



Hilltop

A SPONSORED MINISTRY OF THE SISTERS OF MERCY

444 East Grandview Erie, PA 16504 | 814 824-2214 |

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TUESDAY DOLLAR (\$1) MOVIES for DECEMBER:



December 3rd

The Man Who Invented Christmas
(2017) Drama Based on Book
Rated PG - 1 hour / 44 minutes

December 10th

Christmas Angel (2012)
Faith-Based Drama — No Rating
1 hour / 35 minutes

December 17th

Miracle on 34th Street (1994)
Family Drama — Rated PG
1 hour / 54 minutes

CENTER CLOSINGS FOR HOLIDAYS:

Tuesday, December 24th
Tuesday, December 31st

LOOKING AHEAD:

January 7th

Amazing Grace (2018)
Musical Documentary — Rated G
1 hour / 29 minutes



mercyhilltopcenter@facebook.com

DECEMBER 2019

A LETTER FROM THE EXECUTIVE DIRECTOR:

As one year closes and another is on the horizon, I like to take time to reflect on the blessings of the year...

This year has been extra special for me, because of all of you. This has been our first full (calendar) year together and what a year it has been. Thank you for allowing me to get to know you and therefore, getting to know the heart of Mercy Hilltop Center. The truth is; YOU all are the center, not the building, not the staff, not even the activities that we provide. Mercy Hilltop Center is YOU! When people walk in and say, "it's so warm and inviting here," or "I feel so welcome." Those kind comments are because of each and every one of YOU. All of YOU make Mercy Hilltop Center so very special and I thank you for allowing me to be a part of it.

As the new year approaches, 2020; I can hardly believe it! I look forward to seeing all that the new year has to bring! I look to 2020 with excitement and a truly full heart. Thank you for your support and love throughout this past year and I wish you a blessed holiday season and a joyous and healthy start to the new year!

With love and gratitude,

Sarah

Mercy Hilltop Center

STAFF:

Executive Director.....	Sarah Mariella	Nurse	Judy Bekeny
Activities Coordinator.....	Jean Berarducci	Beautician.....	Diane Valahovic
Administrative Assistant.....	Michelle Fladd	Beautician.....	Marge Litz

BOARD OF TRUSTEES:

Melinda Kiehl.....	Board Chair	Carol Amann	Sr. Bernadette Bell, RSM
Amy Danzer.....	Ministry Liaison	Jeanne Espey	Brian P. Hennessy
Sarah Mariella.....	Executive Officio	Jane Gibson	Nicole John-Danzell
		Laura Hellman	Laura Myers
			Ashley Perkins

HOURS: LUNCH RESERVATIONS (\$5) ARE DUE BY 10 AM

Center:		Hair Salon Appointments:		Health Clinic:	Mon through
Mon-Thurs.	8:00 AM-4:00 PM	T, W, Th	9:00 AM-2:30 PM	Thurs from	8 AM-12 PM
Friday	8:00 AM-12:00 PM	Friday	9:00 AM-11:30 AM		

MHC Health Center

Nurse Judy is HERE to help YOU! She is happy to help with blood pressure screenings, medication questions, and/or any health question or issue (s). Take a minute to stop in! **Judy is Apprise certified and takes Apprise appointments the 2nd and 4th Wednesday of the month from 9 AM to 11 AM. Stop by and say hello!**

WELCOME NEW MEMBERS!

Please extend a *warm welcome* to our newest members:

Barbara Capozziello, Marita Galinato, Barbara Koziarski, Dolores Oldach and Edward Sterbank all joined The Center in October.

WELCOME to The Mercy Hilltop Center!

2019 Membership Dues are \$25 for an individual and \$45 for a couple. **AND Veterans** receive 10% off!

Be sure to see Michelle at the center front desk to update ANY of your information. It is imperative to have the most current contact information in the case of an emergency. *Thank you!*

A VERY SPECIAL THANK YOU to so many members who have promptly responded to their renewal reminders!

!! P A R K I N G !!

