balance. All major muscles will get a workout. Certified personal trainer and certified group fitness instructor with 29 years of experience at Pro Health/Health First. Please wear comfortable shoes! For more information, contact **Marcia Luhn** at 321-543-6358.



Online Bridge Class

Beginning Monday, May 2 for 7 weeks

Time: 10:00 am—Noon

Cost: \$60 (Student/Military Discount \$30)

Book: Bridge Basics 1: An Introduction by Audrey Grant

Available on Amazon.com

Whether you are looking for competition or something more relaxed, bridge is a great option for you. Learn the ultimate card game and discover your new passion in the comfort of your home. The Wickham Park Duplicate Bridge Club is providing a seven-week online bridge course. Bridge is a great social activity and a way to make new friends.

Students will learn how to bid and play hands in this fun class while learning the following topics:

- Hand Evaluation; Learn how to properly evaluate your hand strength
- Notrump opening bids, responses, and rebids
- Major suit opening bids, responses, and rebids
- Minor suit opening bids, responses, and rebids
- Selecting a trump suit
- Planning the play of the hand
- Defense attitude signals

Check written to: Wickham Park Senior Center (WPSC), Attn: Treasurer, 2785 Leisure Way, Melbourne, FL 32935. Note on check: For Beginning Bridge Class

To Enroll Contact: Harold Phillips at 321-956-9208 or email h1phill@earthlink.net.

Please provide the following: Your Name (First, Last), email@, and phone number.

Bridge (Duplicate)

Online: Mon. thru Fri. @ 12:30 pm; Sat. @ 7:00 pm
(No Duplicate Bridge on Wednesday, June 15)

On-site Classes: Mon., Wed. & Sat. @ 12:30P

Cost: \$6.00

Duplicate bridge classes have resumed on-site Monday, Wednesday and Saturday. Virtual online classes are also available. For the online schedule, please check out the latest on the website under the Bridge tab or contact **Pam Page** at 321-537-0907. If you would like to play in our game, please contact Pam Page or **Bob Ezell** at 321-474-2293.



Bridge (Rogue)

Tuesdays @ 12:15—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact **Patricia Rosenthal** at 321-626-5419.

Bridge (Rubber)

Thursdays @ 1:00—4:00 pm

Saturdays @ 12:30—3:30 pm

Cost: \$2.00 Members / \$4.00 Non-Members

Come on out for an afternoon of enjoyment at the bridge table. Any questions? The point of contact for Thursday is **Janet Walker** at 321-242-3173 and the point of contact for Saturday is **John Dalheim** at 321-241-6191.

Bunco

1st & 3rd Thurs. (June 2 & 16) @ 12:30—4:00 pm

Cost: \$6.00 Members / \$8.00 Non-Members

Bunco is played on the 1st and 3rd Thursday of each month. This month's dates are May 5 & 19. **Linda Peglow** and **Lisa Coyle** are the Bunco Program co-chairs. We play four rounds. After two rounds, we have a break for refreshments. We supply coffee and water. Players may bring lunch items, snacks or desserts to share. Please contact **Lisa** at 321-345-9848 to reserve your Bunco space.

Chair Yoga

Tuesdays @ 3:00—4:00 pm/Sign-in @ 2:45 pm

Cost: \$1.00 Members / \$3.00 Non-Members

This class is designed to help with overall well-being for the body and mind. Stretches and movements that will help increase mobility, flexibility, strength and balance. A focus on posture and breathing helps calm the mind, helps reduce stress and increase oxygen flow. Contact **Shelly Anderson** at 321-626-1969.

Chef for Seniors

Cost: \$6.00 Members / \$8.00 Non-Members

Classes @ 11:00 am—12:30:

- **July 28: Diabetic Dinners**
- **Sept. 22: Fall Flavors**
- **Nov. 10: Thanksgiving Dishes**

Join **Chef Jillian** for a Cooking For Seniors Class. Each Class includes an interactive cooking demonstration, free recipes, cooking tips and food tasting.



