

# St. Mary's Catholic Church Hamburg, Iowa

We gather together today, as we do each Sunday, as the body of Christ.

Jesus called us to love God with all our heart, all our soul, all our mind, and all our strength and to love our neighbor as ourselves. This Valentine's Day, we commit ourselves to nurturing that love for God and love for our neighbor. Let the Body and Blood of Christ we receive in the Eucharist bring us the strength and courage to truly become the body of Christ in the world today.



# Cycle B -- Reflections on the Readings

Sixth Sunday of Ordinary Time

Leviticus 13:1-2,44-46; Psalm 32; 1 Corinthians 10:31--11:1; Mark 1:40-45

#### Theme: Leprosy of the Heart

Our sense of belonging in St. Mary's Church is strong and revealing. However, do we have some members who do not feel welcome or see themselves at the periphery in the community? Have we identified such people to make them truly welcome? I do not mean our usual greetings after mass.

#### Effects of being rejected

It is terrible to feel rejected, unloved, unwanted, or abandoned. Rejection hurts beyond any other emotion. It damages one's self worth. It makes a person to feel worthless. It makes ones want to shrink or openly rebel. When we reject people, we are in effect treating them as 'lepers." We can reject a person in a small but subtle way – by the tone of our voice or even by a look.

### Feeling of being accepted

Acceptance is the answer to rejection. When people accept us, they give us a feeling that we are worthwhile. Each of us longs to be accepted for what we are. It is love and acceptance of others that makes us the unique persons that we are. When we know we are accepted, we can do the same work perhaps even better than we can and are able to realize our full potential. When we accept others, we could rekindle in them hope, bring back the zest for living, and thus mirror dimly the infinite compassion of God.

Today's readings challenge us to see community as a reality that seeks to welcome and not reject outsiders.

Leviticus 13 is a collection of originally distinct laws that now come under the general rubric of malignant skin diseases, not actual leprosy. A person diagnosed with such a disease was prevented from worshiping and was cut off from the community. In cases where the disease was healed, Leviticus 14 provides for the reintroduction of the outcast into the community.

#### The kingdom of God is accessible to all

In the gospel, the cure of the leper clearly shows that the kingdom of God is open to all. This in turn implies the rejection of everything that prevents true community. The reaction of the cured leper is a proclamation. Like the leper we have been cleansed, in baptism. Hence, we too are called upon to proclaim the Word to outsiders.

Jesus came to bring all into one Kingdom, no one is left isolated. So "moved with pity, he stretched out his hand, and touched the leper, and said to him 'be clean" (Mk 1:41). Thus, he overturned the leper's isolation. In healing the leper, he restored him to the human dignity and community. Jesus worked to bring in people from the margins. The Kingdom he proclaimed found expression in a community where all were equally cherished, regardless of their circumstances or social status. He envisaged the Kingdom as a great feast where the poor, the crippled, the blind, the lame, the leper would have a special place.

My dear beloved, we are being invited to contact the isolated in our midst. They are often nearer to us than we realize. There may be people in our sphere of living who are saying to us: 'If you want to, you can reach out to me in my isolation'. Do we desire to touch the lives of the isolated? If we feel that we lack such desire, even to ask the Lord for the gift of the desire is itself an expression of the desire. Today I may meet someone who is waiting for my outstretched hand, waiting, not to be possessed by my grasp, but to be affirmed and renewed by my compassionate touch.

It is our privilege and our calling to enter people's lives in ways which allow them to pass over from isolation to relationship. Shalom!



# Some quotes on Love and Relationships

In life there are mountains and valleys, times of uncertainty and times of bliss, however, John Rohn said, "nothing can bring more joy to life than beautifully fulfilling relationships." According to him, the keys to healthy relationships are communication, patience, loyalty, common goals, an element of fun and love."

- 1. "The more one judges, the less one loves."
- —Honoré de Balzac
- 2. "The first duty of love is to listen."
- —Paul Tillich
- **3.** "Love takes off masks that we fear we cannot live without and know we cannot live within." *James A. Baldwin* Continued......

