

22nd Sunday in Ordinary Time — August 30, 2020

Gospel

Then Jesus said to his disciples, "Whoever wishes to come after me must deny himself, take up his cross, and follow me.

For whoever wishes to save his life will lose it, but whoever loses his life for my sake will find it.

Mt 16:24-25

Welcome to

THE CHURCH OF

Saint Luke

A ROMAN CATHOLIC COMMUNITY OF DISCIPLES

1980 Hillsdale Road
El Cajon, California 92019

(619) 442-1697
www.thechurchofstluke.org

Mission Statement

The Church of St. Luke is joyful, welcoming, caring, active family of believers striving to grow in knowledge of and love for God and each other.

Challenged by the Word, nurtured by the Eucharist, and enlivened by the Spirit, we seek to live the message of Jesus in serving the needs of others both within our Parish and in the larger community.

Masses

Saturday 5:00pm

(Livestreamed)

Sunday 9:00am

Outdoor Mass

(No Reservation Needed)

Sacrament of Reconciliation

Available by appointment

Parish Office Hours

Monday-Friday

9:00am—5:00pm

Please call

(619) 442-1697

Fax: (619) 442-2293



22ND SUNDAY IN ORDINARY TIME

FIRST READING: **Jeremiah 20:7-9**

SECOND READING: **Romans 12:1-2**

GOSPEL: **Matthew 16:21-27**

Reflection: Reflect upon/Share about who you are and what makes you who you are. What would you need to do to “deny” yourself? What would that look like? If you “deny” yourself, what would be left for you to really “find”?

Alternate: Reflect upon/Share about your cross in life. How does it affect you? How does it affect your relationships with others? How do you think dealing with this cross properly can help you grow as a person? What can you do this week to help you deal with your cross more properly?

Parish & Finance Councils, Everyday Stewardship and Catholic Life

PARISH PASTORAL COUNCIL

Parish Pastoral Council normally meets on the 3rd Tuesday of the month. Visitors/observers are welcome. If you wish to have an item placed on the agenda, contact a Council Member to present it for you, or contact the Parish Office.

PARISH COUNCIL MEMBERS

Fr. Ron Cochran, Pastor
Mark Balmert, Chairperson
Amy Cannon
Tony Camara
Julia Caputo
Theresa Dodd-Butera
Chuck Duncan
Kay Krueger
Kevin Lawrence
Don Mercurio
Tom Selfani
Jim Sheehan
Dcn. Dennie Nickell (Deacon Emeritus)
Dcn. Jerry Stenovac
Dcn. Allan Williams
Jane Cruz Alfano (Staff)

PARISH FINANCE COUNCIL

The Parish Finance Council meets every other 4th Wednesday of the month.

PARISH FINANCE COUNCIL MEMBERS

Fr. Ron Cochran, Pastor
Jim Crockett
George Heidenreich
John Krueger
Cathy March
Dave Sapper
Jim Stepovich



EVERYDAY STEWARDSHIP
—RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

The Vision of Stewardship

I love the original movie *Willy Wonka & the Chocolate Factory*. All the way through while I watch the film I still laugh and feel like a child. It is only the last line with which I have an issue. Wonka by now has chosen Charlie to succeed him as head of the chocolate factory. They board an elevator that proceeds to crash through the roof and begins to fly. Wonka then asks Charlie if he ever heard of what happened to the boy who got everything he ever wanted. After Charlie says no, Wonka explains, “He lived happily ever after.” As I get older, I can say I have met several people who got all or most of all they have ever wanted, but unlike Charlie, it did not lead to endless bliss. In fact, as a Christian I know that that statement of Wonka’s is a lie. The secret to living happily ever after lies in not getting all you ever wanted, but instead in giving all you ever wanted away.

A person can’t have any sense of that reality until they begin to see his or her life transformed by Jesus. When we have accepted the challenge placed before us and made a choice to live a certain way daily, we can find ourselves transformed. Following Jesus is not easy, but it is the only true way to find authentic joy. When we have emptied ourselves and allowed him to fill the open spaces in us, we become different. We are transformed and, if enough of us in a parish community experience the same journey, our parish is transformed as well. Then we begin to transform the world around us. Don’t be fooled: A flying elevator is cool, but it pales in comparison to what can happen when we find a new life in Jesus Christ. — Tracy Earl Welliver



I am nothing; I am but an instrument, a tiny pencil in the hands of the Lord with which He writes what he likes. However imperfect we are, he writes beautifully.

