



250 Columbia Boulevard, Waterbury, CT 06710

(203) 754-0360 | www.southmayd.com

A Unique Residence for Senior Women with a Family-Like Setting

FREQUENTLY ASKED QUESTIONS | FAQs | FREQUENTLY ASKED QUESTIONS

How much do you know about Southmayd Home? DID YOU KNOW ...

Southmayd was founded on friendship?

Our founder, Sarah Donaldson, saw the need for a women's residence in Waterbury when an elderly friend had no place to go.

Southmayd has been providing senior women with quality residential living since 1898?

In 1898, Sarah Donaldson set about raising funds for a unique kind of home, one in which women could live freely, like family, in comfort and support. Starting with \$10 of her own money, Sarah Donaldson convinced 99 other women to contribute the same, which became the seed money for founding the Southmayd Home.

How we got our name?

A religious woman, Sarah Donaldson named the organization to honor Dr. John Southmayd, one of the early pastors at First Congregational Church in Waterbury. Although the original plan was to offer the home to women from First Congregational, the Board decided to open Southmayd Home to women of all faiths.

Our first residence was located at 885 North Main Street in Waterbury?

In 1894, Sarah Donaldson found a one-family home for \$4,000 on North Main Street. On September 26, 1898, the home officially welcomed its first tenant, an elderly blind woman.

We've been on Columbia Boulevard in the Historic Overlook neighborhood since 1916?

In 1916, the same year of Sarah Donaldson's death, the board purchased a beautiful acre lot for \$12,000 in the heart of the residential Overlook neighborhood on Columbia Boulevard, where the three-story home you see today was erected.

We are a nonprofit organization?

We are a 501(c)3 tax exempt organization with a governing board of directors. This means that any funds left over from operation costs are invested straight back into the residence, so we are continually upgrading and enhancing life for our residents.

We are not a nursing home or franchise facility?

We are a residence — just like your family's — with private bedrooms, a dining room, and common areas that include a large living room, social gathering areas and a private, enclosed garden park. Southmayd is run by local community members, and every staff member interacts with residents each day.

We are independent from Medicare?

Southmayd does not depend on Medicare payments to ensure that your living arrangement decisions are driven by what is in your best interest and not by Medicare restrictions.

We support your stay with assistance that covers approximately half your costs?

Southmayd Home is a partner in your payments, offering subsidization that can cover approximately half of your living costs. Subsidized funding is due in part to the legacies of many residents past and present, as well as generous community donors.

Our reasonable rates start at around \$1,800/month for a private room with meals and services?

With rates as low as \$1,800 a month (your cost after subsidization), Southmayd is an extremely affordable option for senior women, even for those who receive no state assistance, and our residents have diverse financial backgrounds. Our rates include three meals a day plus snacks, activities and events, medication management, weekly assisted whirlpool bath, weekly housekeeping and laundry service, and building and grounds maintenance.

We offer respite stays for as few as four days?

Southmayd Home offers respite stays for as few as four days that include meals and services – for \$75 a day.

That we'd love to give you a tour?

WE ARE VERY PROUD THAT ...

- ❖ Over half the staff has been with us at Southmayd Home more than 10 years.
- ❖ The average staff-to-resident ratio is 1:3.
- ❖ Our director is accessible and on site full time.
- ❖ Our board members are from all backgrounds, including professional educators, social workers, business managers, lawyers and physical education teachers.