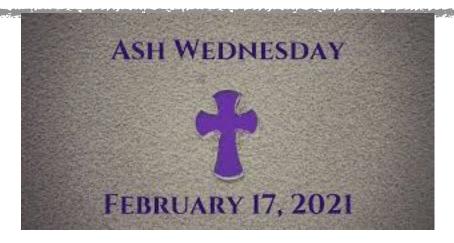
- **4.** "Love is a force more formidable than any other. It is invisible—it cannot be seen or measured, yet it is powerful enough to transform you in a moment and offer you more joy than any material possession could."
- —Barbara de Angelis
- **5.** "Affection is responsible for nine-tenths of whatever solid and durable happiness there is in our lives."
- —C.S. Lewis
- **6.** "Love cures people—both the ones who give it and the ones who receive it."
- —Karl A. Menninger
- 7. "The best proof of love is trust."
- —Joyce Brothers
- **8.** "To love oneself is the beginning of a lifelong romance."
- —Oscar Wilde
- 9. "The giving of love is an education in itself."
- —Eleanor Roosevelt
- **10.** "There are two basic motivating forces: fear and love. When we are afraid, we pull back from life. When we are in love, we open to all that life has to offer with passion, excitement, and acceptance."

Treat your Valentine to a decedent Sunday meal prepared by St.

Marys cooks! Serving to go meals starting @ 10 a.m. this morning.

Take some home with you and enjoy in the warmth of your home:)

Happy Valentines Day



## Ash Wednesday

Feb. 17 is Ash Wednesday, which kicks off the first day of Lent and signals the approach of Easter. Here are some things to know about the day.

# Origin of Ash Wednesday

Ash Wednesday has a non-Christian origin and was accepted into the beliefs of the Catholic Church at the Council of Nicaea in 325 AD. The council also settled upon the 40-day fast period as the standard length to celebrate Lent.

In 601 Pope Gregory moved the beginning of Lent from the fourth Sunday of the year to Ash Wednesday, 46 days before Easter. This change allowed for 40 days of fasting with six Sundays counted as feast days, for a total of 46 days for Lent.

#### What do the ashes mean?

The ashes, applied in the shape of a cross, are a symbol of *penance*, *mourning and mortality*. *Centuries ago, participants used to sprinkle themselves with ashes and repent much more publicly*, but the practice fell away sometime between the 8th-10th century before evolving into what it is today.

#### What else do Catholics have to do?

On Ash Wednesday, Catholic adults must observe a fast eating only one large meal or two small meals. Those meals must not contain any meat. In fact, Catholics 14 and older must refrain from eating meat on every Friday from Ash Wednesday until Good Friday. In accordance with Lent as a time of abstinence, many Catholics choose to give something up or change an ingrained habit during the 40-day period. The Church also encourages the faithful to give more time to prayer and charity before the celebration of Easter.

# What to expect for coming Ash Wednesday?

- The celebrant blesses the ashes with the formula from the Missal. He then sprinkles the ashes with holy water (saying nothing further).
- He then says once for all the formula of imposition: "Repent, and believe in the Gospel", or "Remember that you are dust, and to dust you shall return."
- He then sanitizes his hands, puts a mask on and distributes the ashes in the following manner.
  - He may have people approach in a line or he may go to them.
  - o He says nothing further while distributing ashes.
  - The ashes are sprinkled on the top of the head, "left to fall" or "scattered" as the original text says; they are not imposed on the forehead with the thumb.



Bishop William Joensen shares the following message with the faithful of the Diocese of Des Moines:

Dear Friends in Christ,

As we continue to live in the midst of the coronavirus pandemic, there are many signs of hope on the horizon, including a steady decline of positive cases and hospitalizations, an almost non-existent flu season, and the increased availability of COVID vaccines. Even as conditions improve, we are aware that we have not yet emerged from the pandemic, and continued vigilance and precautions are needed.