~ Author: Mother Teresa



WHY DO WE DO THAT?

Catholic Life Explained

Question: How many times a day can a person receive communion?

Answer: To find an answer to this question, we need to turn to the Church’s Code of Canon Law. Here we read, “One who has received the blessed Eucharist may receive it again on the same day only within a Eucharistic celebration in which that person participates ...” (no. 917). This tells us that the standard answer would be that we can receive communion twice in a day.

Having said that, we also want to be sure that we pay attention to the entire instruction. The phrase “within a Eucharistic celebration in which that person participates” is important. It means a) that we always have to think of receiving communion as being within a celebration of the Mass and b) we have to be participants in that celebration – we can’t simply show up “in time” for communion.

So, when would this rule apply?

For example, if you attend Mass on a Saturday morning and then take part in the Sunday Vigil Mass on Saturday evening, you could licitly receive communion at both celebrations. Or, another example, if you receive communion at a wedding or funeral Mass, you could also receive communion at a daily Mass or Sunday Vigil celebrated on the same day. We always want to be sure that we observe the rules for fasting from food and drink before receiving the eucharist (see Code of Canon Law, no. 919).

We should also remember that the Code of Canon Law instructs that anyone who is in danger of death or seriously ill may also receive communion a second time (no. 91, §2).

Prayer Requests, Mass Intentions and Weekly Readings

Prayer REQUESTS

Laman Abdulhad, Brian Hill, Connie Bowen, Ken Caley, Marie Silva, Bob Irons, Ben Floridi, Cherokee Eddy, Eileen Milnick, Jose Luis, Bobbie Allen, Frank Wilusz, Thomas Dennison, Charli David, Michael

Sanchez, Joanne Silva, Thomas & Charlie Frechette, Irene Sowada, Janice Jones, Meg and Jacob Seilheimer, Michele Peterson, Donna & John Vugrin, Marckis Lee, Carlos Zarate, Gail Balga, Bill Washkevich, Juan Jiménez, Donna McWalter, Cindy McLaughlin, Christian Colon, Sofia Healy, Citali Chavez, Rosalie Cline, Sandie Tessier, Logan Bedsole, Jeanette Craig, David Ashbaugh, Chris Martin, Mavi Ghio, Ryan Smith, Matthew Chu, Rose Falls, Richard Frechette, Ann Hansell, Reilly Phipps, Mike McFaul, Richard Spurling, Dean Mellos, Eric Matus, Sally Williams, Gabe Eddy, Harriet B, Nora Toscano, Eugenio Cesena, Jeanne Brunner, Patty Hayes and Family, Glen Stewart, Corrine Warcholik, Colleen London, Laurie Lindow, Joey Enderwood, Bob Cole, Paul Folsom, John Stevenson, Zoey Thomas, La Mice Denton, Brian Hill, Gary Corwin, Lorraine Flint, Bill Phillips, Isaac Armas, Mary Botte, Lara Pasi, Nancy Usrey, Ryan Cochran, Emmanuel Hallak, Dylan Coughlin, Selena Chum, Jimmie Davis, Rachel Chavez, Michele Chavez, Helen Chu, Al Bowen, Joyce Kammer, Theresa Warcholik, Cheryl Berry, Natalie Enriquez, Candace Dayton, Ladel, Michael Ward, Nina Murphy, Noel Fisher, Karen Bennett, Connie Elba, Charles Brown, Jim Leachman, Christine Banuelos, Jose Orrantia, Mina Scannicchio, Carol Petrich, Carey Moore, Jose Azarza, Parker Landis, Joan Smith, Chase Laird, Alice Zizzo, Sophia Christensen, Cindy Russell, Karen Walker, Mike Murphy, Ann Mussomeli, Jeanine DeSanti, Joe James Sowards, Vie Liddell, Jennifer Soares, Dorothea Wall, Antoinette Daquisto-Guidi, Bob Weisham, Teri Harrison, Danielle P., Maria Warcholik, Ruthie Condon, Marin Mejia, Mike Marcon, Theresa & Vito Siragusa, Tracy Weaver, Rick Gores, Sue Sullivan, Tommy Collet Sr., Richard Perricone, John Agostini, Austin Gatus, The Hill Family, The Morrison Family, Frances Colombo, Zaim Attisha, Teresa Russo; **and all our relatives and friends who are sick or need prayers.**