Please sign up at front desk to reserve your spot.

All proceeds are donated by Chef Jillian to The Children's Hunger Project, Brevard County's Backpack Program.

Euchre

1st & 3rd Wed. (June 1 & 15) @ 6:00—9:00 pm

Cost: \$5.00 Members / \$7.00 Non-Members

Sign up begins at 5:30. Please be signed up and ready to play by 6:00 pm. Enter through the front door and sign in per senior center protocol. For more information or any questions, please contact **Jay Koeller** at 321-794-6400.

Hand & Foot Card Game

Mondays & Fridays 9:00 am—Noon

Cost: \$1.00 Members / \$3.00 Non-Members

Join this group of friendly and competitive players for a time well spent. Players are designated to a table by drawings seat assignments, if you do not have a partner. Contact **Beverly Morgan** at 303-458-8273 for more information.

Jazzercise Lo

Mon., Wed., & Fridays @ 8:30—9:30 am
Cost: \$40.00 per Month or \$10.00 per Day

Join us for a fun and energized Jazzercise Lo class. Start off your mornings dancing away those extra calories using Low Impact moves that yield MAXIMUM results! You use muscles, not momentum, to get a total body workout without the impact on your joints. Contact **Ginny Parker** at 321-698-0445.

Line Dancing

Tuesdays @ 4:15—5:30 pm
Cost: \$6.00 Members / \$8.00 Non-Members



Line Dancing is for everyone! Our class consists of dancers of all levels who love sharing their love of music and movement with each other. Come make some new friends and have some fun. For more information, call **Sue Duncan** at 321-505-0846.

Mahjong

American: Mondays @ Noon—3:00 pm & Thursdays @ 9:00 am—Noon
Cost: \$1.00 Members / \$3.00 Non-Members
Chinese: Wednesdays @ 1:00—4:00 pm
Cost: \$5.00 Members / \$7.00 Non-Members

Mahjong is an activity that fosters friendly comradery and stirs the brain. Come join the fun! If you have any questions, contact **Patricia Rosenthal** at 321-626-5419 (American) or **Michael** at 321-537-7094 (Chinese).



Mexican Train Dominoes

Wednesdays @ 1:00—4:00 pm
Cost: \$1.00 Members / \$3.00 Non-Members

Mexican Train Dominoes is a simple, easy to learn dominoes game. We enjoy playing and we would love to have you come play with us too. Contact **Cora DiCecilia** at 321-254-5014.

Oil Painting for Beginners

1st Thursday of Each Month @ 1:00—5:00 pm
June 2, July 7, August 4 and September 1
Cost: \$40.00 PP (Includes All Supplies)

Cancellation Policy: Class participation can be canceled up until the Wednesday prior to the class, otherwise, payment in full is expected whether you attend class or not.

For the June painting class, we'll be moving our sights on the Royal Poinciana Tree. Names associated with this species include royal poinciana, peacock flower, gold mohair, royal flame tree, Arbol de Fuego, Gulmohar, flame tree (which can be used for several other species) and flamboyant. As you can see in the photo, we'll be painting some of these beautiful trees. There are still a few June seats available, call the Center 321-425-5533 or come in and sign up.

Come paint a beautiful landscape painting with us. Classes will be held on the first Thursdays of each month. For the summer months, through September, we'll only be doing a single class each month. Like the May painting, more beach scenes will be coming this summer.

All supplies, brushes, canvas, and aprons are provided, and you'll walk away with a wonderful finished, unframed oil painting that you will be quite proud of. Remember to wear your painting clothes. The class is small, just 6 participants, so Hobo Bob has plenty of time to work with you as you paint your masterpiece.

This is the painting we'll be working on in June.



Pinochle

Mondays & Fridays @ 12:15—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact **Bill Mueller** at 321-242-4999 (Mondays)
or **Cathy Decker** at 321-254-9517 (Fridays).

Poker (Dealers Choice)

Tuesdays & Fridays @ 1:00—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Contact **Kit LaLonde** at 954-260-0687.