With these considerations in mind, as of February 2, 2021, the Feast of the Presentation, I am lifting the suspension on social gatherings, and resuming Phase III of the regathering protocols. This adjustment permits pastors' and parish discernment whether to host meetings of various kinds, including social gatherings, with a maximum attendance cap of 100 people. While social gatherings are permitted, parishes retain discretion to discern which events are prudent to host, and whether a smaller attendance cap is warranted, contingent on the size of the gathering space and for other worthy reasons.

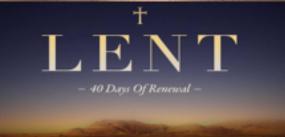
I also hereby extend the mask requirement at all public Masses, sacramental celebrations, and other events in Church buildings beyond February 2, 2021. **This requirement will remain in place through Divine Mercy Sunday, April 11, 2021**, at which time it will again be reconsidered. This decision corresponds to the recommendations of public health experts within the local medical community. Information about all our regathering protocols can be found on the diocesan website.

I believe these decisions prioritize our ability to continue to worship God as Christ's Body, and best serve the common good. We have all been challenged in various ways, and at this stage of the pandemic COVID fatigue can set in. While all mitigation efforts require sacrifice, we remain vigilant and find consolation and strength in the essentials of our faith. We meet Jesus in the Eucharist, who calls the weary and burdened to himself and offers us spiritual rest (Matthew 11:28). We know that even in the midst of uncertainty and fear, God's providential care accompanies us, for his love never ends.

May we continue to be agents of unity, peace, and hope to our parishes and to our local and larger communities. Let us continue to lift one another up in prayer and solidarity in the Spirit.

"WE CAN FEEL A LITTLE FUNNY WI ASHES ON OUR FOREHEADS, BUT CATHOLICS. THAT'S HOW WE START OF LENT. ASHES DON'T SAY WE' HOLY. THEY SAY WE'RE SINNERS. THEY DON'T SAY WE'RE PERFECT WE'RE MODELS OF RELIGIOSI THEY DO SAY WE BELONG. **WORLD OF LONERS AND ISOLATES, THAT** SAYS A LOT."

- SR. MARY ANN WALSH, RSM



# Coming Soon~~~~~~~

Feb. 17-Ash Wednesday--Hamburg Masses --10 a.m & 6:30 p.m.

Shenandoah Masses --6:55 a.m.-12 p.m. & 4:30 p.m.

Feb. 18-Stations of the Cross Teaching--Via Zoom @ 6:30 p.m.

Feb 19-Stations of the Cross-Shen Zoom@ 5:30 p.m.

Feb. 26-Stations of the Cross-Hamburg Zoom 5:30 p.m.

March 1-19 - Month of St. Joseph-Read "Patris Corde" (With a Fathers Heart")

Mar 5-Stations of the Cross-Shen Zoom 5:30 p.m.

March 10-Lenten Retreat via Zoom 6:30 p.m.

March 12-Stations of the Cross-Hamburg Zoom 5:30 p.m.

March 17-Stations of the Cross-Shen Zoom 5:30 p.m.

March 18-19-Talk on St. Joseph via Zoom 6:30 p.m.

Mar 24- Stations of the Cross-Hamburg Zoom @ 5:30 p.m.

Mar 26-Hamburg St. Mary's Fish Fry

# Readings for week of Feb 14.

**Sunday:** Lv 13:1-2, 44-46/Ps 32:1-2, 5, 11 [7]/1 Cor 10:31—11:1/Mk 1:40-45

Monday: Gn 4:1-15, 25/Ps 50:1 and 8, 16bc-17, 20-21 [14a]/Mk 8:11-13

**Tuesday:** Gn 6:5-8; 7:1-5, 10/Ps 29:1a and 2, 3ac-4, 3b and 9c-10 [11b]/Mk 8:14-21 **Wednesday:** Jl 2:12-18/Ps 51:3-4, 5-6ab, 12-13, 14 and 17 [cf. 3a]/2 Cor 5:20—6:2/