To add or remove a name, please contact
Nancy Adema

PARISH FINANCES

In order to fulfill our budget, we need to receive an average of \$12,722 in the collection basket each week. Additionally, we have budgeted for an average of \$12,802 to be contributed monthly through our Online Giving contribution program.

Week of August 23rd:

Weekly Mass offering: \$ 4,086.00
Weekly WeShare/Online Giving: \$ 5,759.00

SUPPORTING THE MISSION OF THE CHURCH: *Once you've made a decision on how much you should be giving, decide how to give.*

WAYS TO GIVE: You can use envelopes as many people do, or set up automatic donations through your bank (forms available in the parish office); you can go to *Online Giving* on the St. Luke website and set up an online giving plan. You may personally manage online giving or call the parish office to arrange a plan administered by the parish Business Manager. Online Giving Link: www.thechurchofstluke.org (click on **Online Giving**, on the right side of the menu bar). For additional information, please call the parish office at 619-442-1697.

Please pray for August Wedding Anniversaries

John & Donna Vugrin.....68 years
Richard & Florence Van Der Karr.....60 years
Billy & Mary Jane Papenhausen.....55 years
Ben & Susie Machado54 years
Wayne & Mary Kay Sieckman.....47 years
Michael & Norma Soares.....52 years
Richard & Colleen Venancio52 years
Tom & Kelcie Haggard50 years
Jim & Janis Lindgren49 years
Terry & Ann Murray48 years
Zen & Bridget Barelka.....44 years
Rick & Jo-Marie Roberts40 years
Dan & Jean Goulding35 years
Schuyler & Gloria Boyce30 years
Frank & Yoli Thompson.....24 years
Greg & Adriana Raspberry20 years
Dave & Karen Sapper16 years
Brad & Gina Elsass15 years
Frank & Alexxa Terrazas 7 years

If you would like to have your Wedding Anniversary placed in the bulletin, please call 619-442-1697.

Readings for the week of August 30, 2020

Sunday: Jer 20:7-9/Ps 63:2, 3-4, 5-6, 8-9 [2b]/Rom 12:1-2/Mt 16:21-27
Monday: 1 Cor 2:1-5/Ps 119:97, 98, 99, 100, 101, 102 [97]/Lk 4:16-30
Tuesday: 1 Cor 2:10b-16/Ps 145:8-9, 10-11, 12-13ab, 13cd-14 [17]/Lk 4:31-37
Wednesday: 1 Cor 3:1-9/Ps 33:12-13, 14-15, 20-21 [12]/Lk 4:38-44
Thursday: 1 Cor 3:18-23/Ps 24:1bc-2, 3-4ab, 5-6 [1]/Lk 5:1-11
Friday: 1 Cor 4:1-5/Ps 37:3-4, 5-6, 27-28, 39-40 [39a]/Lk 5:33-39
Saturday: 1 Cor 4:6b-15/Ps 145:17-18, 19-20, 21 [18]/Lk 6:1-5
Next Sunday: Ez 33:7-9/Ps 95:1-2, 6-7, 8-9 [8]/Rom 13:8-10/Mt 18:15-20

