

23rd Sunday in Ordinary Time — September 5, 2021

Gospel

*"He has done all things well.
He makes the deaf hear
and the mute speak."*

Mk 7:37

Welcome to

THE CHURCH OF *Saint Luke*

A ROMAN CATHOLIC COMMUNITY OF DISCIPLES

1980 Hillsdale Road
El Cajon, California 92019

(619) 442-1697
www.thechurchofstluke.org

Mission Statement

The Church of St. Luke is joyful, welcoming, caring, active family of believers striving to grow in knowledge of and love for God and each other. Challenged by the Word, nurtured by the Eucharist, and enlivened by the Spirit, we seek to live the message of Jesus in serving the needs of others both within our Parish and in the larger community.

Masses

Please check the St. Luke website for additional details.
www.thechurchofstluke.org

+ ***Masks are Recommended*** +

**Wednesday, Thursday
& Friday—7:30am
Saturday—5:00pm
Sunday—9:00am
Sunday—11:30am**

Sacrament of Reconciliation

Saturday—3:30pm

Parish Office Hours

Monday-Friday
9:00am—5:00pm
Call: (619) 442-1697
Fax: (619) 442-2293



23RD SUNDAY IN ORDINARY TIME

FIRST READING: ISAIAH 35:4-7a

SECOND READING: JAMES 2:1-5

GOSPEL: MARK 7:31-37

First Reading:

The prophet Isaiah spoke of the importance of being strong of heart when it comes the ways of God. Why do you think this is such an important virtue?

Second Reading:

James encouraged believers to view the rich and poor from God's perspective. Why do you think people struggle with this divine point of view?

Gospel:

In today's reading, we hear how Jesus healed the deaf man with a speech impediment at the request of the "people" close to this man. Who do you know in your life who needs healing from Jesus?

Parish & Finance Councils, Gospel Meditation

PARISH PASTORAL COUNCIL

The Parish Pastoral Council normally meets on the third Tuesday of the month. Visitors/observers are welcome. If you wish to have an item placed on the agenda, contact a Council Member to present it for you, or contact the Parish Office.

PARISH COUNCIL MEMBERS

Jane Cruz Alfano,
Parish Life Director
Fr. Don Coleman,
Parish Priest
Mark Balmert
Tony Camara
Amy Cannon
Julia Caputo,
Chairperson
Theresa Dodd-Butera
Bob Guarnotta
Kay Krueger
Kevin Lawrence
Don Mercurio
Tom Selfani
Dcn. Dennie Nickell,
Deacon Emeritus
Dcn. Jerry Stenovec

PARISH FINANCE COUNCIL

The Parish Finance Council meets every other fourth Wednesday of the month.

PARISH FINANCE COUNCIL MEMBERS

Jane Cruz Alfano,
Parish Life Director
John Krueger,
Chairperson
Amy Cannon
George Heidenreich
Cathy March
Dave Sapper
Jim Stepovich

ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE **Gospel Meditation**

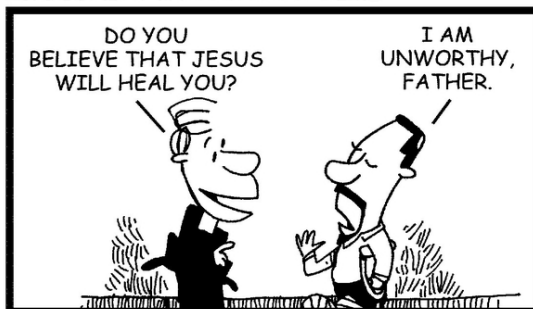
**September 5, 2021
23rd Sunday in Ordinary Time**

From the time we are born into this world until we die, our human radar picks up signals about how to respond to life. What we picked up on when we were very young carries an even greater power. The messages we receive and process tell us what we are “supposed” to do with our feelings, how to understand and cope with disappointment, anxiety, failure, death, illness, and what to expect out of life. As life unfolds for us, these radar messages kick in and resonate in us at very deep levels. Sometimes what we have learned is helpful and sometimes it is not. The stories we have been told, especially when we are young, about how life is best lived and how to negotiate its pain carry a heavy weight.

