



St. Anthony of Padua Catholic Church

710 10th Street South, Fargo, ND 58103

Parish Office: 701.237.6063 | www.stanthonyfargo.org

St. Anthony of Padua Catholic Church is a diverse community of people, unified in Christ on a faith journey to salvation through worship, education and service.

Staff

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Sunday Masses

Saturday: 5:00 PM

Sunday: 7:30, 9:00, 10:30 AM, 7:30 PM

Weekday Masses

Tuesday-Friday: 6:45 AM

Monday - Thursday: 5:15 PM

Saturday: 8:00 AM

Confessions

Saturday: 3:45-4:45 PM

15 minutes before daily morning Mass

30 minutes before daily evening Mass

Other times available by appointment.

Parish Office Hours

Monday: 1:00 PM-5:00 PM

Tuesday-Thursday: 8:00 AM-5:00 PM

Friday: 8:00 AM-12:00 NOON

Closed 12:00-1:00 PM for lunch.

Eucharistic Adoration

Thursday: 7:30 AM to 11:59 PM

Baptism: Contact Parish Office during pregnancy to register for classes.

Marriage: Contact Parish Office 6 months prior to schedule a date.

To Register in the Parish:

Please see a priest after Mass.

Prayer Chain: 701-235-0308

St. Vincent de Paul: 701-566-0638

St. JPII Catholic Schools Representative: Anna Grothmann, 701-306-7621

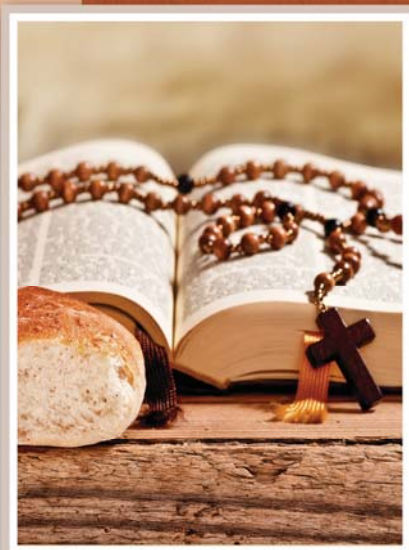
First Sunday of Lent

March 1, 2020

Jesus said,
"One does not live
on bread alone,
but on every word
that comes forth
from the mouth of God."

Matthew 4:4

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Please Pray For...

Those who are sick and suffering, especially Brad Roberg, brother of Corey Roberg, Norma Holien, Rose Olson, Greg Herding, father of Brian Herding, Lillian Tharaldson and Michele Green, sister-in-law of Cathy Gruber.

Those who have died, especially Tom Weinmann, brother of Todd Weinmann.

Administration

*OFFERTORY for **February 23, 2020**. THANK YOU!

	Amount Given	Budget
Sunday Collection	\$ 7,288.37	
Online Giving	\$ 2,314.79	
Total Giving	\$ 9,603.16	\$15,600.00
Year to Date	\$ 521,798.97	\$530,400.00

Jump Start Your Lent by Attending Our Parish Mission!

This Monday, March 2 and Tuesday, March 3, beginning at 7:00 PM each night, St. Anthony's will host Roxane Salonen as she speaks about surrendering to Divine Grace and finding that Divine Grace as she prayed on the sidewalk in front of the state's only abortion clinic. Make plans now to attend! Refreshments and fellowship to follow the talks each evening.