Parking for members (and anyone attending activities at MHC) is in the upper lot right off of East Grandview. When pulling into the driveway entrance, make the **FIRST RIGHT** and you're in the correct parking lot for our Center! Please **do NOT park** in the Mercy Terrace Apartments' parking lot or in any lots in the back of MHC. There are two clearly marked "handicapped" accessible parking spaces across from the main entrance to the Sisters of Mercy Motherhouse for members with blue placard/license plates. Remember, **MHC offers VALET service** for anyone that needs it. Thank you and have a safe and healthy winter!

NEWSLETTER CHALLENGE!

The Center encourages *everyone* to **READ** the MHC newsletter and with our **NEW NEWSLETTER CHALLENGE**, YOU can win!

This month, everyone who finds the 'number' sign (#) in an inappropriate spot within the text of this newsletter by December 6th will be entered in for a drawing! Again, the deadline is Friday, 12/6/19. Best of luck!

Congratulations to last month's winners: **Joan August, Rosemary Hoyt and Paul Sabol.** Happy Reading!

Ongoing Activities

DECEMBER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
2 9 AM TOTAL FIT 9:30 AM Euchre 10:30 AM SILVER SNEAKERS/CHAIR 12 PM Pinochle 4 PM Yoga Class 5 PM Evening Studio Art Please Note BINGO is on December 9th!	3 9 AM 500 Club NO Ballet Classes Today! 10 AM Tree Trimming 11 AM Qi Gong 1 PM MOVIE 1 PM Ten Cent Poker 5 PM Evening Studio Art 5:30 PM Scrabble	4 9 AM TOTAL FIT 9:30 AM Wii Bowling 9:30 AM Studio Art 10:30 AM SILVER SNEAKERS/CHAIR 12 PM CANASTA 12:30 PM Project C.H.A.T. 1 PM Studio Art 2:30 PM Learning Lecture 4 PM Yoga Class	5 9 AM Bridge 9 AM Knitting/Crocheting 9:15 AM & 9:45 AM Ballet <i>10:30 AM Chair Stretch & Balance</i> 11:15 AM LUNCH BUNCH *12:30 PM Mahjong 3 PM Qi Gong	6 9 AM TOTAL FIT 9:30 AM Pinochle 10 AM LINE DANCING 10:30 AM SILVER SNEAKERS/CHAIR FITNESS CENTER CLOSING AT NOON
9 9 AM TOTAL FIT 9:30 AM Euchre 10:30 AM SILVER SNEAKERS/CHAIR 12 PM Pinochle 1 PM BINGO 2:45 PM A.C.T. CHAT 4 PM Yoga Class 5 PM Evening Studio Art	10 9 AM 500 Club 9:15 AM & 9:45 AM Ballet 11 AM Qi Gong 1 PM MOVIE 1 PM Ten Cent Poker 5 PM Evening Studio Art 5:30 PM Scrabble	11 9 AM TOTAL FIT 9:30 AM Wii Bowling 9:30 AM Studio Art 10:30 AM SILVER SNEAKERS/CHAIR 12 PM CANASTA 1 PM Studio Art 1 PM Learning Lecture** **PLEASE NOTE TIME! 4 PM Yoga Class	12 9 AM Bridge 9 AM Knitting/Crocheting 9:15 AM & 9:45 AM Ballet <i>10:30 AM Chair Stretch & Balance</i> *12:30 PM Mahjong 3 PM Qi Gong	13 9 AM TOTAL FIT 9:30 AM Pinochle 10 AM LINE DANCING 10:30 AM SILVER SNEAKERS/CHAIR FITNESS CENTER CLOSING AT NOON
16 9 AM TOTAL FIT 9:30 AM Euchre 10:30 AM SILVER SNEAKERS/CHAIR 12 PM Pinochle 1 PM Investment Club 4 PM Yoga Class 5 PM Evening Studio Art	17 9 AM 500 Club 9:15 AM & 9:45 AM Ballet 11 AM Qi Gong 1 PM MOVIE 1 PM Ten Cent Poker 3 PM PET THERAPY 5 PM Evening Studio Art 5:30 PM Scrabble	18 9 AM TOTAL FIT 9:30 AM Wii Bowling 9:30 AM Studio Art 10:30 AM SILVER SNEAKERS/CHAIR 12 PM CANASTA 1 PM Studio Art 2 PM Holiday Happy Hour 4 PM Yoga Class	19 9 AM Bridge 9 AM Knitting/Crocheting 9:15 AM & 9:45 AM Ballet <i>10:30 AM Chair Stretch & Balance</i> *12:30 PM Mahjong 1 PM BIRTHDAY PARTY 3 PM Qi Gong	20 9 AM TOTAL FIT 9:30 AM Pinochle 10 AM LINE DANCING 10:30 AM SILVER SNEAKERS/CHAIR FITNESS CENTER CLOSING AT NOON
23 9 AM TOTAL FIT 9:30 AM Euchre 10:30 AM SILVER SNEAKERS/CHAIR 12 PM Pinochle 4 PM Yoga Class 5 PM Evening Studio Art	24  Center is Closed	25  Center is Closed	26  Center is Closed	27 9 AM TOTAL FIT 9:30 AM Pinochle 10 AM LINE DANCING 10:30 AM SILVER SNEAKERS/CHAIR FITNESS CENTER CLOSING AT NOON
30 9 AM TOTAL FIT 9:30 AM Euchre 10:30 AM SILVER SNEAKERS/CHAIR 12 PM Pinochle 4 PM Yoga Class 5 PM Evening Studio Art	31  Center is Closed	1  Center is Closed	MHC Wishes All of our Members a Healthy and Happy New Year!	*Starting in December, Mahjong will start at 12:30 PM on Thursdays!