Poker (Friendly)

Mondays @ 1:00—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Attention: Players Needed! Pennies Only. Call ahead to attend. Contact **Vinnie Germann** at 321-253-6155.

Pool (Billiards)

Monday thru Friday @ 8:30 am—4:30 pm

Saturdays @ 8:30 am—12:30 pm

Tournaments: 2nd Wednesday of Every Month

Cost: \$1.00 Members / \$3.00 Non-Members

Plus \$.50 per Day or \$2.00 per Week

YE OL Pool Room 8-Ball Tournament

Results of 5/11/22:

1st: Joe Franco

2nd: Dave Reeve

3rd: Pete Ragusa

4th: Barry Beddow

Next tournament is June 8. Questions? Please contact **Wally Topinko** at 716-830-5978.

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QiGong-TaiChi

Mon., Wed., & Fridays @ 8:30—9:30 am

Cost: \$5.00 Members / \$7.00 Non-Members

For over 50 years, scientists at the Institute for Aging Research, an affiliate of Harvard Medical School, have been studying what causes falls among the elderly, and how to prevent them. According to researchers, one of the most promising interventions is TaiChi. It offers senior practitioners inner peace and improves balance, flexibility and mental agility. It also reduces death due to falls and injury among older adults. We focus more on the Healing Art of QiGong of TaiChi. Contact **Laura Parsons**, Certified Instructor at 321-474-5374.

Rummikub

Wednesdays @ 1:00—4:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

Rummikub is a tile-based game combining elements of the card game rummy and mahjong. It's an easy game to play and if you don't know how to play, our group will be happy to teach you. Come join us for a fun afternoon. Questions? Contact **Rosalie Novak** at 321-610-8021

Senior Law

4th Friday of Each Month: June 24

@ 2:00—4:00 pm

Cost: Free to all WPSC Members

The Slonim Law Firm invites you to attend a FREE seminar and question/answer session on the 4th Friday of each month at WPSC Room 117. We will cover topics such as:

- Last Will & Testament & Trusts
- Durable Power of Attorney & Healthcare Directives
- Living Wills
- Digital Assets
- Medicaid and Asset Protection Options
- Guardianships
- Probate Matters
- General Dementia Issues

Seating is limited. Please sign up at the front desk. Questions? Please call the Law office at 321-757-5701.

Shuffleboard

Summer Schedule: April 2 thru September 30

Open Play: Saturdays @ 9:00 am &

Thursdays @ 6:00 pm

Cost: \$1.00 Members / \$3.00 Non-Members

For more information on learning how to play or participating in shuffleboard tournaments, please call **Greg Jones** at 606-219-3994 or email:

greg.sonesta@gmail.com.

Strength/Flexibility

Thursdays @ 9:30—10:30 am

Cost: \$5.00 Members / \$7.00 Non-Members

Fitness Unlimited by Design presents a class you won't want to miss and has everyone talking! This class will introduce greater strength and flexibility that your body will love and you will love going to. It also helps with posture and alignment of the spine, helps us stay limber, agile, strong and keeps our balance in check. We are working on core, arm and leg strength. Go at your own pace and feel the antiaging begin. Come join us, no need to sign up, just show up. For more information, contact **Susie Salvetti** at 321-626-0282.

Social Scrabble

Tuesdays @ 9:30 am—Noon

Cost: \$1.00 Members / \$3.00 Non-Members

Hello fellow Scrabble players! Friendly Scrabble has returned as of April 20, 2021. Questions? Please contact **Anne O'Brien** at 303-458-7301.

Watercolor Instruction

Wednesdays @ 9:45 am—12:30 pm

Cost: \$6.00 Members / \$7.00 Non-Members

RESUMES Wednesday, August 24.

Any questions, please contact **Judy Champion** at 321-312-9155 or email

judy.champion325@gmail.com.