Life can be challenging and frightening. Sometimes, it really hurts to be a human being. It also can be quite unpredictable and, at times, unfair. We face our vulnerability and brokenness of all kinds: physical, emotional, and spiritual. It doesn't take much for life to quickly fall apart. What we knew to be familiar and true is gone and something we relied upon, physically, emotionally, or spiritually, can be taken away. It is hard to confront our limitations and sit with our incompleteness. Often, life hurts us so much that we find ourselves sitting in a pool of sadness, not sure what we are supposed to do. It is particularly hard when the signals we have inherited tell us that we need to be successful in what we do, and we have to avoid life's unfairness. We can feel like a failure, wondering what precisely we did to deserve this fate, or ruminate about what we did not do correctly. But it's really not about us. We are part of a bigger picture and a much more fascinating story!

If we cease doing battle with life's incompleteness and see ourselves, as God does, on a journey toward wholeness and completeness we can better accept our disappointments and stand firm. The prophets told us, and Jesus reassured us: Be strong! Fear not! Sometimes we have to update our stories and replace them with newer, more accurate ones. When we make God's story our own and tune our radar into His voice, what we hear is all about restoration, healing, and rejuvenation! This is true even when we think we have hit rock bottom and can go no further. There is always hope. Remember the words of Julian of Norwich: God made us, God loves us, and God keeps us. Now, listen to God when He says, “be opened!” Be healed and allow your stories to change.

23rd SUNDAY IN ORDINARY TIME



Prayer Requests, Weekly Readings and Mass Intentions

PHILIPPIANS 4:6

Prayer Requests

Dcn. Dennie Nickell, Nancy Ursey, Thelma Zinich, Jonathan Zumwalt & Family, Davin Brooks, Pat Maultra, Jerri Ann Carroll, Willy Gatus, Kristen Izotic, Chris Foraker, Brian Hill, Connie Bowen, Cherokee Eddy, Eileen Milnick, Jose Luis, Bobbie Allen, Frank Wilusz, Thomas Dennison, Michael Sanchez, Joanne Silva, Thomas & Charlie Frechette, Janice Jones, Meg and Jacob Seilheimer, Michele Peterson, John Vugrin, Marckis Lee, Carlos Zarate, Gail Balga, Bill Washkevich, Juan Jiménez, Donna McWalter, Cindy McLaughlin, Christian Colon, Sofia Healy, Citali Chavez, Rosalie Cline, Sandie Tessier, Logan Bedsole, Jeanette Craig, David Ashbaugh, Chris Martin, Mavi Ghio, Ryan Smith, Matthew Chu, Rose Falls, Richard Frechette, Reilly Phipps, Mike McFaul, Richard Spurling, Dean Mellos, Eric Matus, Gabe Eddy, Harriet B, Nora Toscano, Eugenio Cesena, Jeanne Brunner, Patty Hayes and Family, Glen Stewart, Corrine Warcholik, Colleen London, Laurie Lindow, Joey Enderwood, Bob Cole, Paul Folsom, Zoey Thomas, La Mice Denton, Brian Hill, Gary Corwin, Bill Phillips, Isaac Armas, Mary Botte, Lara Pasi, Ryan Cochran, Rachel Chavez, Michele Chavez, Helen Chu, Al Bowen, Joyce Kammer, Theresa Warcholik, Cheryl Berry, Natalie Enriquez, Candace Dayton, Ladel, Michael Ward, Nina Murphy, Noel Fisher, Karen Bennett, Christine Banuelos, Jose Orrantia, Mina Scannicchio, Carol Petrich, Carey Moore, Jose Azarza, Parker Landis, Joan Smith, Chase Laird, Alice Zizzo, Sophia Christensen, Cindy Russell, Karen Walker, Mike Murphy, Ann Mussomeli, Jeanine DeSanti, Joe James Sowards, Vie Liddell, Jennifer Soares, Dorothea Wall, Antoinette Daquisto-Guidi, Bob Weisham, Teri Harrison, Danielle P., Maria Warcholik, Mike Marcon, Theresa & Vito Siragusa, Tracy Weaver, Rick Gores, Sue Sullivan, Tommy Collet Sr., Richard Perricone, John Agostini, Austin Gatus, The Hill Family, The Morrison Family, Frances Colombo, Zaim Attisha, Teresa Russo; *all our relatives and friends who are sick or need prayers.*

To add or remove a name, please contact
Nancy Adema

PARISH FINANCES

In order to fulfill our budget, we need to receive an average of \$12,722 in the collection basket each week. Additionally, we have budgeted for an average of \$12,802 to be contributed monthly through our Online Giving contribution program.