DECEMBER Birthdays, Featured Activities & Events DECEMBER



OUR DECEMBER BIRTHDAYS

Will Be Celebrated On:

Thursday, December 19th at 1 PM

Please join us for cupcakes and conversation.

Please let us know if you are NOT on our list!

PLEASE RSVP to Michelle by Friday, December 13th.

THANK YOU to Icing on the Lake, in the West Erle Plaza, our MONTHLY birthday sponsor!

HAPPY BIRTHDAY IN DECEMBER TO:

12/1	Addie DiBacco
12/2	Toby Birk
	Barb McClellan
12/3	Mary Ann Brence
12/4	Jane Davis
	Eileen Gubish
	Barbara Gunesch
12/6	Barbara Alexander
	Bob Englert
	Jay Kallor
	Dennis Nowak
12/9	Suzann Slocum
12/11	Anthony Salvia
12/12	Judy Pelkowski
	Joyce Perowicz
12/14	Tina Bailey
	Sr. Rita Brocki
12/15	Kay Kujan
12/16	Sandra Gross
12/18	Helen Behringer
12/19	Kathy Hoffman
12/23	Christie Kulesza
12/24	Dennis Menendo
12/25	Nancy Reynard
12/27	Nancy Gittere
12/28	Marilyn Renkes
	Donna McCormick
12/29	Faye DeFazio
12/30	Ellen McNerney
12/31	Vi Bergstrom

DECEMBER FEATURED

Activities & Events:

Tuesday, December 3rd

Tree Trimming; Meet in the Lobby at 10 AM

Wednesday, December 4th

Project C.H.A.T. with Nurse Judy at 12:30 PM

Learning Lecture: *Mindful Minutes for Well-Being* with Caryn Hall of *Heartland Hospice* at 2:30 PM

Thursday, December 5th

Lunch Bunch to *El Canelo* (on West 12th St); depart from the Center at 11:15 AM

Sunday, December 8th

Christmas Gala at Mary D'Angelo Center
Depart from the Center at 4:15 PM

Monday, December 9th

B I N G O at 1 PM*

A.C.T. Chat Meeting at 2:45 PM

***PLEASE NOTE DATE CHANGE!**

Wednesday, December 11th

Learning Lecture with *Alessi's Hearing Center* at 1 PM* (*Please Note Time!)