OUR SPONSORS

The Officers and Membership of Wickham Park Senior Center appreciate the continued support of our many Sponsors. As an all volunteer run organization, their continued financial support allows us to offer Activities and Social events for our members.

Diamond Level Sponsors



At Cigna, we are more than a health insurance company. We are your partner in total health and wellness. In addition, we are here for you 24/7 – caring for your body and mind.



Dry Eye Center of Florida is the first and only clinic in Central Florida dedicated to the diagnosis and treatment of dry eye disease. We combine the latest research and technology to successfully relieve our patients' dry eye symptoms and achieve the best patient outcomes. Dr. Ramsower has provided comprehensive eye care in Brevard County since 2005. She is known for her compassion and dedication to her patients' overall wellness and is happy to take care of all their eye care needs.



Health Plans

Health First Health Plans, a not-for-profit, Brevard County-based company with local customer service, has been serving Brevard County for more than 20 years. Our Medicare Advantage plans offer everything original Medicare offers plus additional benefits.



When it comes to Medicare, one size definitely does not fit all. What works well for your neighbor may not be the best fit for you. With multiple Medicare Advantage plans to choose from, United Healthcare can help you find one that fits your health care coverage needs and your budget.



Life's challenging moments call for a special brand of care guided by love and compassion. Since 1977, we have served as Brevard's only independent, not-for-profit comfort care resource, helping patients and those they love during the most delicate times in their lives. St. Francis Reflections Lifestage Care offers a diverse range of compassionate care services including palliative care, hospice and grief support for all ages.



SLONIM LAW

The Slonim Law attorneys are focused on Elder Law (Probate, Guardianship, Estate Planning & Medicaid Planning) in Brevard county (Melbourne, Viera, and Palm Bay) and Osceola county. We take pride in working closely with our clients to ensure that they obtain the best representation for the value. Helping people is our job. Preserving our client's rights and interests is our focus.



VITAS Healthcare is here to help healthcare providers ensure the best end-of-life care for their patients.

Gold Level Sponsors



Brevard Alzheimer's Foundation provides thousands of hours of adult daycare, senior meals, transportation, and provided 13,885 hours of in-home respite. We touch many other families through case management, caregiver education, and support groups and our goal is to keep families together for as long as possible.



The Auto Group (ACG) is a part of AAA-affiliated insurance companies that are nationwide. ACG is the second largest AAA club in North America, providing insurance, travel, financial and other services to over nine million members. ACG is spread across 11 states plus Puerto Rico and U.S. The offerings will from ACG vary based on location.



Mike and Jeanne are Senior Real Estate Specialists (SRES) who have received additional training in senior real estate. They understand the real estate needs of seniors are different than just a regular real estate transaction. Whether you are looking to retire, downsize, move to an active adult community, or just need some help with your housing options, Mike and Jeanne are there to help.



The comfort of home can't be beat. Home Instead services let people flourish in the everyday life they already know and love – while getting a little help to stay independent and mobile. From personal care to Alzheimer's care to transportation, Home Instead services make life easier for seniors and their families.



There is nothing quite like the warmth and hospitality found in Greenwood Place, offering a safe, comfortable home surrounded by friends and a caring team that caters to your individual needs. Assisted Living residents enjoy restaurant-style dining, daily fitness and exercise classes, and a full calendar of educational, cultural and social events.

Meet & Greet Sponsors

Our monthly Meet & Greets with our sponsors have started back up on Tuesday and Friday mornings from 9—11:00 am. Each sponsor will have a table set up just outside the front door or inside the lobby to provide you with information, fun giveaways, and someone knowledgeable to answer your specific questions. Please mark your calendars and come up to meet them.



