Easter Sunday of the Resurrection of the Lord - April 12, 2020

GOSPEL

"He is not here, for he has been raised just as he said. Come and see the place where he lay. Then go quickly and tell his disciples, 'He has been raised from the dead, and he is going before you to Galilee; there you will see him.'"

Mt 28:6-7

Mission Statement

The Church of St. Luke is joyful, welcoming, caring, active family of believers striving to grow in knowledge of and love for God and each other. Challenged by the Word, nurtured by the Eucharist, and enlivened by the Spirit, we seek to live the message of Jesus in serving the needs of others both within our Parish and in the larger community.

Masses

Available online anytime, and streaming live Sundays @ 9am

www.stluke-ec.org Wed., Thurs., Fri.: 7:30am Saturday: 5:00pm Sunday: 9:00am & 11:30am

Sacrament of Reconciliation

Postponed until further notice Saturday: 3:30pm

(also by appointment)

Parish Office Hours Closed until further notice

Monday-Friday 9:00am—5:00pm

9:00am—5:00pm Phone: (619) 442-1697 Fax: (619) 442-2293



A Roman Catholic Community of Disciples

1980 Hillsdale Road El Cajon, California 92019 (619) 442-1697 www.thechurchofstluke.org



EASTER SUNDAY

FIRST READING: Acts 10:34a, 37-43 SECOND READING: Col 3:1-4 GOSPEL: Matthew 28:1-10

Reflection: What words of phrases caught your attentions as the Gospel was being proclaimed on Sunday? What connection do those words or phrases have to your day-to-day life? (Why do you think they caught your attention?) What might God be trying to say to you through these words or phrases? What response should you make? What action should you take?

Alternative: Share about/reflect what is your Galilee. Were to you live and work and play, specifically? Reflect upon/share about your experience of the Lord in your Galilee. What change can you make in your life so that you might experience the presence of the risen Lord more often?

Parish Council, Finance Council and From the Pastor

PARISH PASTORAL COUNCIL

Parish Pastoral Council normally meets on the 3rd Tuesday of the month. Visitors/ observers are welcome. If you wish to have an item placed on the agenda, contact a Council Member to present it for you, or contact the Parish Office.

PARISH COUNCIL MEMBERS

Fr. Ron Cochran, Pastor Mark Balmert, Chairperson Amy Cannon Tony Camara Julia Caputo Theresa Dodd-Butera Chuck Duncan Linda Jacobson Kay Krueger Kevin Lawrence Don Mercurio Tom Selfani lim Sheehan Dcn. Dennie Nickell (Deacon Emeritus) Dcn. Jerry Stenovec Dcn. Allan Williams lane Cruz Alfano (Staff)

PARISH FINANCE COUNCIL

The Parish Finance Council meets every other 4th Wednesday of the month.

PARISH FINANCE COUNCIL MEMBERS

Fr. Ron Cochran, Pastor Jim Crockett George Heidenreich John Krueger Cathy March Dave Sapper Jim Stepovich



Gospel: Matthew 28:1-10

Then go quickly and tell his disciples, 'He has been raised from the dead, and he is going before you to Galilee; there you will see him.

The instruction to the women to tell Jesus' disciples to go to Galilee where they will see Jesus is given twice in this Gospel, once by the angel (Mt 28:7) and once by Jesus himself (Mt 28:10). What is so important about those words? The same instruction appears in Marks Gospel (Mk 16:7) given by the angel. Luke's Gospel reports that the angels said, "Why do you seek the living one among the dead?" (Lk 24:5) In John's Gospel, which is commonly considered more spiritual than the others, Jesus tells Mary Magdalene to tell the disciples the he is going to the Father, God, in heaven (Jn 20:17b).

I'm convinced that the instruction to go to Galilee is important to Matthew. The Apostles were born in Galilee. Galilee is where they were raised, where they lived and worked and played. Luke's question, Why do you seek the living one among the dead?" Is completely in line with this. The risen Lord is to be experienced in our day-to-day lives, where we live and work and play.

Johns Gospel puts the risen Lord withing the realm of the spirit. But, if we do not separate our life in the spirit from our life in the world, there is no conflict. And we shouldn't separate it. We should allow our life in the spirit to guide our life in the world. That is how we achieve the fulness of life, with the risen Lord guiding us by His Spirit.

Allowing the Spirit of the risen Lord to guide us on our day-to-day lives is not the easiest thing to do. The demands of living in the world pull at us. We are, oftentimes, consumed both physically and emotionally by the struggles of our engagement with life. We are distracted from thoughts of the spiritual and may not have any energy left for it anyway.