Monday, December 16th

Investment Club at 1 PM

Tuesday, December 17th

Pet Therapy at 3 PM

Wednesday, December 18th

HOLIDAY HAPPY HOUR at 2 PM

Thursday, December 19th

December Birthday Celebration at 1 PM

CENTER SCHEDULE FOR HOLIDAYS:

December 23rd - CENTER IS OPEN

Christmas Eve - CENTER IS CLOSED

Christmas Day - CENTER IS CLOSED

December 26th - CENTER IS CLOSED

December 27th - CENTER IS OPEN

December 30th - CENTER IS OPEN

New Year's Eve - CENTER IS CLOSED

New Year's Day - CENTER IS CLOSED

January 2nd - CENTER IS OPEN

January 3rd - CENTER IS OPEN

SILVER SNEAKERS

Mercy Hilltop Members with *Silver Sneakers* (through health insurance) **DO NOT PAY FOR ANY FITNESS CLASSES** at The Center! Please **FOB IN** on the Silver Sneaker scanner system UPSTAIRS in the FITNESS ROOM EACH TIME a fitness class is attended so that the Center gets credit! THANK YOU!

FITNESS CLASS FEES:

Total Fitness, Silver Sneakers Chair, Chair Stretch and Balance, Line Dance & Yoga:

\$3 MHC members/\$5 non-members per class

Beginner/Seated Ballet: \$1.50 MHC members per class/\$2.50 non-members per class

Qi Gong: \$1 MHC members/\$3 non-members

Tree Trimming

Join us for some fun and seasonal refreshments while we trim the Center's Lobby Tree on **Tuesday, December 3rd at 10 AM**. Donate an ornament and it will be labeled with your name. Please sign-up at the Center front desk and plan to meet at 10 AM in the lobby. Thank you!

MISSING A CANE?

Please let us know if you inadvertently left a cane behind, as we have a few. Thank you!

PROJECT C.H.A.T. & LEARNING LECTURES

Nurse Judy hosts *Project C.H.A.T. (Conversations on Healthy Aging Topics)* on Wednesday, December 4th at 12:30 PM.

Immediately following Project C.H.A.T. on Wednesday, December 4th at 2:30 PM, Caryn Hall of *Heartland Hospice* presents: *Mindful Minutes for Well-Being*.

Alessi's Hearing Center will be here at 1 PM (please note earlier time!) on Wednesday, December 11th to present: *Hearing Loss isn't Just an Ear Issue; it's a Quality of Life and Health Issue*.

Please sign-up at the Center front desk. Thank you!

Join us for PET THERAPY on TUESDAY, December 17th AT 3 PM in the main lobby.



CANCELLATION POLICY

Effective immediately, **ALL cancellations** for any event with a fee **MUST BE received at least TWO (2) WEEKS** prior to event date and/or **BEFORE THE DEADLINE** for refund eligibility. **THERE CANNOT BE ANY EXCEPTIONS** to this policy due to Mercy Hilltop Center's association with our local community organizations, etc. Thank you for your understanding.

Join Us For Holiday Happy Hour

Please join us on Wednesday, December 18th at 2 PM for a Holiday Happy Hour! Please sign-up at the front desk. Thank you!

DAILY BINGO IN DECEMBER!

Daily BINGO returns as December's fundraiser! Each BINGO sheet has four games and is \$1 each. One BINGO number will be called and posted each weekday until we can verify a winner with a SINGLE BINGO. THANK YOU!

PINOCHLE WINNERS

Thank you to all who participated in our Pinochle Party/Mini-Tournament on October 28th! Congratulations to the winners:

1st Place: Mario Giacobello and Jim Perkins

2nd Place: Joe and Rosemarie DiBuono

3rd Place: Patty Verno and Mary Nelson

HIGH GAME: Mario Giacobello and Jim Perkins

SCRABBLE PLAYERS WANTED!

Tuesdays at 5:30 PM - All skill levels welcome!