Mt 6:1-6, 16-18

**Thursday:** Dt 30:15-20/Ps 1:1-2, 3, 4 and 6 [Ps 40:5a]/Lk 9:22-25

**Friday:** Is 58:1-9a/Ps 51:3-4, 5-6ab, 18-19 [19b]/Mt 9:14-15 **Saturday:** Is 58:9b-14/Ps 86:1-2, 3-4, 5-6 [11ab]/Lk 5:27-32

Next Sunday: Gn 9:8-15/Ps 25:4-5, 6-7, 8-9 [cf. 10]/1 Pt 3:18-22/Mk 1:12-15

# ST. MARYS HAPPENINGS

## PRAY FOR THOSE SERVING IN THE MILITARY

CHRIS HINES
JOSH SIMMONS
JACOB ANDERSON
DERRICK HUBARD
STEVEN ANDERSON
COLBY MCGINLEY



February 7, 2021 Tithes—\$975.00

Plate—\$42.00

Thank You!!

# BORN IN FEBRUARY?

#### YOU'RE...

- I.) LESS IRRITABLE
- 2.) BIRTHSTONE IS AMETHYST
- 3.) EXTREMELY HONEST
- 4.) VERY MYSTERIOUS
- 5.) INNOVATIVE
- 6.) UNIQUE
- 7.) DETERMINED
- 8.) LOYAL
- 9.) GENEROUS 10.) STRONG
- II.) DEVOTED
- 12.) ENJOYING YOUR LIFE



2-14-Rick Jamison

2-17—Joyce Travis

2-21 - Monica Whitehead

2-21 - Cara Goodman

2-22—Andrew Gude

2-24-Max Mount



Greg & Beth Phillips 2-2

Rick & Teresa Jamison 2-13

Denny & JoElla Travis 2-22



Greg Andersen **Grady Secht** Reese Kemp LeRoy Herscheid Noah Howe Mary Lou Miller Dottie Dankof Isacc Durr Todd Quick Verona Mitchell Joel Loggins Kenneth Russell Bill Long Henry Johnsen Lawrence DuBois Pat Sheldon Joe Kirk Tim Konecny Esther McCowan Shawn Collins **Drake Travis** Martha Gude Bill &Gloria Green Larry Dalton Glen Whitehead Zavne Osborn Cathy Mason Anna Weber Alan Briggs Chuck Mitchell Dee Ann Crews Robert Haughton Maurie Maher

2021	February 14 6th Sunday of Ordinary time 8:30	February 17  Ash Wednesday 10 a.m. & 6:30 p.m.	February 21 1st Sunday of Lent 8:30	February 28 2nd Sunday of Lent 8:30	March 7 3rdSunday of Lent 8:30
Lector	Susan Hilton	10-Carolyn Maheer 6:30-Dave Dowling	Rick Jamison	Kathleen Lorimor	Joe Travis
Mass Setup	Rosie		Joe Travis	Rosie	Rosie
Cantor	Cora Hirner	Beth Phillips	Kate Roberts	Kim and Evan	Beth & Anna
Accompanist	Kate Roberts	Nancy Pitts	Donna Whelan	Kate Roberts	Guitars
Wash Linens	Annie Wakefield		Annie Wakefield	Annie Wakefield	
PASTOR		PASTORAL ASSISTANT		Воок	KEEPER
Fr. Raphael Assamah 712-246-1718 Shen(office) 712-246-8876 (c) e-mail max.assamah@yahoo.com		Cheryl Phillips 712.382.2668 (h) 712-350-0169 (c) cheryljphil@gmail.com		Bookl 712.382	ndrickson keeper .2432 (h) 1.0368 (c)

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## Naaman Healed of Leprosy

So Naaman went down to the Jordan River and dipped himself seven times, as the man of God had instructed him. And his skin became as healthy as the skin of a young child's, and he was healed! 2 Kings 5:14

Based on 2 Kings 5:1-14



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ELISHA	VICTORY	LETTER	PROPHET	NAAMAN
ARMY	ARAM	CHARIOTS	CURE	ISRAEL
SOLDIER	KING	LEPROSY	CLEAN	HORSES
SEVEN	HOUSE	RIVER	WASH	JORDAN

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