Prayer Intentions

Saturday, August 29
Bill & Pat Stevenson, RIP

Sunday, August 30
Nick Radovich, RIP

Saturday, September 5
Billy Agnello, RIP

Sunday, September 6
Edward Wilson, RIP



Gospel Meditation, Live the Liturgy & Catholic Traditions



LIVE THE LITURGY: Inspiration for the Week

Secular problems require savvy secular solutions. We are trained to solve problems, be successful and productive, and find our way through all that life presents to us. Corporations value those who can decipher the best avenue to take in order to resolve an issue. How do you train and renew your mind? Facts, figures, scientific tools, analytical processes, best practices, and models of varying kinds are at our disposal. If we don't know the full and proper course of action, we can easily find it. But there is a knowledge that goes far beyond all these things that makes a direct claim on the essence of our being. It satisfies a deeper thirst and hunger that keeps us restless until it is satisfied. Our minds, hearts, and souls cannot only be nurtured purely by secular and temporal things. We must seek the enlightenment that comes from God. This allows us to see the value of suffering in order to achieve a greater good and the losing of our very self in the service of something greater. Faith only makes sense if it can bring us to this heightened awareness.

22ND SUNDAY IN ORDINARY TIME August 30, 2020



Secular pursuits only bring a temporary amount of satisfaction and fulfillment. As much as we may think that achieving worldly success, economic security, personal well-being, and self-fulfillment are worthy goals to obtain, they all are dependent on external variables and can lead to emptiness. We are trained to be very pragmatic and productive. Unless we are able to check off all of the boxes or comply with specific measurable requirements, our value and worth becomes questionable. Corporations, educational institutions, systems, structures, and secular ideology rarely consider deeper, more spiritual, and human contributions a person can and needs to make.

To the secular mind, the wisdom and ideals of the Gospel are making less and less sense. Consider for a moment this question: "What profit would there be for one to gain the whole world and forfeit his life?" While Jesus is asking this very challenging question to people who are considering his message, many in our world are in a quite different place. Whether we realize it, many folks are asking a much different question. Why would you not want to gain the whole world and secure your life? If you look at where a lot of folks are investing their time, energy, and resources, it becomes obvious where current priorities rest.

Modern day comforts and possibilities are backing us out of our relationship with God. The fire burning in every human heart is trying to find its satisfaction in the things that humans have created and not God. Being altruistic and offering compassion for those most in need becomes a political responsibility or responsible gesture. We realize that our hearts need to be centered on something and someone who calls us out of ourselves, but we struggle and battle with naming the source of that call. God places the desire to seek, find, and love Him in the core of every soul. We are not abandoned and left to fend for ourselves. But we can easily get confused. We know that when we extend ourselves to another self-sacrificially, we are doing what is just and right. We know that we can work through suffering and loss and come out better and more whole on the other side.

Our minds need to be renewed so that they can begin to understand that there is much more to who we are, and that faith plays a pivotal role in achieving our true and everlasting goals. It is when we see that it is only faith that can bring us to this heightened awareness of ourselves and God that it will begin to make sense. Then, we can put things in proper perspective and consider being a disciple.



Celebration of Mass

The Diocese of San Diego provides weekly Masses, via video stream, in English, Spanish and Vietnamese.
<http://sdcatholic.org/>

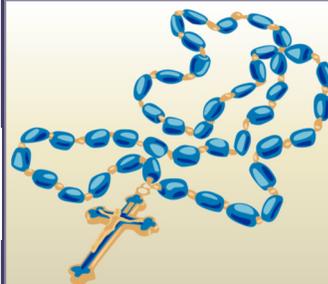
Daily Mass is celebrated on the **EWTN** channel, and also on Sundays (9:00am & 9:00pm)

Weekly Mass is celebrated at Saint Luke:
Livestream Mass (Saturdays at 5:00 pm)
www.stluke-ec.org

Outdoor Mass (Sundays at 9:00am)
(No Reservation Needed)

Please visit the St. Luke website for more information about our Mass celebrations at www.stluke-ec.org

St. Luke thanks Fr. Jim Rafferty for his service in August!



**Weekly Rosary
Sundays
8:00am
(new time!)**

Join via Zoom

Please see our website for

Parish Information



Join The St. Luke Outreach Committee for the

School Supply Drive August 2-30, 2020



Fill the lunch box with gift cards for School Supplies!
Donate gift cards or checks to fill Anza Elementary School's Lunch Box

• • • **LAST DAY!** • • •

Did you know? Due to the pandemic, all school children must have their own school supplies—sharing supplies is no longer permitted. If the child is being home schooled, supplies will be made available from Anza Elementary.