Week of August 29th:

Weekly Mass offering:	\$ 4,499.00
Weekly WeShare/Online Giving:	\$ 4,304.00
Missionary Sunday:	\$ 5,596.00

SUPPORTING THE MISSION OF THE CHURCH: *Once you've made a decision on how much you should be giving, decide how to give.*

WAYS TO GIVE: You can use envelopes as many people do, or set up automatic donations through your bank (forms available in the parish office); you can go to *Online Giving* on the St. Luke website and set up an online giving plan. You may personally manage online giving or call the parish office to arrange a plan administered by the parish Business Manager. Online Giving Link: <https://www.thechurchofstluke.org> (click on **Online Giving**, on the right side of the menu bar). For additional information, please call the parish office at 619-442-1697.

Please pray for September Wedding Anniversaries

Joseph F. & Christy Klock.....64 years
John & Teddie DeLaurentis.....62 years
George & Dianne Heidenreich...52 years
John & Kay Krueger51 years
Tom Sr. & Ellie Collet.....48 years
Sal & Shirley Flor.....45 years
Tony & Julie Gonzales42 years
Ron & Anna Quinzii.....42 years
Andrew & Michele Curl.....31 years
Dale & Kathleen Bubnicka.....31 years
Marty & Carol Banks.....24 years
Bob & Barbara Carter.....22 years
Ben & Linda Nance.....22 years
Dale & Kathy Harrington22 years
Kevin & Michelle Lawrence.....16 years

If you would like to have your Wedding Anniversary placed in the bulletin, please call 619-442-1697.

Readings for the week of September 5

Sunday: Is 35:4-7a/Ps 146:7, 8-9, 9-10 [1b]/Jas 2:1-5/Mk 7:31-37
Monday: Col 1:24—2:3/Ps 62:6-7, 9 [8]/Lk 6:6-11
Tuesday: Col 2:6-15/Ps 145:1b-2, 8-9, 10-11 [9]/Lk 6:12-19
Wednesday: Mi 5:1-4a or Rom 8:28-30/Ps 13:6ab, 6c [Is 61:10]/Mt 1:1-16, 18-23 or 1:18-23
Thursday: Col 3:12-17/Ps 150:1b-2, 3-4, 5-6 [6]/Lk 6:27-38
Friday: 1 Tm 1:1-2, 12-14/Ps 16:1b-2a and 5, 7-8, 11 [cf. 5]/Lk 6:39-42
Saturday: 1 Tm 1:15-17/Ps 113:1b-2, 3-4, 5a and 6-7 [2]/Lk 6:43-49
Next Sunday: Is 50:5-9a/Ps 116:1-2, 3-4, 5-6, 8-9 [9]/Jas 2:14-18/Mk 8:27-35

Prayer Intentions

Saturday, September 4

5:00pm—Billy Agnello, RIP, Betty Flynn, RIP, Gerry Malabanan, RIP

Sunday, September 5

9:00am—Edward Wilson, RIP, Robert Toy, RIP
11:30am— Parishioners of Saint Luke

Wednesday, September 8

7:30am— Brenda Skidmore, Spec Int

Thursday, September 9

7:30am—Fabian Tarango, Spec Int

Friday, September 10

7:30am— Shawn Jr Tarango, Spec Int

Saturday, September 11

5:00pm—Lucrezia Casarrubia, RIP, Jessica Casillas, RIP, Gerry Malabanan, RIP

Sunday, September 12

9:00am—Andrea Pinta, RIP
11:30am— Parishioners of Saint Luke

Parish Life

SPACE IS LIMITED FOR PRE-K - 5TH GRADE SESSIONS! VISIT
WWW.THECHURCHOFSTLUKE.ORG/REGISTRATION

REGISTER FOR *Faith Formation*

Faith Formation programs at
 the Church of St. Luke include:

Catechesis of the Good Shepherd

Contact
Michelle@stluke-ec.org

First Communion & Reconciliation

Contact
Jenny@stluke-ec.org

Middle School Ministry

Contact
Evelyn@stluke-ec.org

High School Confirmation Ministry

Scan Here



FILL OUT THE ONLINE REGISTRATION FORM & PAY ONLINE OR
 BY CHECK. SESSIONS START THE WEEK OF OCTOBER 3, 2021!

Please come to the
 Parent Meeting on **Sept. 12th**
 if you have a child registered
 for First Communion
 Sacramental Preparation!