LAY MINISTERS SECOND SUNDAY: MARCH 7/8

	SATURDAY 5:00 PM	SUNDAY 7:30 AM	SUNDAY 9:00 AM	SUNDAY 10:30 AM	SUNDAY 7:30 PM
PROCLAIMERS	Cleo Drummond Ida Scherr	Deb Kuntz Mary Gaffrey-Knier	Tonya Anderson	Chris Thoms	Helen Steffens
ALTAR SERVERS	Isaac & Jacob Kinzler Carter & Landon Mitchell	Anna & Charlie Bernhardt August & Maddy Grothmann	Katrina & Lucas Gietzen Mara Nielsen Anna Seefeldt	Jayden Ouart	Emily Zurn Felicity Suda Allison Klose
HOSPITALITY	Larry and Jane LaMont		Gabe and Maria Gietzen Waldoch Family	Marilyn Ouart	
EXTRAORDINARY MINISTERS OF HOLY COMMUNION	Cheryl Cameron Shirley DeWitz Jim Kram Marilyn Kram Peter Oduor	Gene Hersch Bob Kuntz Joan Suda Pete Shaw Tammy Shaw	Barb Braaten Melissa Bozovsky Carla Gartner Stacey Mathias Tim McMullen	George Axtmann Duke Dukart Suzanne Dukart Carol Okigbo Marilyn Ouart	Lori Jones Natalie Lies Troy Pedersen Helen Steffens Joshua Van Raden

Parish Events and Happenings

RITE OF SENDING Today we will celebrate the Rite of Sending for Al Olson and Mallory Suchy at the 10:30 AM Mass. Al and Mallory have been part of our RCIA (Rite of Christian Initiation for Adults) process this year. Al is preparing to come into full communion with the Catholic Church as he was baptized in the Lutheran Church. Mallory is a baptized Catholic who is preparing to complete her Christian initiation with the Sacrament of Confirmation. They have completed the period of the Catechumenate, which was a time of prayer and learning about what we believe as Catholics and are now being sent to meet Bishop Folda this afternoon at the Cathedral. He will acknowledge their desire for the Easter Sacraments of Confirmation and Eucharist and join with us in praying for them during the final period of their preparation, which we call the time of Purification and Enlightenment. This will be an intense time of prayer and penance and preparation to receive the grace of these sacraments. Please pray for Al and Mallory throughout this Lenten season and for all those who are hearing the call of Jesus to join His family, the Church.

LENTEN PRAYER STUDY It's not too late to sign up for our 6 session Lenten Prayer Study on "Lectio: Prayer!" Since prayer is so important in our walk with God, classes will be offered on Sunday mornings after the 7:30 AM and 9:00 AM Masses and Thursdays at 11:30 AM and 7:00 PM. We will also be offering it through Facebook (join the group **St.**

Anthony's Lectio: Prayer Lenten Prayer Study). Sign up in St. Francis Gathering Space for whichever time best suits you. Make this the Year of Prayer in your life! "Come, Holy Spirit!"



COME, HOLY SPIRIT

LENTEN FISH DINNER Our St. Anthony's Knights of Columbus members will again be serving up a delicious fish dinner each Friday during Lent, from 5:00-6:30 PM. On the menu is baked Pollock, deep fried Pollock, French fries, baked potatoes, macaroni and cheese, vegetables and dessert. The cost is just \$10 for ages 13 and up, \$6 for children 6-12 and children 5 and under are free. All are welcome!

STATIONS OF THE CROSS Following the fish fry on Fridays during Lent, join us in the church for Stations of the Cross. We will begin at 6:30 PM. Let us each strive to make this the best Lent ever!

KNIGHTS OF COLUMBUS SOCIAL EVENING St. Anthony's Knights of Columbus invite all members and any interested men 18 years and older along with their families to a social evening this Thursday, March 5, from 6:00-9:00 PM, in the St. Anthony's Social Hall. Bring your favorite dish to share as we recap the year and build camaraderie. We hope you can come!

GOD'S GIFT APPEAL Last weekend was our parish Commitment Weekend for the 2020 God's Gift Appeal. If you have not yet completed your card, please prayerfully make your pledge and return it to the Parish Office. Gifts can also be made online at fargodiocese.org/godsgiftappeal. Thank you for your generosity!

Religious Education and Youth

SIMPLE SUPPER THIS WEDNESDAY

Join us for Simple Supper this Wednesday, March 4, at 5:30 PM, for delicious taco in a bag served by our 5th and 6th graders! Why cook when you can come enjoy good food and fellowship with your St. Anthony's family?