It may seem counter intuitive, but seeking the risen Lord within the struggles of our dayto-day lives is how we can energize ourselves within the struggle. The presence of the risen Lord is life-giving while living the day-to-day without His presence can be lifedraining.

Many of us have friends or relatives who are life-giving to us and we turn to them when we are particularly down. The Lord is there, in that relationship but He is also their in the midst of our struggles if we learn to open ourselves to His presence. How do we do that?!

The path to continual relationship with the Lord is probably different for each of us. One thing that is probably common to all of us, though, is the need to let go of the things that keep us from experiencing the Lord. We need to let go of fear and we need to let go of anger. We need to let go of our desire to be in control of everything in our lives, our desire to be God. We need to let go of clinging to substitutes for God, power, wealth, pleasure and honor (as noted by Thomas Aquinas). We need to trust and pray the prayer Jesus prayed in the garden, Father, if you are willing, take this cup away from me; still, not my will but yours be done." (Lk 22:42)

Another suggestion I can offer goes beyond the general letting go of things that keep us from experiencing the presence of the Lord. It is called practicing presence. What ever situation we are in, whether it is with an individual or a group we can practice presence. It requires letting go too.

Practicing presence requires letting go of our efforts to control the present situation. It requires letting go of whatever anxieties we brought into the moment. It requires hearing the other, letting go of our pre-conceived judgments and refraining from developing a response while the other is trying to communicate to us. It requires us to "feel" the other, not just hearing the words but non-judgmentally feeling their emotion and psychological state.

A spiritual writer that I really appreciate, even though I've forgotten who it is, said that when we practice this kind of presence, we feel a mysterious third presence. Try it. It's true, and to experience it, brings excitement and life to whatever situation. That mysterious presence is the presence of the risen Lord, made present through the Holy Spirit.

He has gone to the Galilee of our day-to-day lives and there we can see him, if we believe. I'm reminded of Jesus's comment in the story of the raising of Lazarus, "Did I not tell you, if you believe you will see the glory of God." In His Service,

Fr. Ron

Remember in Your Prayers, Weekly Readings, Mass Intentions

REMEMBER IN YOUR PRAYERS

Laman Abdulahad, Ken Caley, Marie Silva, Bob Irons, Ben Floridi, Cherokee Eddy, Eileen Milnick, Jose Luis, Bobbie Allen, Frank Wilusz, Thomas Dennison, Charli David, Michael Sanchez, Joanne Silva, Thomas & Charlie Frechette, Irene Sowada, Janice Jones, Meg & Jacob Seilheimer, Michele Peterson, Donna & John Vugrin, Marckis Lee, Carlos Zarate, Gail Balga, Bill Washkevich, David Sanderlin, Juan Jiménez, Donna McWalter, Cindy McLaughlin, Christian Colon, Sofia Healy, Citiali Chavez, Rosalie Cline, Sandie Tessier, Logan Bedsole, Jeanette Craig, David Ashbaugh, Chris Martin, Mavi Ghio, Ryan Smith, Matthew Chu, Rose Falls, Richard Frechette, Ann Hansell, Reilly Phipps, Mike McFaul, Richard Spurling, Dean Mellos, Eric Matus, Sally Williams, Gabe Eddy, Harriet B, Nora Toscano, Eugenio Cesena, Jeanne Brunner, Patty Hayes and Family, Glen Stewart, Corrine Warcholik, Colleen London, Laurie Lindow, Joey Enderwood, Bob Cole, Paul Folsom, John Stevenson, Zoey Thomas, La Mice Denton, Brian Hill, Gary Corwin, Lorraine Flint, Bill Phillips, Isaac Armas, Mary Botte, Lara Pasi, Nancy Usrey, Ryan Cochran, Emmanuel Hallak, Dylan Coughlin, Selena Chum, Jimmie Davis, Rachel Chavez, Michele Chavez, Helen Chu, Al Bowen, Joyce Kammer, Theresa Warcholik, Cheryl Berry, Natalie Enriquez, Candace Dayton, Ladel, Michael Ward, Nina Murphy, Noel Fisher, Karen Bennett, Connie Elba, Charles Brown, Jim Leachman, Christine Banuelos, Jose Orrantia, Mina Scannicchio, Carol Petrich, Carey Moore, Jose Azarza, Parker Landis, Joan Smith, Jackie, Jeff Rogers, Michelle Tello, Chase Laird, Vera Navetta, Miriam Kaskorkis, Adelaide Fitzwater, Alice Zizzo, Sophia Christensen, Cindy Russell, Karen Walker, Mike Murphy, Ann Mussomeli, Jeanine DeSanti, Joe James Sowards, Vie Liddell, Jennifer Soares, Dorothea Wall, Antoinette Daquisto-Guidi, Bob Weisham, Teri Harrison, Danielle P., Maria Warcholik, Ruthie Condon, Marin Mejia, Mike Marcon, Theresa & Vito Siragusa, Tracy Weaver, Rick Gores, Sue Sullivan, Tommy Collet Sr., Richard Perricone, John Agostini, Austin Gatus, The Hill Family, The Morrison Family, Frances Colombo, Zaim Attisha, Teresa Russo; and all our relatives and friends who are sick or need prayers.