10:15
 in the
 Parish
 Hall



September 22nd to October 31st

40 DAYS FOR LIFE®

All people are sacred, made in the image and likeness of God. People do not lose dignity because of disability, poverty, age, lack of success or race. This emphasizes people over things, being over having. The Catholic Church proclaims that human life is sacred and that the dignity of the human person is the foundation of a moral vision for society. Our belief in the sanctity of human life and the inherent dignity of the human person is the foundation of all the principles of our social teaching. (U.S. Catholic Bishops, 2020)

The Culture of Life Ministry promotes a renewed respect for human life. Our goal is to help parishioners understand the issues and importance of meeting the needs of those who are most vulnerable – especially mothers and their unborn children, and those who are seriously ill or dying and their families.

+Every thirty seconds a baby is lost to abortion. + Out of 195 countries, abortion is legal in all but 5.

PRAY: All church leaders including Pope Francis have encouraged prayer as something every single person can do. Such as the pro **Life Rosary 8:15 a.m. before the 9 a.m.** Mass on Sunday. You can pray; every second, every minute every hour and every day, while awake, anywhere. Pray for an end to abortion.

GET INVOLVED: You are invited to join thousands of Christians around the world for the **40 Days for Life campaign September 22nd to October 31st 2021**, this consists of 40 days of peaceful prayer and fasting for an end of abortion.

During the six weeks campaign event **The Church of Saint Luke has adopted Mondays** as our day of prayer on the sidewalk in front of Planned Parenthood in El Cajon, 1685 E. Main Street El Cajon. **One hour of quiet prayer you choose your time.**

If Monday is not a good day for you can choose any day of the week. **Just think of the impact our witness will make.**

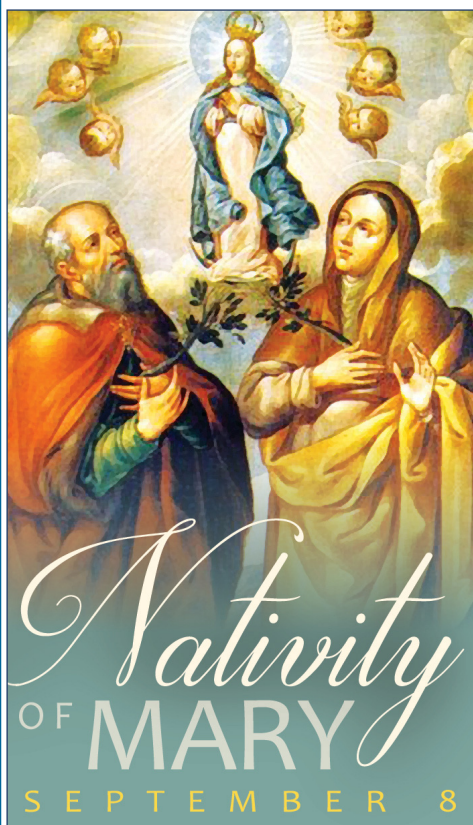
**Mark your calendar. For more information or to sign up for a time
 you can email Pat Riggs**

Do small things with great love –Saint Mother Teresa

INSPIRATION FOR THE WEEK

Live the Liturgy

Life can be challenging and frightening. Sometimes, it really hurts to be a human being. We face brokenness of all kinds: physical, emotional, and spiritual. For no apparent reason, life can quickly fall apart. What we knew to be familiar is gone and something we relied upon is taken away. We are left sitting with our incompleteness and swimming in the pools of our sadness. Be strong! Fear not! These admonitions flow from the mouths of prophets and are echoed by Jesus. It is difficult to trust that restoration, healing, and rejuvenation will one day come, and remain steadfast in our faith. But we are here because of a God who loves us, not as the result of a random occurrence. When we reach for that truth about who we are and who God is, life changes for us. We are healed from our old distorted way of seeing things. Our eyes, heart, and soul are opened to the beauty and magnificence of life. The pulse of our loving Creator is felt in all things and we can't wait for God to come and touch us again. God made us, God loves us, and God keeps us. He has done all things well.



Nativity of Mary is the feast that refers to the traditional birthday of Saint Mary. Although the exact day and date of her birth is unknown, it is traditionally celebrated on September 8, that is, nine months after the solemnity of her Immaculate Conception.

Nativity of Mary is one of the few birth feasts that are observed by the Roman Catholic Church. This tradition dates back to the 5th century, when it originated in Jerusalem. At that time the feast

was called *Basilica Sanctae Mariae ubi nata est*. The original Marian basilica was erected on the spot; it is believed to have been the home of Mary's parents, Saint Anne and Saint Joachim. By the 7th century, the feast was already known as the Birth of the Blessed Virgin Mary.