Contact: Vi (814.864.7166) or

Henry (814.434.3159)

500 Players Wanted!

500 (Five Hundred) Players still wanted! If you are available on Tuesday morning at 9 AM, and would like to play, please come!

MHC's Upcoming Activities, Programs and Events

BINGO CALLERS WANTED!

The Center is currently looking for volunteers that would be willing to call BINGO so that we can offer BINGO *TWICE PER MONTH*, rather than just once. If we can obtain enough volunteers, most will only have to call *ONCE* every 2-3 months! Please let us know if you'd like to help. **THANK YOU!**

A.C.T. CHAT SCHEDULE

Starting in December, our monthly Activities Committee Team Meeting (*A.C.T. Chat*) will *change* to the 2nd Monday of each month at 2 PM. What is the purpose of these monthly meetings? We meet to discuss ALL upcoming activities, trips, events and volunteer needs, as well as suggestions for future ones. And we need our members' input so please join us! December's meeting is on Monday, December 9th at 2:45 PM (after BINGO) and our January meeting is on Monday, January 13th at 2:00 PM. **WE HOPE TO SEE YOU THERE!**

MUSIC FOR VETERANS

Music for Veterans is a wonderful local non-profit whose mission is to "provide an opportunity for social interactions through playing a musical instrument with other Veterans who are facing the same issues of reintegrating into civilian life." They provide musical instruments and lessons at **NO COST** to veterans.

They are currently in need of musical instruments and if you have any (they cannot accept pianos) in good condition to donate, please let Jean know. **Music for Veterans** would be so appreciative for any donation—either an instrument or monetary! **Music for Veterans** will be coming to the Center on **Wednesday, January 15th at 2:30 PM** to educate our members on their group and to demonstrate their talents with a brief performance. Hope you'll join us!

Educational Studies

The *Inventions* classes will continue (all Thursday sessions start at 2 PM) after the holidays as follows:

January 9th: ***Nuclear Power***

January 16th: ***Household Appliances***

January 23rd: ***Electronics and the Chip***

January 30th: ***Satellites and the Cell Phone***

The fee is \$3 for members/\$5 for non-members. Please sign-up at the Center front desk. Thank you!

STATE OF THE CENTER ADDRESS

Please join us for our quarterly *State of the Center Address* with Executive Director, Sarah Mariella on Wednesday, January 15th at 12:30 PM. Sarah will discuss the Center's successful 2019 fundraisers as well as what's coming in 2020! Please sign-up at the front desk. We hope you'll join us!

FOSTER GRANDPARENT PROGRAM

Are you interested in becoming a *foster grandparent*? Lisa Anderson, Foster Grandparent Program Director will be here on **Wednesday, January 22nd at 2 PM** to explain # how the program works, including eligibility guidelines. Please sign-up at the Center front desk to attend. Thank you!

HILLTOP LUNCH BUNCH

Depart from the Center at 11:15 AM

- ♦ December 5th —*El Canelo's (W. 12th St.)*
- ♦ January 9th* —*Gem City Dinor*
- ♦ February 6th —*Avanti's Restaurant*

*Lunch Bunch is typically the *First Thursday* of each month (except January). You can meet the group or ride on the MHC van for a \$4 van fee.

Reminder: Please be prepared to pay the \$4 van fee when you register to hold your spot. Reservations can not be accepted until the \$4 van fee is paid. Thank you!

Mercy Hilltop Center's FEATURED ARTIST:

Jane Davis



Stop by the Center to see Jane's beautiful pieces on display and for sale through January!

JUMPIN' JANUARY!

Don't let the Winter Blues get a hold of you. Our special musical events in January are sure to lift everyone's spirit!

We'll enjoy a lovely concert on Sunday, January 12th at 2 PM with *Let It Slide Trombone Quartet*. And then on Wednesday, January 29th at 2 PM, we're having a **SOCK HOP!** So be sure you dust off your dancing shoes and sign-up for some **MUSICAL FUN!**