FINAL 1ST COMMUNION PARENT

MEETING-The second and last mandatory

1st Communion Parent Meeting will be this Wednesday, March 4, at 6:30 PM. We will start with Stations of the Cross with the students in the church and move upstairs to Room 206 for the remainder of the meeting.

CAN YOU HELP COORDINATE OUR LIVING STATIONS? We are looking for an adult volunteer with an interest in helping coordinate our high school students to present the Living Stations of the Cross. This person needs enthusiasm and creative ideas, as well as the ability to practice with the students on two Wednesdays (March 25 and April 1) and the performance on April 8. A choreography or theatre background would be a bonus. Contact Maria through the Parish Office if you can help!

Community and Diocesan Events

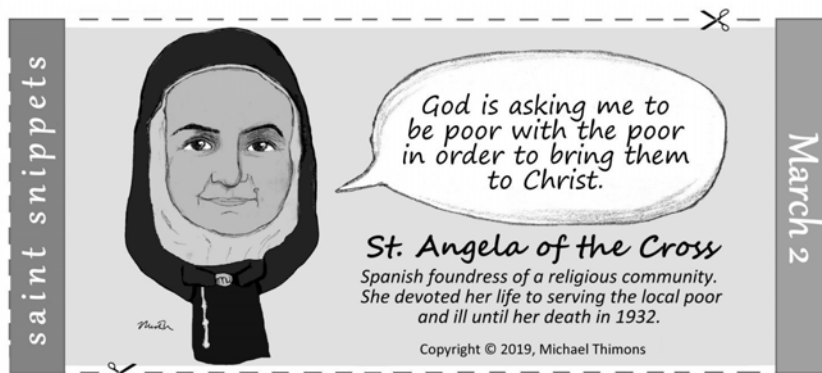
FMID.9:16 INVITES ALL YOUNG ADULTS (20s & 30s, single, married, with or without kids) to our March Disciples' Night social Thursday, March 5, beginning at 6:00 PM. The night includes daily Mass, dinner, and a live-streamed talk by Dr. Kristin Collier. A successful medical doctor, scientist, wife and mother, Dr. Collier was stridently pro-choice until the Author of Life unexpectedly broke into her life with an amazing gift of love and an understanding of Truth that changed everything. Childcare is available. This event is held at Nativity parish and is co-sponsored by the Diocese of Fargo & Nativity. To register or for more information, go to <https://www.fmid916.com/events> or email us at fmid916@gmail.com.

LENTEN PRAYER FRIDAYS DURING LENT AT NATIVITY "And behold, Jesus met them on their way and greeted them." Matthew 28:9 Please join us for reflective prayer on the mysteries of Jesus's Passion. We will be meeting for Lenten Prayer Fridays during Lent, from Friday, February 28 to April 3, 2020, from 12:00-12:30 PM, in Nativity Church. Join us!

SEVEN LAST WORDS OF JESUS AND STATIONS OF THE CROSS AT RIVERVIEW Come to Riverview Place during Lent! We will be offering a special series on the Seven Last Words of Jesus and the Stations of the Cross on six consecutive Fridays of Lent (February 28, March 6, 13, 20, 27 and April 3), beginning at 3:00 PM, in the Riverview Chapel (5300 12th St S – Fargo). We hope you can come!

CLASSICAL PIANO PERFORMANCE Rejoice! On Laetare Sunday, March 22, St. Edward's in Drayton is hosting a classical piano performance by Jay Hershberger, professor of piano at Concordia, featuring Chopin and Schubert. The performance will begin at 2:00 PM, with a dessert buffet and beverages to follow. Gluten-free desserts available too. A free-will offering is being asked to help with the cost of major repairs to our geothermal system.