To add or remove a name, please contact Nancy Adema

G PARISH FINANCES №

In order to fulfill our budget, we need to receive an average of \$12,722 in the collection basket each week. Some weeks may be higher and some lower, but we need to maintain that average. Additionally, we have budgeted for an average of \$12,802 to be contributed monthly through our Online Giving contribution program.

The total amount budgeted through these sources is \$660,095 this year. Our budget includes another \$106,384 expected income from other sources; (Annual Catholic Appeal rebates, Christmas & Easter collections. Sacramental donations, interest, one-time gifts and bequests, etc.).

Week of April 5th:

Weekly Online Giving: \$ 14,992.00

SUPPORTING THE MISSION OF THE CHURCH: Once you've made a decision on how much you should be giving, decide how to give.

WAYS TO GIVE: You can use envelopes as many people do, or set up automatic donations through your bank (forms available in the parish office); you can go to Online Giving on the St. Luke website and set up an online giving plan. You may personally manage online giving or call the parish office to arrange a plan administered by the parish Business Manager. Online Giving Link: <u>www.thechurchofstluke.org</u> (click on **Online Giving**, on the right side of the menu bar). For additional information, please call the parish office at 619-442-1697.

Please pray for April Wedding Anniversaries

Joe and Frances Colombo 58 years
Albert and Carmelita Austria 52 years
Pete and Rose Ann Vaiasuso 48 years
Tom and Ann Kelly 48 years
Glenn and Carmen Hiebing 43 years
Carlos and Patti Cuellar 42 years
Dan and Marty Molden 40 years
Al and Connie Bowen 35 years
Tony and Kerri Holzer 25 years
John and Candy Weir 22 years
Matthew and Veronica Soares 19 years
Jim and Marilyn Sheehan 3 years



If you would like to have your Wedding Anniversary placed in the bulletin, please call 619-442-1697.

Readings for the week of April 12, 2020

Sunday: Acts 10:34a, 37-43/Ps 118:1-2, 16-17, 22-23 [24]/Col 3:1-4 or 1 Cor 5:6b-8/Jn 20:1-9 or Mt 28:1-10

Monday: Acts 2:14, 22-33/Ps 16:1-2a and 5, 7-8, 9-10, 11 [1]/Mt 28:8-15

Tuesday: Acts 2:36-41/Ps 33:4-5, 18-19, 20 and 22 [5b]/Jn 20:11-18

Wednesday: Acts 3:1-10/Ps 105:1-2, 3-4, 6-7, 8-9 [3b]/Lk 24:13-35

Thursday: Acts 3:11-26/Ps 8:2ab and 5, 6-7, 8-9 [2ab]/Lk 24:35-48

Friday: Acts 4:1-12/Ps 118: 1-2 and 4, 22-24, 25-27a [22]/Jn 21:1-14

Saturday: Acts 4:13-21/Ps 118:1 and 14-15ab, 16-18, 19-21 [21a]/Mk 16:9-15

Next Sunday: Acts 2:42-47/Ps 118:2-4, 13-15, 22-24 [1]/1 Pt 1:3-9/Jn 20:19-31

This Week's Prayer Intentions

Sunday, April 12

- Parishioners of St. Luke
- ዮ Nouria Barbat. RIP
- ዮ Michael Johnson, RIP

Sunday, April 19

Sadie Ingallinella, RIP

Online Giving: www.thechurchofstluke.org

Gospel Meditation, Live the Liturgy & Catholic Traditions

LIVE THE LITURGY: INSPIRATION FOR THE WEEK

Our world wants us to believe that life is only what we make of it. Today, we realize how untrue that is. Life is ultimately about what God makes of it, and the resurrection of Jesus reveals this. Alleluia, Christ is risen! Who do you

understand yourself to be? What we did yesterday, are doing today, and may do tomorrow pretty much determine how we perceive ourselves. We eve perceive Jesus this way in limiting our vision of him to his earthly accomplishments. But, we know through today's triumphant celebration that Christ is much more than his earthly legacy. The transfigured and resurrected Christ is the beginning, the end, and the fulfillment of all things and every person. All that Jesus did stands in second place to who we now know him to be. Do we realize that this will be our journey too? Christ is risen. Alleluia, alleluia!