The Church of Saint Luke welcomes all who seek to enrich their faith life and explore the possibility of becoming a Catholic Christian. Our community joyfully shares and celebrates this journey in "The Rite of Christian Initiation of Adults" - RCIA.

This journey includes both a discernment process where we spend prayerful time contemplating the movement of the Holy Spirit in our lives and our response to that calling, as well as learning about the Catholic faith.

If you or someone you know is interested in learning more about the Catholic faith - or perhaps you are an adult already baptized in the Catholic Church and would like to become fully initiated - you are cordially invited to enter the RCIA process.

RCIA Inquiries will be held Wednesday evenings at 6:30 pm beginning August 25th.

For more information,
please contact
Deacon Jerry Stenovec

Can anything good come from Nazareth? And Philip said to him: "come and see." -John 1:46



Mark your calendar!

Knights of Columbus
Pancake Breakfast

Sunday, September 19 • 10:00am

Pancakes, Eggs, Sausage, Coffee, Orange Juice

Adults: \$7

Kids 11 & under eat free!



Parish Directory and Observances

PARISH DIRECTORY

Parish Life Director: Jane Cruz Alfano (619) 442-1697 X103

Parish Priest: Fr. Don Coleman (619) 442-1697

Deacon Emeritus: Dennie Nickell (619) 442-1697

Deacon: Jerry Stenovec (619) 334-1191

Financial Assistant: Tina Miller (619) 442-1697 x110

bkkpr@thechurchofstluke.org

Admin Assistant: Joanie Maitilasso (619) 442-1697 x101

secretary@thechurchofstluke.org

Bulletin Editor: Joanie Maitilasso (619) 442-1697 x101

secretary@thechurchofstluke.org

Facility Manager: Robert Stevenson (619) 442-1697 x109

facman@thechurchofstluke.org

Web Master: Madeline Flores

madeline@stluke-ec.org

Choir Director: Colin McColl

Organist: Susan Paul

FAITH FORMATION

Catechetical Ministry: Jane Cruz Alfano, Parish Life Director
(619) 442-1697 x103 pldir@thechurchofstluke.org

Coordinator of RCIA: Dcn. Jerry Stenovec

gerald.m.stenovec@boeing.com

Coordinators of PreK-5 Faith Formation:

Michelle Hayford; Catechesis of the Good Shepherd

(619) 442-1697 x 105 • CGS@thechurchofstluke.org

Jennifer Kroeger; Sacramental Preparation

(619) 442-1697 x 104 • K-5reled@thechurchofstluke.org

Coordinator of Middle & High School Faith Formation,

Youth & Young Adult Ministry: Evelyn Beale

(619) 442-2515 x106 • youthreled@thechurchofstluke.org

MINISTRIES & ORGANIZATIONS

Altar Servers: Jane Fuzak

Baptism Class: Dcn. Jerry Stenovec

Church Cleaning Crew: Peggy Nelson

Cub/Boy Scout Religious Emblems:

Shannon Vint

Eucharistic Adoration: Mike Wasyliv

Eucharistic Ministers: Kathy LeMay

Knights of Columbus: Don Mercurio, GK

Lectors: Susan Smothers

Marriage Preparation: Jane Cruz Alfano

(619) 442-1697 ext.103

Ministry to the Sick and Homebound:

Dcn. Jerry Stenovec

Outreach Ministry: Ken Stempien (619) 442-1697

Prayer Chain: Nancy Adema

Culture of Life: Pat Riggs

Scrip: Ed Broadhurst

Small Church Communities:

Jane Cruz Alfano (619) 442-1697 x103

Society of St. Vincent de Paul:

Mike Wasyliv

St. Luke Business Network: Cathy March

Ushers: Susan Smothers

JOANIE MAITILASSO, Bulletin Editor

Office Phone: (619) 442-1697 • Fax (619) 442-2293

Office hours: Monday - Friday, 9:00am - 5:00pm

secretary@thechurchofstluke.org

DEADLINE FOR BULLETIN ANNOUNCEMENTS: MONDAY AT NOON

Please call the church office with any inquiries.

Thank you!