CATHOLIC CHARITIES TO PRESENT 2020 CARITAS AWARD On Tuesday, March 10, 2020, Bishop Folda will be presenting the annual service award on behalf of the Board of Catholic Charities North Dakota to Dr. Lucho Espejo for his work with the poor at Family HealthCare in Fargo and the Friends of Chimbote in Peru. This luncheon, from 11:30 AM-1:00 PM, at Sts. Anne and Joachim Church is not a fundraiser, although people are welcome to make a small contribution of \$15 to cover the cost of the meal. Please RSVP by March 3 to dinner@catholiccharitiesnd.org or call 701-235-4457. We would love to have you join us!



Mass Schedule

MONDAY, MARCH 2

Lv 19:1-2, 11-18/Mt 25:31-46

5:15 PM +Marlane Peterson

TUESDAY, MARCH 3

St. Katherine Drexel, *Virgin*

Is 55:10-11/Mt 6:7-15

6:45 AM +Morris P. Doyle

5:15 PM +Don Hareland

WEDNESDAY, MARCH 4

St. Casimir

Jon 3:1-10/Lk 11:29-32

6:45 AM +Kim Eisenbeis

5:15 PM +Peggy Seeb

THURSDAY, MARCH 5

Est C:12, 14-16, 23-25/Mt 7:7-12

6:45 AM +Donald Graham

5:15 PM +Rudy Fronk

FRIDAY, MARCH 6

Ez 18:21-28/Mt 5:20-26

6:45 AM ++George and Thelma Menne and
Family

10:00 AM Bethany Mass

SATURDAY, MARCH 7

Sts. Perpetua and Felicity, *Martyrs*

Dt 26:16-19/Mt 5:43-48

8:00 AM Will and Mary Hebert

5:00 PM +Charlie Bowman

SUNDAY, MARCH 8

Second Sunday of Lent

Gn 12:1-4a/2 Tm 1:8b-10/Mt 17:1-9

7:30 AM Parishioners of St. Anthony's

9:00 AM ++George and Betty Widman

10:30 AM +Sun Mitchell

7:30 PM +Elias Hoffart

STEWARDSHIP MOMENT: *"It is written: The Lord, your God, shall you worship and him alone shall you serve."*

MATTHEW 4:10

Tempted between
the riches and
power of this world
and service to God,
Jesus chose service



**Prayer
Fasting
Almsgiving**

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to His Father. If we wish to truly follow Jesus, we, too, must decide to turn away from worldly power and riches and put God at the center of our lives. Lent is our time to prune ourselves of earthly things. Ask God how he is calling you to serve.

Parish Calendar

SUNDAY, MARCH 1

First Sunday of Lent

Coffee and Rolls After All AM Masses

-Served by St. Anthony's Knights of
Columbus

8:35 AM "Lectio: Prayer" Lenten Study

10:05 AM "Lectio: Prayer" Lenten Study

10:30 AM Children's Liturgy

MONDAY, MARCH 2

Parish Office Closed 8:00 am-1:00 pm

7:00 PM Parish Mission with Roxane Salonen

TUESDAY, MARCH 3

6:30 PM Prayer Shawl 'Loose Ends'

7:00 PM Parish Mission with Roxane Salonen

WEDNESDAY, MARCH 4

3:00 PM Legion of Mary

5:30 PM Simple Supper

6:00 PM Youth Choir Practice

6:30 PM Religious Education

6:30 PM Adult Choir Practice

6:30 PM Study on the Bible and Church Fathers

THURSDAY, MARCH 5

8:00 AM- Eucharistic Adoration

Midnight

11:30 AM "Lectio: Prayer" Lenten Study

1:00 PM Senior Card Players

6:00 PM Knights of Columbus Social

7:00 PM "Lectio: Prayer" Lenten Study

FRIDAY, MARCH 6

Obligatory day of abstinence (or some other penance)

5:00 PM Knights of Columbus Fish Dinner

5:15 PM Chaplet of Divine Mercy

6:30 PM Stations of the Cross

SATURDAY, MARCH 7

10:00 AM Little Flowers Girls' Club

12:00 PM First Reconciliation Retreat

3:45 PM Confessions

SUNDAY, MARCH 8

Second Sunday of Lent

Coffee and Rolls After All AM Masses

-Served by St. Anthony's Knights of
Columbus

8:35 AM "Lectio: Prayer" Lenten Study

10:05 AM "Lectio: Prayer" Lenten Study

10:30 AM Children's Liturgy

CATHOLIC DAUGHTERS TO MEET Court St.