Celebration of Mass: Online and TV

The Diocese of San Diego will provide weekly Masses, via video stream, in English, Spanish and Vietnamese. http://sdcatholic.org/

Daily Mass is celebrated on the **EWTN** channel, and also on Sundays (9:00am & 9:00pm)

AN ANA

The Church of St. Luke will provide weekly Masses, via video stream, Sundays @ 9:00am, including Easter Sunday, or available anytime on our website. www.stluke-ec.org (scroll down on the home page to see the Mass section)

Please also check your email for information about joining, via Zoom, the St. Luke **Pro-Life Rosary on Sundays** @ 8:15am





Easter Sunday of the Resurrection of the Lord April 12, 2020

When we awoke this morning, we found ourselves blessed with another day. It is Easter Sunday. As that thought crossed our minds, did we find ourselves saying "so what" or "alleluia"? For many, today is truly a day of alleluia. For others, it is just another day of "so what." Faith makes a huge difference. It not only makes a difference in how we understand today and the significance of what we celebrate, it also makes a huge difference in terms of how we understand ourselves.

Succeed, live well, be productive, find your niche, follow your dreams, make money, protect your social status, be politically correct, and keep your preferences to yourself are pretty good examples of the messages our secular life wants us to hear. In and of themselves, they don't sound all that harmful. But when really examined, they are. The life of resurrection embodied in the Gospel tells us a much different story.

Life keeps us busy. We are always connected, distracted, occupied, and working. For many of us, an agenda awaits us before we even start our day, and unfinished stuff is brought with us when we retire at night. Make the best of life and "find your own road to happiness are messages we all too easil believe. The "so what" response to the new life of resurrection is often the result of believing that life is only what I make it. What God has to say isn't important to me securing my next raise.

Sadly, we live as if the grave is the end. While we may give the wonder of heaven a blink now and then, its glory really doesn't impress us or matter all that much. It's all about the here and now and what I need to do today to get where I want to be tomorrow. We tend to put off considering the one significant "tomorrow" that will come the millisecond after we take our last breath. When that happens, will we want to be thinking "so what?" or "alleluia"?

There is only one Jesus, one mission, and one resurrection. There is also only one of us. Have you ever pondered what one solitary, humble human life can do? Faith, not our world, tells us how special we are. We are not robots. We are not replaceable. We have one shot. There are no do-overs. Love is at our core and unites us together as one with the God of love who so desperately wants us to be with Him forever. This may not match our secular agenda, but it ought to make our true inner agenda leap for joy. There doesn't need to be an end. I can live forever. Alleluia!



Parish Information

Gratitude in Action



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Annual Catholic Appeal San Diego Diocese Goal for St. Luke \$54,000

Annual Catholic Appeal Online Giving go to: https://giving.sdcatholic.org







Online Giving go to: http://thechurchofstluke.org Click on the On Line Giving Box on the right



Parish Directory and Calendar Information

G PARISH DIRECTORY №

Pastor: Rev. Ron Cochran (619) 442-1697 Deacon Emeritus: Dennie Nickell (619) 442-1697 Deacon: lerry Stenovec (619) 442-1697 Deacon: Allan Williams (619) 442-1697 Pastoral Associate: Jane Cruz Alfano (619) 442-1697 x103 Business Manager: Jim Crockett (619) 442-1697 x110 busmgr@thechurchofstluke.org Secretary: Joanie Maitilasso (619) 442-1697 x101 secretary@thechurchofstluke.org Bulletin Editor: Joanie Maitilasso (619) 442-1697 x101 secretary@thechurchofstluke.org Facility Manager: Robert Stevenson (619)442-1697 x109 facman@thechurchofstluke.org Web Master: Lance Attiq webmaster@thechurchofstluke.org Altar Servers: Dcn. Alan Williams (619) 442-1697 Choir Director: Colin McColl **Organist:** Susan Paul