Walmart or Target gift cards are preferred, but cards from any retailer selling school supplies is gratefully accepted. **No need to shop!** Simply drop a gift card or check in the basket at Mass. You may also mail a monetary donation to the Parish Office; we will purchase gift cards for you using the St. Luke Scrip program, then place them in the lunch box.

(If you prefer to use a check, please write, "Outreach school supplies" on the Memo line.)



Please return donations on or before August 30th

Thank you for your generosity, compassion, and for participating in God's work!

The Saint Luke Outreach Committee

Gratitude in Action



The 2020 Annual Catholic Appeal supports Catholic Schools, Clergy and Seminarian support, Faith Formation and Catholic Charities. To donate, please go to <https://giving.sdccatholic.org>

ANNUAL CATHOLIC APPEAL
GOAL: 54,000 DONATIONS: 38,565

ANNUAL PARISH APPEAL
GOAL: 36,000 DONATIONS: 48,334

Our Response as Stewards

REFLECT—On the many gifts you have received from God, including your financial blessings.

PRAY—About how God wants you to use the gifts He has given you.

RESPOND—By supporting the mission. You can give at your parish, or online at <https://thechurchofstluke.org> or at <https://giving.sdccatholic.org>



Parish Directory and Calendar Information

PARISH DIRECTORY

Pastor: Rev. Ron Cochran (619) 442-1697
Deacon Emeritus: Dennie Nickell (619) 442-1697
Deacon: Jerry Stenovec (619) 442-1697
Deacon: Allan Williams (619) 442-1697
Pastoral Associate: Jane Cruz Alfano (619) 442-1697 x103
Business Manager: Jim Crockett (619) 442-1697 x110
busmgr@thechurchofstluke.org
Secretary: Joanie Maitilasso (619) 442-1697 x101
secretary@thechurchofstluke.org
Bulletin Editor: Joanie Maitilasso (619) 442-1697 x101
secretary@thechurchofstluke.org
Facility Manager: Robert Stevenson (619) 442-1697 x109
facman@thechurchofstluke.org
Web Master: Madeline Flores
madeline@stluke-ec.org
Altar Servers: Dcn. Alan Williams (619) 442-1697
Choir Director: Colin McColl
Organist: Susan Paul

FAITH FORMATION

Catechetical Ministry: Jane Cruz Alfano, Pastoral Associate
(619) 442-1697 x103 passoc@thechurchofstluke.org
Coordinator of RCIA: Dcn. Jerry Stenovec
(619) 442-1697
Coordinators of PreK-5 Faith Formation:
Debbie Stenovec; Catechesis of the Good Shepherd
(619) 442-1697 x 105 · CGS@thechurchofstluke.org
Jennifer Kroeger; Sacramental Preparation
(619) 442-1697 x 104 · K-5reled@thechurchofstluke.org
**Coordinator of Middle & High School Faith Formation,
Youth & Young Adult Ministry:** Evelyn Beale
(619) 442-2515 x106 · youthreled@thechurchofstluke.org

MINISTRIES & ORGANIZATIONS

Baptism Class: Joanie Maitilasso (619) 442-1697
Church Cleaning Crew: Peggy Nelson
Catholics in Recovery: Jean Goulding
Cub/Boy Scout Religious Emblems:
Shannon Vint
Eucharistic Adoration: Mike Wasyliv
Eucharistic Ministers: Maria Giddens
Friends of the Poor: Martha Evans
Greeters: Maria Oliver
Knights of Columbus: Lance Attiq, GK
Lectors: Susan Smothers
Marriage Preparation: Joanie Maitilasso (619) 442-1697
Ministry to the Sick and Homebound:
Dcn. Jerry Stenovec
Outreach Ministry: Ken Stempien (619) 442-1697
Prayer Chain: Nancy Adema
Culture of Life: Pat Riggs
Scrip: Ed Broadhurst
Small Church Communities:
Jane Cruz Alfano (619) 442-1697 x103
Society of St. Vincent de Paul:
Mike Wasyliv
St. Luke Business Network: Cathy March
Ushers: George Heidenreich

JOANIE MAITILASSO, Bulletin Editor

Office Phone: (619) 442-1697 • Fax (619) 442-2293
Office hours: Monday - Friday, 9:00am - 5:00pm
secretary@thechurchofstluke.org

DEADLINE FOR BULLETIN ANNOUNCEMENTS: MONDAY AT NOON

Calendar events have been cancelled until further notice.