Ann #261 of the Catholic Daughters of the Americas will meet Tuesday, March 10, at St. Anthony's beginning with Mass at 5:15 PM, with meal and meeting to follow at 6:30 PM. Members are invited to bring food pantry donations.

Diocese of Fargo

Lent and Easter Regulations

The penitential days for the universal Church are each Friday of the whole year and the season of Lent. Ash Wednesday (February 26, 2020) marks the beginning of Lent. Lent is an opportunity to prepare our hearts and minds for the celebration of Easter. The following regulations are observed in this sacred season:



Abstinence

Catholics 14 years of age or older must abstain from eating meat on Ash Wednesday, Good Friday, and all the Fridays of Lent. It is only on the other Fridays of the year that abstinence may be substituted by another form of penance.

Fasting

Catholics between the ages of 18 and 59 (inclusive) are required to fast on Ash Wednesday and Good Friday.

There is a limit of one full meal and no food between meals on those days. Two smaller meals are permitted as needed to maintain one's strength.

Sacrament of Penance

All the faithful who have reached the age of reason are bound faithfully to confess their grave sins at least once a year. Lent is a good time to fulfill this precept of the Church. Anyone who is aware of having committed a mortal sin must not receive Holy Communion without previously having been to sacramental confession (Catechism of the Catholic Church (CCC), 1457).

Holy Communion

Catholics who have received their First Holy Communion are obliged to make a worthy reception of Holy Communion at least once a year during the Lenten or Easter seasons. In the United States, this reception of

Holy Communion should take place from the first Sunday in Lent (March 10) through Trinity Sunday (June 16).

Other Lenten Observances

Each weekday of Lent is also an obligatory day of penance. Some recommendations include the participation in daily Mass, increased prayer or spiritual study, self-imposed fasting or abstinence, works of charity, and participation in traditional Lenten devotions (parish missions, Stations of the Cross, Rosary).



The proper context for all Lenten discipline is the conversion of our hearts. As the Catechism states, however, "interior conversion urges expression in visible signs, gestures, and works of penance." These penances help us to redirect our whole life to God and away from the sin and evil we have committed (CCC, 1430-1439).

As we celebrate our Lenten penitential practices, may we experience this conversion of heart and be strengthened in our faith in God's mercy. May our discipline, through God's grace, lead us to full participation in the eternal Easter.

Preparation in the Desert – Lenten Observances

Lent is a season of prayer and penance set apart by the Church to prepare us for Easter and to recall Our Lord's fast in the desert (cf. Matt 4:1-11, Luke 4:1-13). This season of preparation and sanctification can be accomplished through Prayer, Fasting, and Almsgiving. Lent is a time to learn to love our souls more than our bodies. Every Christian should make a special effort to practice mortification and strive for holiness during the forty days of Lent.



Do Not Let This Time To Grow In Holiness Pass You By!!

Review each the following categories and commit to something from each, or make up your own.

1. Prayer is a great way to grow closer to God because it is a chance for us to spend time talking and listening to Him. We can spend time thanking Him, asking Him for the things we need, and telling Him what's going on in our lives. It's also important to remember to take time in silence to listen to His voice, in our hearts and in Scripture.