FAITH FORMATION

Catechetical Ministry: Jane Cruz Alfano, Pastoral Associate (619) 442-1697 x103 passoc@thechurchofstluke.org *Coordinator of RCIA:* Dcn. Jerry Stenovec (619) 442-1697

Coordinators of PreK-5 Faith Formation: Debbie Stenovec; Catechesis of the Good Shepherd 619) 442-1697 x 105 · CGS@thechurchofstluke.org Jennifer Kroeger; Sacramental Preparation (619) 442-1697 x 104 · K-5reled@thechurchofstluke.org Coordinator of Middle & High School Faith Formation, Youth & Young Adult Ministry: Evelyn Beale (619) 442-2515 x106 · youthreled@thechurchofstluke.org MINISTRIES & ORGANIZATIONS

Baptism Class: Joanie Maitilasso (619) 442-1697 Church Cleaning Crew: Peggy Nelson Catholics in Recovery: Jean Goulding Cub/Boy Scout Religious Emblems: Shannon Vint Eucharistic Adoration: Mike Wasyliw Eucharistic Ministers: Linda Jacobson Friends of the Poor: Martha Evans Greeters: Maria Oliver Knights of Columbus: Eddie Vandiver, GK Lectors: Susan Smothers Marriage Preparation: Joanie Maitilasso (619) 442-1697 Ministry to the Sick and Homebound: Dcn. lerry Stenovec Outreach Ministry: Ken Stempien (619) 442-1697 **Prayer Chain:** Nancy Adema Culture of Life: Pat Riggs Scrip: Ed Broadhurst Small Church Communities: lane Cruz Alfano (619) 442-1697 x103 Society of St. Vincent de Paul: Mike Wasyliw St. Luke Business Network: Cathy March Ushers: George Heidenreich

JOANIE MAITILASSO, Bulletin Editor Office Phone: (619) 442-1697 • Fax (619) 442-2293 Office hours: Monday - Friday, 9:00am - 5:00pm secretary@thechurchofstluke.org DEADLINE FOR BULLETIN ANNOUNCEMENTS: MONDAY AT NOON

This Week at St. Luke

All Calendar Events have been cancelled until further notice.

A Prayer for Healthcare Workers during this time of the Coronavirus COVID-19

Loving God, we place into your care all our doctors, nurses and healthcare workers. Give them courage of heart and strength of mind and body. Keep them safe from harm. May they know our deep gratitude for all they are doing to heal and help those affected by the coronavirus. God of all consolation may they know your protection and peace. Bless them in these challenging days and bless their families. Amen.



Please keep giving so we can keep giving!

https://stlukeelcajon.weshareonline.org • or text StLuke to 555888 • or send to: The Church of St. Luke 1980 Hillsdale Rd. El Cajon, CA 92020

www.thechurchofstluke.org

Parish Information

OBSERVANCES FOR THE WEEK OF April 12, 2020



Sunday: Easter Sunday of the Resurrection of the Lord

Monday: Monday within the Octave of Easter **Tuesday:** Tuesday within the Octave of Easter **Wednesday:** Wednesday within the Octave of Easter

Thursday: Thursday within the Octave of Easter

Friday: Friday within the Octave of Easter *Saturday*: Saturday within the Octave of Easter *Next Sunday*: Second Sunday of Easter / Divine Mercy Sunday

> EVERYDAY STEWARDSHIP— RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

> > Come to Christ

Life is perhaps God's greatest gift to each of us. Without life, we would be unable to experience all the wonder of this world, the love of family and friends, and the joy that comes from using our talents and skills. Life itself is more profound a gift than we can

even truly contemplate. On Easter, we celebrate life. For on this day, Jesus Christ conquered death and gave to us the chance for a life eternal. The wonder, love, and joy of this world does not have to end. Through a life in Jesus Christ, these emotions are heightened, and we find even greater fulfillment in this world.

Maybe this Easter you are finding yourself open to taking a next step in your relationship with Jesus. This could be the moment you decide to follow Him more closely and take seriously all that he has given you. If so, welcome to the journey, where there are many other disciples on that same path who can help show you the way and share their stories. If not, hopefully it doesn't take a

whole year for this possibility to be considered again. Jesus is alive and waiting to get closer to you. May this Easter season find you and Our Lord getting to know one another in a whole new way. Happy Easter!

-Tracy Earl Welliver, MTS

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Church of St. Luke 🕫 1980 Hillsdale Road 🕼 El Cajon, CA 92019



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St. Luke Church, El Cajon, CA

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