Please call the church office for any inquiries.

Thank you!



OBSERVANCES FOR THE WEEK OF AUGUST 30, 2020

Sunday: 22nd Sunday in Ordinary Time

Thursday: St. Gregory the Great, Pope and Doctor of the Church

Next Sunday: 23rd Sunday in Ordinary Time

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ext 110

Parish Information

CULTURE OF LIFE MINISTRY

"All people are sacred, made in the image and likeness of God. People do not lose dignity because of disability, poverty, age, lack of success, or race. This emphasizes people over things, being over having. The Catholic Church proclaims that human life is sacred and that the dignity of the human person is the foundation of a moral vision for society. Our belief in the sanctity of human life and the inherent dignity of the human person is the foundation of all the principles of our social teaching." (U.S. Catholic Bishops, 2020)

40 DAYS FOR LIFE™

Culture of Life Ministry promotes a renewed respect for human life. The goal of The Church of St. Luke is to help our parishioners understand the issues and importance of meeting the needs of those who are most vulnerable – especially mothers and their unborn children, those who are seriously ill or dying, and their families.

- Every thirty seconds, a baby is lost to abortion.
- Out of 195 countries, abortion is legal in all but five.
- 56 million babies are killed every year.

PRAY

All church leaders, including Pope Francis, have encouraged prayer as something every person can do—such as the pro-Life Rosary at 8:15am (before the 9am Mass on Sundays). **During this COVID time, our Pro-Life Rosary is now being Zoomed every Sunday at 8:15am.** Rosary information and link is on our parish website.

You can pray every second, every minute, every hour, every day, anywhere, anytime! Please pray for an end to abortion.

GET INVOLVED

You are invited to join thousands of Christians around the world for the **40 Days for Life campaign from September 23 through November 1, 2020.** This consists of 40 days of peaceful prayer and fasting for an end to abortion.

During the six-week campaign event, The Church of Saint Luke has adopted **Mondays as our parish day of prayer on the front sidewalk of Planned Parenthood, 1625 E. Main Street in El Cajon.** Just think of the impact our witness together will make!



Mark your calendar and watch for more information.

God bless,
PATRICIA RIGGS
Coordinator, Culture of Life Ministry

GROWING WITH THE Gospel

CYCLE A

22nd Sunday in Ordinary Time • Matthew 16:21-27

If it were up to Peter, Jesus would never have died on the cross. Peter did not want to see his good friend get hurt. It could have been tempting for Jesus to listen to Peter. But Jesus did not come to be happy or comfortable. Jesus came to die on the cross and rise again. He came to take your sins away. Jesus gave up his own life so that your life could be saved. He did it for you.

Prayer †

Thank you, Jesus, for giving up your life to save mine.

Something to Draw ✎

Draw a picture of Jesus, with a big heart, pointing to the cross.

Mission for the Week 🙌

Every day firemen, policemen and soldiers give up their lives to protect yours. Thank God for them.

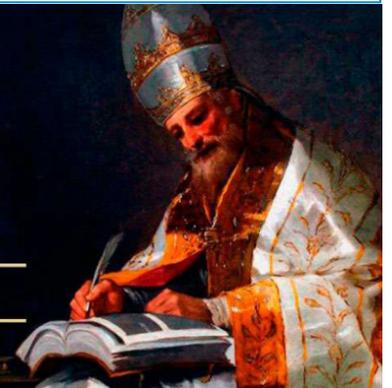
Please remember St. Luke's RCIA candidates in your prayers



For the elect and candidates seeking to join the Catholic community of faith; that trusting in the truth of Christ even in the midst of waiting during this time of pandemic, that they may be strengthened in their freedom of mind and heart, and persevere as they wait for the celebration of Sacraments of Initiation.

POPE ST. GREGORY THE GREAT

September 3rd



Andy Yono
CA Lic # 0B00801

3855 Avocado Blvd #220
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Brian Yono
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