This Week at St. Luke

Calendar events are subject to change. For additional calendar and event information, please visit www.thechurchofstluke.org

SATURDAY, 9/4 23rd Sunday in Ordinary Time

3:30pm Reconciliation

5:00pm Mass

SUNDAY, 9/5 23rd Sunday in Ordinary Time

8:15am Pro-Life Rosary

9:00am Mass

11:30am Mass

12:45am Baptism: Laurel Pena

MONDAY, 9/6 Labor Day

Office Closed—No Meetings

TUESDAY, 9/7

No Meetings

WEDNESDAY, 9/8 Nativity of the Blessed Virgin Mary

7:30am Mass

7:00pm Knights of Columbus Business Meeting

7:00pm RCIA Class

THURSDAY, 9/9 St. Peter Claver

7:30am Mass

FRIDAY, 9/10

7:30am Mass

SATURDAY, 9/11 Patriot Day; 24th Sunday in Ordinary Time

Second Collection for Haiti Earthquake

9:30am High School Beach Cleanup—offsite

3:30pm Reconciliation

5:00pm Mass

SUNDAY, 9/12 24th Sunday in Ordinary Time

Second Collection for Haiti Earthquake

8:15am Pro-Life Rosary

9:00am Mass

10:00am High School Core Team Meeting

10:15am CLW Volunteers Meeting

11:30am Mass

MONDAY, 9/13 St. John Chrysostom, Bishop & Doctor of the Church

No Meetings



Please join us for a
Pro-Life Rosary
Sundays at 8:15am
(before the 9am Mass)

A MESSAGE FROM OUR BISHOP

"Restrictions lifted, but caution prevails."

(Updated Aug. 4 2021)

Since mid-June, when COVID-19 positivity rates fell to .7% (their lowest rate since the beginning of the Pandemic) and Bishop McElroy was able to lift all the Mass restrictions put in place to prevent the spread of the disease, two things have happened:

The highly contagious COVID-19 Delta variant has become the dominant strain of the disease in California and positivity rates have increased more than 10 times, topping 7.2% at the end of July.

Health authorities in San Diego and Imperial Counties are following CDC guidance that recommends everyone wear a face covering in indoor public settings, whether they have been vaccinated or not.

The Diocese continues to urge that anyone medically able to receive the COVID-19 vaccine do so and that anyone unvaccinated continue to use a mask around other people. The COVID-19 rules currently observed in our diocese are:

- **Masks are recommended at Mass and other indoor diocesan functions for everyone, regardless of vaccination status;**
- All restrictions on capacity and spacing for worship have been lifted;
- All limitations on meetings and social activities have been lifted;
- Distribution of the Eucharist on the tongue is now allowed, although it will continue to be available in the hand. The reintroduction of the shared cup will be determined sometime in the future;
- The dispensation from the obligation to attend Sunday Mass has ended. Some members will continue be exempt, however.
- It is recommended that non-family members bringing the Eucharist to the sick be vaccinated.
- Children under the age of 14 in formation classes and students in Catholic Children schools will have to continue to wear masks because there is no vaccine yet available for the bulk of these youngsters.



PLEASE JOIN US IN THE CATECHESIS OF THE GOOD SHEPHERD ATRIUM

*Every Sunday in the month of September
between masses. 10am-11:30am*

MEET THE NEW COORDINATOR
MICHELLE HAYFORD
& SOME OF THE CATECHISTS

CGS is an approach to the religious formation of children rooted in the Bible, the Liturgy of the Church, and the educational principles of Maria Montessori. Children gather in an "atrium," a room prepared for them, which contains simple yet beautiful materials they use to help them absorb the most essential proclamations of the Christian faith.



HAITI EARTHQUAKE RELIEF SPECIAL COLLECTION

September 11 & 12 Masses

The National Conference of Bishops in the U.S. has called for a special collection to respond to the humanitarian and significant church recovery needs due to the recent earthquake in Haiti. On September 11th & 12th we will take up an extra collection during masses. Please make checks payable to Saint Luke with a notation in the Memo line: **Haiti Earthquake**. Everyone is encouraged to join the Church in being a visible witness to the healing presence of Jesus alive in the world through this collection.

Thank you for your Generosity!

Andy Yono
CA Lic # 0B00801

3855 Avocado Blvd #220
La Mesa



Brian Yono
CA Lic # 1990253

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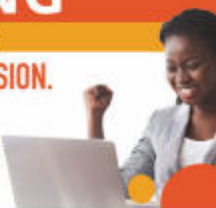


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