Friday, June 17

The WPSC Travel Office is OPEN Monday—Friday, 9:00 am—1:00 pm

Isle of Capri Casino

Date: September 14, 2022

Cost: \$45 per person

Get \$15 Credit with Photo ID or Caesar Card

St. Johns River Cruise

Date: October 19, 2022

Cost: \$135 per person

Cancellation Deadline October 10, 2022

St. Augustine Night of Lights

Date: December 11-12, 2022

Cost: \$449 PP Double / \$549 Single

Branson Holiday Getaway

Date: November 6-14, 2022

Cost: \$1,699 PP Double / \$1,999 Single

(Does NOT Include Mandatory Insurance)



Courtesy of Travel Expressions

For more information and reservations, please call Wickham Park Travel at 321-425-5530.



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FRIDAY NIGHT DINNER

Our Friday Night Dinner Celebration on May 13!



Welcome

New Members in April

Arnold, Peggy Sue	Jamnia, Pari
Bacchi, Peg	Klein, Barbara
Beach, Judith	Klein, Paul
Beckage, Frank	Landry, Maren
Boes, Patricia	Little, Tom
Bright, Gary	Lohr, Pamela
Byrd, Suzy	Monfette, Deborah
Campanelli, Colette	Morales, Jane
Canfield, CJ	Morgan, Michael
Chinnery, Esther	Mullin, Kathy
Cloutier, Cathy	Oddo, Marie
Combs, Maria	Overholser, Virginia
Crincoli, Sue	Popun, Edith (Edie)
Crincoli, Tom	Ray, Susi
Doll, Thea	Rose, Judith
Dupuis, Daniel	Rosser, Sandra
Dupuis, Denise	Schanck, Gayle
Eccles, Douglas	Schanck, Stephen
Eccles, Mary Ann	Shala, Gjergj
Evenson, Sharon	Sherod, Linda
Foland, Dona	Snyder, Dennis
Gillmor, Shirley	Spidaliere, Richard
Grabowski, Linda	Stearns, Stephanie
Greenberg, Gail	Stone, Sandy
Gulick, Elizabeth	Wrasmann, Ed
Hart, Donna	Yearwood, Michael
Hoe, Charlotte	Young, Pam
Huffman, Carolyn	Zimmermann, Laverne

WPSC Email Addresses

DIRECTORY	EMAIL
WPSC President	president@bcwpsc.org
WPSC Secretary	secretary@bcwpsc.org
WPSC Treasurer	treasurer@bcwpsc.org
WPSC Scheduling	scheduling@bcwpsc.org
WPSC Information	info@bcwpsc.org
WPSC Webmaster	webmaster@bcwpsc.org
Travel Office	travel@bcwpsc.org
Front Desk Reception	reception@bcwpsc.org
Bridge Club	bridge@bcwpsc.org
Newsletter Editor	news@bcwpsc.org
Systems Administrator	itadmin@bcwpsc.org

Meet Our Staff

Officers

President:	Diane Weinzierl
Vice President:	Gary McGuire
Secretary:	Lynn Higginbotham
Treasurer:	Colleen Barneman

Directors

Lisa Coyle	Pam Page
Ina Fritsch	Ginny Parker
Vincent Germann	Janet Smith
Beverly Morgan	Jaqueline Williams
Rosalie Novak	

Staff

IT Systems Admin:	John Efird
Webmaster:	Maureen Reeder
Sunshine:	JoAnn Efird
Newsletter:	Nilda Rosario

Deadline for copy submission to the newsletter is the **15th of each month**. Please email copy to:
news@bcwpsc.org

2022 Wickham Park Senior Center Holiday Closures

(Updated 3/14/2022)

To enable our volunteers to spend more time with their families during the upcoming holiday season, Wickham Park Senior Center will be closed on the following dates:

- **4th of July Holiday:** Monday, July 4
- **Labor Day Holiday:** Monday, September 5
- **Thanksgiving Holiday:**
 - Wednesday, November 23
 - Thursday, November 24 (Thanksgiving)
 - Friday November 25 (Friday after Thanksgiving)
 - Saturday, November 26
- **Christmas Holiday:**
 - Friday, December 23
 - Saturday, December 24 (Christmas Eve)
 - Monday, December 26 (Day after Christmas)
- **New Year's Holiday:**
 - Saturday, December 31 (New Year's Eve)

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