To improve my prayer life this Lent I am going to:

- ☐ Spend _____ minutes, every day, in prayer, make a morning offering daily, pray the Liturgy of the Hours
- ☐ Pray the Rosary every day/read the daily Mass readings
- ☐ Spend additional time every day with my family
- ☐ Read about the life of a saint or saints
- ☐ Frequently visit an adoration chapel/shrine of Mary
- ☐ Pray the Chaplet of Divine Mercy every day
- ☐ Pray/attend the Stations of the Cross every week (Friday evenings during Lent at St. Anthony's)
- ☐ Go to the Sacrament of Reconciliation frequently
- ☐ Read 15 minutes of Scripture every day
- ☐ Journal every day as a way of talking to God
- ☐ Get up early and attend a weekday Mass at least once a week

2. Fasting often leaves us thinking only about giving up chocolate or soda, or not eating meat on Fridays. These are great things, but it's important to make sure that we're not just going through the motions. Fasting has two great impacts in our spiritual life: It helps us to uproot sin in our lives, and it strengthens our will so we can learn to resist temptation.

To observe an authentic fasting experience this Lent I am going to:

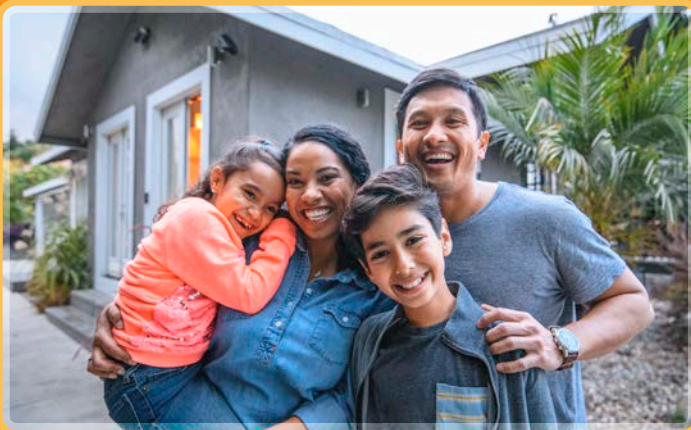
- ☐ Give up fast food, coffee, candy, soda, or meat, and then pray for those who are starving
- ☐ Abstain from drinking alcoholic beverages
- ☐ Give up secular music/only listen to Christian music
- ☐ Stop useless chatter on Facebook, Snapchat, blogs, etc.
- ☐ Avoid wasting time on video games/TV/movies
- ☐ Stop overeating, eating between meals, or junk foods
- ☐ For those struggling with addiction (drinking, smoking, drugs, sexual impurity, etc.): use the season of Lent to motivate yourself in overcoming the addiction
- ☐ Ladies: give up wearing make-up as a reminder that God made you beautiful
- ☐ Drivers: give up speeding & don't play music in the car. Take the time to appreciate silence & grow in patience.
- ☐ Abstain from swearing, sarcasm, complaining, or gossip, and use words to encourage others
- ☐ Give up the "snooze" button; get up when my alarm goes off and pray before work or school
- ☐ Give up electronics, even just for an hour daily, spend time in silence with God or spend time with family
- ☐ Avoid taking hot showers

3. Almsgiving is a way that we remind ourselves of all the blessings God has given us, most especially in His suffering and death. In gratitude, we give back. We can give to God and others through our time, our gifts and talents, and our money. How will you express your gratitude?

To sincerely participate in almsgiving this Lent I am going to:

- ☐ Volunteer at the parish fish dinner
- ☐ Visit a nursing home
- ☐ Serve at a local soup kitchen
- ☐ Save all my change and donate it to a charity
- ☐ Become a lector, usher, or altar server
- ☐ Go through my closet and donate unused clothes
- ☐ Volunteer to help with religious education or youth group at church
- ☐ Abstain from fast food, soda or coffee; donate the money saved to a food bank or charity

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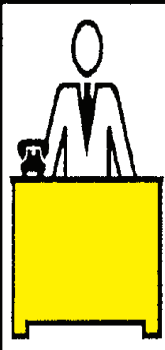
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